

The Landing

Social & Activities Center
for Members 55+

At The Woodson YMCA
707 3rd St. | Wausau, WI

November

Program Guide & Newsletter

Welcome to The Landing

Imagine age as a time for connection, movement and growth at The Landing in Wausau. From personal relationships to empowering programs, we're creating more than a local senior center. A place that's yours, where you can explore new passions and embrace every age.

Gather, move and grow with us! Whether you want a central place to have coffee with friends, a YMCA facility to improve your fitness, trips and travel opportunities or classes, The Landing offers a full calendar of programs and events.

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The Landing Hours

Monday-Friday	8:00am - 4:30pm
Saturday	9:00am - 1:00pm

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

In-Person: Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. If no fee is noted, the program is Free to Members, and \$15 for Non-Members

Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk

Registration is required for all Programs & Events, with the exception of in-person Group Exercise.

Interview
completed &
spotlight written by
Carrie Gerner-
Landing Volunteer

Member Spotlight

Jean Fu



What was it like to immigrate from China to Alberta, Canada in 1991? Jean Fu, who did just that with a one-year-old daughter in tow, summed it up simply: "It was a brand new country, brand new language, and brand new culture. Everything was different. But soon, I liked it." While Jean's husband pursued a PhD program, Jean cared for their young daughter and found employment in a meat packing facility and the kitchen of a Japanese restaurant.

In 1997, they moved to Chicago before settling in Connecticut, where Jean became a full-time mom to now two daughters. Once the kids started school, Jean took English classes and became a Certified Nursing Assistant (CNA), opening up more fitting job opportunities working with people. After working at a nursing home for five years, she became a daycare teacher's assistant for an after-school program, then spent over a decade at a Chinese School as a Second Language (CSL) as an office assistant and a teacher.

Jean's most recent role involved helping international students with living and school arrangements. After the program closed due to COVID, and with a grandchild on the way, Jean accepted her daughter's invitation to join her family in Wausau. Her initial focus was caring for her grandson. When he started school last year, Jean had more time on her hands and decided to try the Woodson YMCA. "If I'd known about The Landing, I wouldn't have waited so long," Jean said with a laugh. "Why exercise in front of the TV when I can be around people?"

One day, Jean noticed two men playing ping pong – a game she hadn't played since elementary school in China. They graciously welcomed her to join. Next, she learned how to play pool and pickleball, activities completely new to her. Now she's the one taking beginners under her wing and organizing groups to ensure there are enough players. "People joke that I'm here for the 'p' activities – ping pong, pool, and pickleball – but I say the most important 'p' is people. It feels like a big family."

The newly forged friendships have extended beyond the doors of the Y. Jean has joined members attending Concerts on the Square, outings on Lake Dubay, and even a vacation to Orlando.

"I feel like a completely different person since coming to The Landing," Jean reflected. "It's like a big light. I'm just a little candle, trying to give warmth like others have given me."

With a last name that translates to "bringing good fortune," Jean stated that she tries to shine more than a spark of light to the lives of others – as she navigates her own life changes, reinvention, and newfound home. I believe that if you step into her rays, you'll feel her warmth, too.



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

November Birthday Bash!

Friday, November 1st at 11:30am-12:30pm in The Landing Tech & Art Rooms
Occurs on the 1st Friday of each month

Special Interest

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

Facilitator: Mary Jindrich | Cost: Free

Special Thank You to our Birthday Bash Sponsors



Music with John

Friday, November 1st at 2:00-3:00pm in The Landing Atrium

Special Interest

Join John Schmidt and his guitar for some good music and tunes.
Registration is not required.

Facilitator: Mary Jindrich | Cost: Free

Alzheimer's Association Presents: Responding to Dementia Related Behaviors

Monday, November 4th at 10:00-11:00am in The Landing Tech Room

Health & Wellness

This program is part four of the five part "Empowered Caregiver" education series that teaches caregivers how to navigate responsibilities of caring for someone living with dementia. Each month we will be offering the next part in the series. Participants can register for individual courses to meet their needs/interests or complete the entire series. It is not necessary to have taken previous sessions to participate.

Facilitator: Julie St. Pierre | Cost: FREE

Introduction to Spanish- Session 1

Mondays, October 7th- November 25th at 12:00-1:00pm in the YMCA Multi-Purpose Room

Educational

Spanish is one of the most spoken languages in the world. This course will help you develop basic Spanish speaking survival skills & explore the culture, practices & perspectives that are unique to Hispanic Cultures.

Your instructor, Celin who is native to Venezuela, & teaches for Marathon County Literacy Council will guide you through the Spanish Language. Whether you just want to learn Spanish, or are planning to travel to a Spanish speaking country, you won't want to miss this introductory class. **Registration for this program has closed.**

Facilitator: Celin Mejias | Members: \$160



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

BrainSavers: 12- Week Series



Monday & Wednesdays, November 4th- January 30th at 12:15-1:15pm in The Small Group Training Room

BrainSavers is an evidence-based, Brain + Body Total Fitness program for Healthy aging. This program will help you maintain your enjoyment of independent living, while improving your overall physical & mental well-being. It is designed to help those living with, or at risk for Alzheimer's disease and dementia, and those wishing to grow and exercise their brains. Registration is required and is only open to 20 participants. If full, please get added to the wait list. **Registration is required.**

Facilitator: Amber Pender | Open to Members Only: \$25

Learn to Curl with The Landing



**Monday, November 4th at 1:00-3:00pm at the Wausau Curling Club
1920 Curling Way, Wausau, WI**

Introduction to Curling is focused on the interests of senior athletes. We will demonstrate a variation called "Stick Curling" that eliminates the need to slide on the ice & is ideal for athletes with limited balance & mobility.

Registration Deadline: October 31st

Facilitator: Gary Zimbric | Cost: FREE

Beyond Introduction to Spanish- Session 3



Mondays, October 7th- November 25th at 1:15-2:15pm in the YMCA Multi-Purpose Room

These 8-weeks of lessons will build on Session 1 & 2 with basic conversation relating to family & home life and sports. We will continue to build on basic grammar, increase vocabulary & practice pronunciation, all of which will assist you in understanding the Spanish language & increasing their ability to converse.

NOTE: It is not necessary to have taken Sessions 1 & 2 to join in Session 3. Your instructor Celin who is native to Venezuela, & teaches for Marathon County Literacy Council will guide you through the Spanish Language. **Registration for this program has closed.**

Facilitator: Celin Mejias | Members: \$160



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Creative Cooking with Jackie- Cake Decorating

Tuesday, November 5th at 9:00-11:30am in The YMCA Multi-Purpose Room

Special Interest

Come to learn the techniques of cake decorating. Each person will have a hands on experience & decorate a 6-inch cake.

Jackie is a skilled cook & baker provides monthly programs featuring a variety of cooking or baking programs. Cost of the program includes the class, recipes & cake to decorate & take home.

Facilitator: Jackie Romero | Members: \$20 Non-Members: \$35

Nails 101: Nails & Footcare for Men & Women

Tuesday, November 5th at 10:30-11:30am in The Landing Tech Room

Special Interest

Bella Lounge Owner's Katty Nguyen & her husband, Andy Ngo explore the expanding world of nail care, and the rise of men recognizing the grooming & health benefits of these services. In this session, they'll offer insights into the latest trends & techniques, the multiple options for nail care & answer questions you may have.

Facilitator: Katty Nguyen | Members: FREE Non-Members: Day Pass Required

Play Reading- Shakespeare's "Henry IV"- Part 1

Tuesdays through November 12th at 1:30-3:00pm in the YMCA Multi-Purpose Room

Special Interest

Gather with Sarah Rudolph & other theatre enthusiasts in The Landing to read & discuss Shakespeare's play, "Henry IV." Register today for this interactive sharing of Shakespeare's play.

Cost includes the cost of the play reading book. **Registration is closed**

Facilitator: Sarah Rudolph | Members: \$10 Non-Members: \$25

Wings Grief: Finding the Other Side of Sadness- Who am I now?

Tuesdays through November 5th at 5:30-7:00pm in The Landing Tech Room

Health & Wellness

Loss has significantly changed your life. This isn't something you chose. As painful as the process appears, you realize this unanticipated path requires you to redefine who you are so you "fit" into the next chapter of your life.

In this four week series you will learn what to expect as you heal. Please see flyer for registration details. **Registrations will NOT be taken at The Landing / YMCA**

Facilitator: Nan Zastrow | Register online: at wingsgrief.org or email: nanwings1@gmail.com or phone: 715-845-4159



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Lifestyle Change Program- A Journey Towards better Health & Well-Being: 10-Week Series



Wednesdays through December 4th at 9:30-10:30am in The YMCA Multi-Purpose Room

Join certified Lifestyle Coach, Lisa Knoll on a journey to your best, healthiest self with the Lifestyle Change Program. Each session will outline easy-to-implement skills & tools for losing weight & getting more physically active. You can register for one or all of the sessions you wish. **See flyer for full session details.**

Facilitator: Lisa Knoll | Members Only: \$5 per session

Old Guys Book & BS Club



**Wednesday, November 6th at 9:30-10:30am in The Landing Tech Room
Occurs on the 1st Wednesday of each month**

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read “Flags on The Bayou” by James Lee Burke for the November Meeting.**

Facilitator: John DeLaporte | Members: FREE Non-Members: Day Pass Required

November Lunch at The Landing



Wednesdays at 11:30am-12:00pm in The Landing Dining Room

Join us every Wednesday for a homecooked meal. **Registration Deadline is 4:00pm on the Monday prior to the meal.** No refunds will be given after the registration deadline.

November 6th: Greek Spinach, Feta & Tomato Pie with a Cherry Bar- \$10

November 13th: Beef Stir Fry & a cookie crumb parfait- \$10

November 20th: Macaroni Salad- \$5

November 27th: Thanksgiving Lunch- \$15 (Registration Deadline: November 22nd)

Facilitators: Haley Houghton & Amber Pender

Bridge Lessons: Advanced & Beginners, Session 2



Wednesdays, October 23rd-December 18th at 12:30-2:30pm in The YMCA School Age & Multi-Purpose Room

We will be holding two separate Bridge Lesson Classes, one for beginners & one for more advanced players. Beginners will use the book **“Play of the Hand in the 21st Century”** Book 2 in the ACBL Series. Advanced will use the book **“How you can play like an expert (Without having to be one)”** Book cost is included in the cost of the lessons. **Registration Deadline: October 9th**

Facilitator: Emalyn Nikstad & Jim Golz | Members: \$35 Non-Members: \$80



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Let's Create with U-Paint: Festive Fall Art on Wood

Wednesday, November 6th at 1:00-3:00pm in The Landing Art Room

Special Interest

Join Briana Ziebell-Glasel, owner of U-Paint on the first Wednesday of the month for an art teacher lead class to create an art piece every month.

Briana's motto is: Art is done FUN! And that's just FINE! You Got This!

Facilitator: Briana Ziebell-Glasel | Members: \$25 Non-Members: \$40

Delores Kessel Presents: Self-Care during the Holidays

Friday, November 8th at 8:30-10:00am in The Landing Tech & Art Rooms

Health & Wellness

The Holiday Season-- whether it's Thanksgiving, Christmas, Hanukkah or New Years, can bring a wide range of emotions. For some, it's a time of joy & togetherness, while for others, it may evoke feelings of grief, loss, or stress. In this special session, we will explore the importance of self-care during the holidays when emotions tend to run high.

Join Delores for a thoughtful discussion on how to care for yourself emotionally, mentally & physically during this time of year.

Facilitator: Delores Kessel | Members: FREE Non-Member: Day Pass Required

Soup-to-Go!

Every Other Friday beginning November 8th-March 28th at 10:30am

Soup-to-Go is back! Enjoy a quart of homemade soup and a quarter loaf of bread every other Friday during the Fall & Winter months. **Registration Deadline is 4:00pm on the Monday prior to the meal. No refunds will be given after the registration deadline.**

November 8th: Chicken & Dumplings with Garlic & Cheese Bread

November 22nd: Coconut Curry with Classic Artisan Bread

Facilitators: Haley Houghton & Amber Pender | Cost: \$10

Veterans Week at The Landing

We will have Veteran themed programming the week of Veterans Day.

We are bringing back the Veteran's Slideshow on the TV. If you did not share your photo last year, please see flyer for more details.





Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Exploring Self-Healing Energies with Bernie

Monday, November 11th & 25th at 10:00-11:30am in The YMCA Multi-Purpose Room
Occurs on the 2nd & 4th Mondays of each month



You will learn how to understand your wisdom from within, through various spiritual practices. Join us for this fascinating and informative personal wellness program.

Facilitator: Bernie Corsten | Members: FREE Non-Members: Day Pass Required

Honor in the Air- A Documentary about Heroism

Monday, November 11th at 11:00am-12:30pm in The Landing Tech & Art Room



A showing of the award-winning documentary film about Captain Scott Alwin, a highly decorated Vietnam War helicopter pilot from Wisconsin.

Sue has been producing documentaries for over 20 years & has taught classes & workshops for a variety of adult learners.

Facilitator: Susan Reetz | Members: FREE Non-Members: Day Pass Required

Highgrounds Veteran Memorial Park Shuttle Trip



Tuesday, November 12th- The Landing Shuttle Departs at 8:15am

To keep the Veteran's Day recognition going, join us on a trip to The Highground Veteran Memorial Park. Enjoy a guided tour of the park and learn about the history of the park and the meaning behind the tributes.

Upon leaving Highground, we will head to A&W in Neillsville for lunch. Cost of the trip includes shuttle ride & tickets to the park. Lunch is on your own.

Facilitator: Jon Oestreich | Cost: \$25- Veteran's are FREE

Rick Lohr Presents: Shore Birds, Whooping Cranes & a Bit of Texas

Tuesday, November 12th & Wednesday, November 20th at 10:00-11:00am in The Landing Tech & Art Room



Along with a multitude of insects, mammals & venomous creatures, there is an abundance of shorebirds that call South Texas home.

Join Rick for an engaging presentation and discover fascinating insights into these remarkable species & their habitats, with captivating stories & visuals from Rick's experiences.

Facilitator: Rick Lohr | Members: FREE Non-Members: Day Pass Required



November Programs

Registration is Required
Visit our Member Service Desk & Sign Up!

Social Singles- Sconnies



**Tuesday, November 12th at 3:00-5:00pm at Sconnies
1239 Schofield Ave, Schofield, WI 54476**

Meet other Singles at our Monthly Social Singles event at Sconnies. Enjoy good company and conversation.

Facilitator: Mary Jindrich | Cost: FREE

Wings Grief: Speaking of Grief, let's talk about Turkey & Other Holiday Stuff



Tuesday, November 12th at 3:00-4:00pm or 4:30-5:30pm in The Landing Tech Room

Families will gather this holiday season even though a significant person will not be there. We are surrounded with social messages about the most wonderful time of the year and making memories. Join in this open, unscripted discussion.

**Registration is NOT being taken at The Landing. Please contact Nan directly.
wingsgrief.org | email: nanwings1@gmail.com | 715-845-4159**

Facilitator: Nan Zastrow | Cost: FREE

Understanding Hearing Loss



Wednesday, November 13th at 10:30-11:30am in The Landing Tech Room

Dr. Kelsey Joosten, Doctor of Audiology at ENT & Allergy Associates will present an educational program on hearing loss, hearing aids & cochlear implants.

Don't miss this valuable opportunity to learn more about hearing health.

Facilitator: Dr. Kelsey Joosten | Members: FREE Non-Members: Day Pass Required

Getting to Know Classic Films



Wednesday, November 13th & 27th at 1:00-3:00pm in The Landing Tech Room

Join Scott Schutte, classic movie buff for two films in November.

November 13th: "Whisky Galore" (1949)

November 27th: "Operation Petticoat" (1959)

Facilitator: Scott Schutte | Members: FREE Non-Members: Day Pass Required



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Mind, Body & Spirit with Debby Krenz



Thursday, November 14th & 21st at 9:30-11:00am in The YMCA Multi-Purpose Room

Join Debby for a series of classes to explore different authors & their books about connecting with our inner wisdom. It is especially important at times like this, that we need to find peace & wisdom that will guide us through it all with grace & harmony.

Registration is required.

Facilitator: Debby Krenz | Members: \$12 Non-Members: \$27

Baked Potato Bar Fundraiser for Veterans



Thursday, November 14th at 11:30am-12:00pm in The Landing Dining Room

Help The Landing raise funds to be able to treat our Veteran Members to a trip to The Highgrounds Memorial Next Year.

Funds used will be used for Veterans to Travel for Free on The Landing Shuttle as well as tickets into the Highgrounds Facility.

Facilitators: Haley Houghton & Amber Pender | Goodwill Donation Recommended

Patriotic Sing-a-long



Thursday, November 14th at 2:30-3:30pm in The Landing Dining Room

Come out & Sing-A-Long with Raymond Kraemer & Ruth Salzma for our Patriotic Singing Event.

Facilitator: Raymond Kraemer | Members: FREE Non-Members: Day Pass Required

The Lunch Club!



Thursday, November 14th at 12:00-2:00pm at Blissful Bites

1490 County Road XX | Rothschild, WI 54474

Join us for November's Lunch club at Blissful Bites & Brunch for a delicious meal with Landing Friends. Registration is required.

Facilitator: Mary Jindrich | Cost: Lunch Fees to be paid to restaurant





Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Medicare 101- Followed by Senior Membership Options

Friday, November 15th at 9:00-11:00am in The Landing Tech & Art Rooms



Join Josh Reissmann of Clay Marketing Group, as he will be talking about the multiple areas of Medicare Enrollment. Following, the YMCA Member Services Staff JuliAnn Sklow & Lynn Wilkowski will walk through the options available for YMCA Memberships for Seniors.

Knowing what's available to you, begins with information & conversations. Join us for this educational opportunity.

Facilitator: Clay Marketing Group & YMCA Member Services- Free for all to attend

Team Trivia Smackdown

Friday, November 15th at 11:30am-12:30pm in The Landing Tech & Art Rooms



Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Special Thanks
Trivia Sponsor



Facilitator: Mary Ellen Marnholtz | Members: FREE Non-Members: Day Pass Required

Wausau Police- Human Trafficking

Monday, November 18th at 9:00-10:00am in The Landing Tech & Art Rooms



Human Trafficking is defined as the unlawful act of transporting or coercing people in order to benefit from their work or service, typically in the form of forced labor or sexual exploitation.

Join Officer Bedish for this presentation to see how human trafficking is impacting our community.

Facilitator: Officer Sarah Bedish | Members: FREE Non-Member: Day Pass Required

4-Season's Golf Simulator & Pizza Lunch

**Monday, November 18th at 11:00am-12:30pm at 4-Seasons Golf
151411 Robin Lane, Suite 200 | Rib Mountain, WI**



Have you ever wanted to play a round of golf in the fall or winter months? Now you can at 4-Seasons Golf of Wausau. This will be offered monthly through March.

Registration is completed with 4-Seasons Golf. Call 715-679-3769 or stop in to 4-Seasons at 151411 Robin Lane, Suite 200 | Rib Mountain, WI.

Facilitator: Bill Olson | Cost: \$22



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Shopping Trip to Oakwood Mall- Eau Claire



Tuesday, November 19th- The Landing Shuttle Departs at 9:00am

We are discovering new malls for shopping fun! This month we will be heading to Eau Claire to the Oakwood Mall- Perfect time for Christmas Shopping.

Registration Deadline: November 18th | Cancellation Deadline: November 12th

Facilitator: Halle Veenstra | Cost: \$22

The Road to Recovery: PAM Rehabilitation Health Educational Series



Tuesday, November 19th at 9:00-10:00am in The Landing Tech & Art Rooms

Rehabilitative medical care is crucial for helping individuals recover & regain their optimal level of function & independence after experiencing illness, injury, surgery or other medical conditions.

Join PAM Health Rehabilitation in this educational series to discover how rehabilitative medical care empowers patients to reach their highest level of function & gain control of their well-being.

Facilitator: Megan Schroeder | Members: FREE Non-Members: Day Pass Required

Creating Holiday Ornaments with Marcia Kosmerchock



Tuesday, November 19th at 10:30am-12:00pm in The Landing Art Room

This year we will make a six sided, tricolor felt bauble. The prep work will be done for you. In class, you will assemble the bauble & embellish with beads & sequins. Participants should have basic sewing skills.

Facilitator: Marcia Kosmerchock | Members: \$15 Non-Members: \$30

Horticulture with Janell- UW Madison Gardening Resources



Wednesday, November 20th at 1:00-2:00pm in The Landing Tech Room

Horticulture Educator, Janell Wehr from the UW-Madison Extension will highlight the wide range of gardening resources offered by UW-Madison. This session will explore the various tools & support available to enhance your gardening experience.

Gardeners or want-to-be gardeners won't want to miss this informative program.

Facilitator: Janell Wehr | Members: FREE Non-Members: Day Pass Required



Registration is Required
Visit our Member Service Desk & Sign Up!

November Programs

Oneida Casino in Green Bay Shuttle Trip



Thursday, November 21st- The Landing Shuttle Departs at 7:15am

Whether you like Bingo or Casino Games, Oneida Casino is a must for fun & excitement of winning potential.

All games and lunch is on your own.

Facilitator: Melany McClure | Cost: \$25

Bingo at The Landing!



Thursday, November 21st at 1:00-2:30pm in The Landing Tech & Art Rooms

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Special Thanks
Bingo Sponsor



Facilitator: Mary Jindrich | Members: FREE Non-Members: Day Pass Required

Behind the Scenes: Curating an Exhibit



Friday, November 22nd at Leigh Lawkey Museum at 12:30-1:30pm

Discover the steps involved in bringing an art collection to life for the public & gain unique insights into the curator's role in shaping museum experiences.

Facilitator: Amalia Wojciechowski | Cost: Free

New Member Meet & Greet



Monday, November 25th at 11:30-12:30pm in The Landing Tech Room

Occurs on the 4th Monday of each

Join us for a fun and informational sessions to welcome you to The Landing.

Facilitator: Mary Jindrich | Cost: FREE

Book Club



Monday, November 25th at 11:30am-12:30pm in The Landing Art Room

Occurs on the 4th Monday of each month

Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"Rough Sleepers" by Dr. Jim O'Connell & "The Girls with Seven Names" by Hyeonseo Lee** for November's meeting.

Facilitator: Connie Heidemann | Members: FREE Non-Members: Day Pass Required



November Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Edward Jones Presents: Time Matters- A Women's Retirement Outlook

Tuesday, November 26th at 11:00am-12:00pm in The Landing Tech Room



This educational program shares perspectives on financial concerns facing women who are getting ready for or have recently transitioned to retirement. Careful preparation can help you whether unexpected changes that may come your way towards retirement.

We'll discuss retirement income strategies, including perspectives around Social Security, and the rising costs of health care & long-term care. Join Paul Dau for insight & planning for the future.

Facilitator: Paul Dau | Members: FREE Non-Members: Day Pass Required

Rennes Group Presents: Benefits of Occupational Therapy

Wednesday, November 27th at 10:00-11:00am in The Landing Tech Room



Occupational Therapy is treatment that helps you improve your ability to perform daily tasks. It can help you learn how to move through your environment or use different tools to participate in your activities safely.

Join Rennes Group in this program.

Facilitator: Rennes Group | Members: FREE Non-Members: Day Pass Required



The Landing will be closed on Thanksgiving.

We will reopen Friday, November 29th with normal hours.

Ho-Chunk Gaming Casino Trip

Friday, November 29th- Ho-Chunk Shuttle departs at 1:15pm



Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

Facilitator: Kathryn Boettcheer | Cost: FREE



Registration is Required
Visit our Member Service Desk & Sign Up!

*Looking
Ahead*

Fireside Theatre Presents: Miracle on 34th Street

Thursday, December 5th- Lamers Bus Departs at 7:15am



Join us for our Annual Trip to the Fireside Theatre for the musical "Miracle on 34th Street." Jump aboard the comfortable Lamers Motor coach and enjoy snacks on the bus. Upon arriving to Fireside you will have time to visit some of their spectacular gift shops before having lunch as a group at 11:15am. Show starts at 1:30pm. From there we will load the bus for home with a quick stop in Westfield for dinner.

T8icket costs includes ride on Lamer's bus, light snacks and water on bus, musical and lunch tickets. **Registration Deadline: November 4th**

Facilitator: Amber Pender | Cost: \$175

Sponsorship Shout-Out!

Thank You to the Clay
Marketing Group for
your Hot Chocolate
Sponsorship in
November.



Program Cancellation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible. For programs with a fee, a program credit will be issued. If the fee is over \$20, a credit card reimbursement or check can be issued. If the fee is over \$20, a credit care reimbursement or check can be requested until the Registration Deadline. Unfortunately, we are unable to reimburse in the form of cash. NOTE: Credit Car & check reimbursements can take up to 10 days to receive.

All registration deadlines will be indicated in the Program Guide & on the Program Flyer. No reimbursement is guaranteed after the program registration deadline. The Landing staff will attempt to fill open spots with members on the program waiting list. Program credits or reimbursements will be given if the spot was able to be filled.

Note: The Landing reserves the right to modify this policy at any time.



Registration is Required

Visit our Member Service Desk & Sign Up!

Weekly Programs

Movie Mondays



Every Monday in The Landing Tech Room at 12:45-3:30pm

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!

Kings in The Corner



Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only 1 deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. **Beginners Welcome!**

American Mahjong



Mondays & Fridays at 1:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

Monday Bridge (Closed Group)



Mondays at 1:00-3:00pm in The Landing Game Room

No openings for new players

Euchre



Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

Tuesday Crafters



Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!

Mexican Train



Tuesdays at 12:30-3:30pm in in The Landing Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.



Registration is Required
Visit our Member Service Desk & Sign Up!

Weekly Programs

Hand and Foot

Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Games

Advanced Chicago Style Bridge

Wednesdays at 9:00-11:30am in The YMCA School Age Room

Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

Leader: Jean Burgener

Games

Fun Bridge

Wednesdays at 10:00am-12:00pm in The Landing Game Room

Beginner Bridge players are invited to play Bridge every Friday.

Games

Cribbage

Wednesdays at 1:00-3:00pm in The Landing Game Room

Come play Cribbage with new friends and old at The Landing- every Wednesday!

Games

Laughter Club

Thursdays at 10:00-11:00am in The Landing Art Room

Laughter Club members participate in 30 minutes of laughter exercises with using charades, improve, stories and humor. The Laughter Club participants will feel the health and social benefits from the very first session. We encourage you to drop in to sample a class!

Leader: Bernie Corsten

Social Clubs & Groups

Ping Pong at The Landing

Thursdays at 1:00-2:00pm in The Landing Game Room

Join us for a weekly gathering to play ping pong

Games

Sheepshead

Fridays at 1:00-3:00pm in The Landing Game Room

All levels of players are welcome, even beginners

Games