

The Landing

**Social & Activities Center
for Members 55+**

At The Woodson YMCA
707 3rd St. | Wausau, WI

December

Program Guide & Newsletter

Welcome to The Landing

Imagine age as a time for connection, movement and growth at The Landing in Wausau. From personal relationships to empowering programs, we're creating more than a local senior center. A place that's yours, where you can explore new passions and embrace every age.

Gather, move and grow with us! Whether you want a central place to have coffee with friends, a YMCA facility to improve your fitness, trips and travel opportunities or classes, The Landing offers a full calendar of programs and events.

Table of Contents

Page 2	Executive Directors Note
Pages 3-15	November Programs
Page 16	Sponsorship & Extras
Pages 17-18	Weekly Programs

The Landing Hours

Monday-Friday	8:00am - 4:30pm
Saturday	9:00am - 1:00pm

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

In-Person: Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. If no fee is noted, the program is Free to Members, and \$15 for Non-Members

Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk

Registration is required for all Programs & Events, with the exception of in-person Group Exercise.

Greetings Landing Members!



The Landing Gala was held on September 28, 2024. Thank you to everyone who attended and supported the event. The event was a huge success!!! All 150 available tickets were sold. The community support was phenomenal and displayed through the number of individuals attending the event, sponsorships, and raffle donations.

The recent event took place at the Elk's Club in Wausau, where guests were warmly welcomed by the piano performance of Ray Kraemer. The lobby featured thirty-four beautifully arranged raffle baskets. The ballroom was adorned with stunning illuminated centerpieces and floral arrangements. A generous spread of hors d'oeuvres, skillfully prepared by our staff, was displayed across several tables. To commemorate The Landings' five-year milestone, four birthday cakes were showcased. As the DJ, Bob Holl, commenced the music, the dance floor quickly filled with laughter, dancing, and enjoyment.

The event exceeded our expectations, raising an impressive total of \$24,346.00. We extend our heartfelt gratitude to all our community supporters and attendees for helping us achieve our fundraising goal.

Planning for our 2025 event is already underway, and we eagerly anticipate seeing everyone next year!

Best regards,
Julie



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Medicare 101- Followed by Senior Membership Options

Monday, December 2nd at 11:00am-1:00pm in The Landing Tech & Art Rooms



Join Josh Reissmann of Clay Marketing Group, as he will be talking about the multiple areas of Medicare Enrollment. Following, the YMCA Member Services Staff JuliAnn Sklow & Lynn Wilkowski will walk through the options available for YMCA Memberships for Seniors.

Knowing what's available to you, begins with information & conversations. Join us for this educational opportunity.

Facilitator: Clay Marketing Group & YMCA Member Services- Free for all to attend

BrainSavers: 12- Week Series

Monday & Wednesdays through February 7th at 12:15-1:15pm

Tuesday & Thursday through January 9th at 1:15-2:15pm



BrainSavers is an evidence-based, Brain + Body Total Fitness program for Healthy aging. This program will help you maintain your enjoyment of independent living, while improving your overall physical & mental well-being. It is designed to help those living with, or at risk for Alzheimer's disease and dementia, and those wishing to grow and exercise their brains. Registration is required and is only open to 20 participants. If full, please get added to the wait list. **Registration is closed.**

Facilitator: Amber Pender | Open to Members Only: \$25

Creative Cooking with Jackie- Dipped in Chocolate

Tuesday, December 3rd at 9:00-11:30am in The YMCA Multi-Purpose Room



Join Jackie for a hands-on Chocolate Dipping Workshop where you'll learn how to work with melted chocolate & beautifully decorate a variety of treats.

This interactive dessert experience is perfect for those who love creative, edible projects. Don't miss out on this sweet opportunity. Cost includes recipes & your take-home treats.

Facilitator: Jackie Romero | Members: \$20 Non-Members: \$35

Out & About with Jon- Chainsaw Art at Adventure Camp

Tuesday, December 3rd at 9:30-11:00am at Camp Sturtevant



Experience the thrill of chainsaw artistry with renowned artist Mike Clark. Watch as he skillfully transforms wood into stunning mushroom sculptures all while enjoying the warm ambiance of a campfire. If you want to carpool, please meet at The Landing at 9:00am.

Facilitator: Jon Ostreich | Cost: FREE



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Alzheimer's Association Presents: Exploring Care & Support Services

Health & Wellness

Tuesday, December 3rd at 10:00-11:00am in The Landing Tech Room

The Alzheimer's Association and educational program covering topics such as planning for care changes, types of care & moving care settings.

This is part five of the five part "Empowered Caregiver" education series that teaches caregivers how to navigate responsibilities of caring for someone living with dementia.

Facilitator: Julie St. Pierre | Cost: FREE

Play Reading-"A Doll House" & "Ghosts" by Henry Ibsen

Special Interest

Tuesdays, November 19th-December 17th at 1:30-3:00pm in the YMCA Multi-Purpose Room

Gather with Sarah Rudolph & other enthusiasts in The Landing to read & discuss two plays written by Henry Ibsen. The innovative dramas created a sensation among 19th-century audiences with their mordant attacks on social conventions.

Cost of the program includes both play reading books.

Facilitator: Sarah Rudolph | Members: \$15 Non-Members: \$30

Jerry Ensemble- Holiday Performance at The Landing

Special Interest

Tuesday, December 3rd at 4:00-5:30pm in The Landing Tech & Art Room

Enjoy cookies & coffee while being entertained by a performance from the Central Wisconsin Jerry Ensemble. Students must audition to be part of this prestigious group. They spend each new season building their technical skills in acting, dancing & performing in Wausau at The Grand Theatre & across the state.

We are excited to have a group of these performers come back to the Landing & perform for us.

Facilitator: Kaitlyn Konrardy | Members: Free Non-Members: Day Pass Required





December Programs

Registration is Required
Visit our Member Service Desk & Sign Up!

Lifestyle Change Program- A Journey Towards better Health & Well-Being: 10-Week Series



Wednesday, December 4th at 9:30-10:30am in The YMCA Multi-Purpose Room

Join certified Lifestyle Coach, Lisa Knoll on a journey to your best, healthiest self with the Lifestyle Change Program. Each session will outline easy-to-implement skills & tools for losing weight & getting more physically active. You can register for one or all of the sessions you wish. **See flyer for full session details.**

Facilitator: Lisa Knoll | Members Only: \$5 per session

Old Guys Book & BS Club



Wednesday, December 4th at 9:30-10:30am in The Landing Tech Room
Occurs on the 1st Wednesday of each month

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read "A Calamity of Souls" by David Baldacci for the December Meeting.**

Facilitator: John DeLaPorte | Members: FREE Non-Members: Day Pass Required

December Lunch at The Landing



Wednesdays at 11:30am-12:00pm in The Landing Dining Room

Join us every Wednesday for a homecooked meal. **Registration Deadline is 4:00pm on the Monday prior to the meal.** No refunds will be given after the registration deadline.

December 4th: Beef Pasties with Strawberry Pretzel Bars- \$10

December 11th: Pizza Bagels with Creamsicle Floats- \$10

December 18th: Vegetarian Enchiladas- \$5

December 24th: Christmas Brunch- Eggnog bread pudding with spacial sauce, bacon, fruit & virgin mimosas- \$10

Facilitators: Haley Houghton & Amber Pender





December Programs

Registration is Required
Visit our Member Service Desk & Sign Up!

Bridge Lessons: Advanced & Beginners, Session 2



Wednesdays, October 23rd-December 18th at 12:30-2:30pm in The YMCA School Age & Multi-Purpose Room

We will be holding two separate Bridge Lesson Classes, one for beginners & one for more advanced players. Beginners will use the book **“Play of the Hand in the 21st Century”** Book 2 in the ACBL Series. Advanced will use the book **“How you can play like an expert (Without having to be one)”** Book cost is included in the cost of the lessons. **Registration closed.**

Facilitator: Emalyn Nikstad & Jim Golz | Members: \$35 Non-Members: \$80

Let's Create with U-Paint: Wishful Snowman on Canvas



Wednesday, December 4th at 1:00-3:00pm in The Landing Art Room

Join Briana Ziebell-Glasel, owner of U-Paint on the first Wednesday of the month for an art teacher lead class to create an art piece every month.

Briana's motto is: Art is done FUN! And that's just FINE! You Got This!

Facilitator: Briana Ziebell-Glasel | Members: \$25 Non-Members: \$40

Fireside Theatre Presents: Miracle on 34th Street



Thursday, December 5th- Lamers Bus Departs at 7:15am

Join us for our Annual Trip to the Fireside Theatre for the musical “Miracle on 34th Street.” Jump aboard the comfortable Lamers Motor coach and enjoy snacks on the bus. Upon arriving to Fireside you will have time to visit some of their spectacular gift shops before having lunch as a group at 11:15am. Show starts at 1:30pm. From there we will load the bus for home with a quick stop in Westfield for dinner.

Ticket costs includes ride on Lamer's bus, light snacks and water on bus, musical and lunch tickets. **Registration is closed.**

Facilitator: Amber Pender | Cost: \$175

Soup-to-Go!



Every Other Friday beginning November 8th-March 28th at 10:30am

Soup-to-Go is back! Enjoy a quart of homemade soup and a quarter loaf of bread every other Friday during the Fall & Winter months. **Registration Deadline is 4:00pm on the Monday prior to the meal. No refunds will be given after the registration deadline.**

December 6th: Mushroom & Wild Rice with Cheesy Bread

December 20th: Minestrone Soup with Garlic & Herb Bread

Facilitators: Haley Houghton & Amber Pender | Cost: \$10



Registration is Required
Visit our Member Service Desk & Sign Up!

December Programs

Wear your favorite Holiday Sweaters every Friday in December!



December Birthday Bash!

Special Interest

Friday, December 6th at 11:30am-12:30pm in The Landing Tech & Art Rooms
Occurs on the 1st Friday of each month

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

Facilitator: Mary Jindrich | Cost: Free

Special Thank You to our Birthday Bash Sponsors



Delightful Dinner & Music

Offsite Adventures

Friday, December 6th at 5:30-7:30pm at Back When Cafe
606 N 3rd St. | Wausau, WI

Prepare for a delightful evening. The combination of farm-to-table cuisine & James Kohlman's eclectic piano music, will create a warm and inviting atmosphere.

There is no cost to attend, but dinner is on your own.

Facilitator: Oona Younger | Cost: Dinner fees to be paid to the restaurant

Wausau Symphony & Band Concert

Offsite Adventures

Sunday, December 8th- Meet at The Landing at 3:00pm to walk over to the Presbyterian Church

Wausau Symphony & Band Celebrates Holidays around the world, and festive favorites on December 8th, at First Presbyterian Church! Tickets for this event are: \$10 for seniors, \$15 for adults, children and students are Free.

Concert ticket area when entering the church will have roster of members that have registered & paid for ticket upon entry to concert – tell them you're with the Landing and give them your name.

Enjoy this talent-filled concert celebrating the holiday season

Facilitator: JuliAnn Sklow | Cost: Seniors \$10 | Adults: \$15 | Kids: Free



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Impact 100 Informational Session



Monday, December 9th at 9:00-10:00am in The Landing Tech & Art Room

Leaders from the Impact 100 will describe the Impact100 philosophy & explain how the grants they award in Marathon County are making a transformative impact on the community.

Margy Stahr is one of the three founding members and previously worked as a professor of English.

Facilitator: Margy Stahr | Members: FREE Non-Members: Day Pass Required

Seeking Inner Harmony with Bernie



Monday, December 9th & 23rd at 10:00-11:30am in The YMCA Multi-Purpose Room
Occurs on the 2nd & 4th Mondays of each month

Together, we'll create a safe, non-judgmental space where participants can openly share life experiences that may still weight on them. Join us for this fascinating & informative personal wellness program.

Facilitator: Bernie Corsten | Members: FREE Non-Members: Day Pass Required

4-Season's Golf Simulator & Pizza Lunch



Monday, December 9th at 11:00am-12:30pm at 4-Seasons Golf
151411 Robin Lane, Suite 200 | Rib Mountain, WI

Have you ever wanted to play a round of golf in the fall or winter months? Now you can at 4-Seasons Golf of Wausau. This will be offered monthly through March.

Registration is completed with 4-Seasons Golf. Call 715-679-3769 or stop in to 4-Seasons at 151411 Robin Lane, Suite 200 | Rib Mountain, WI.

Facilitator: Bill Olson | Cost: \$22

Honoring Choices- Quarterly Group Presentation



Tuesday, December 10th at 9:00-10:00am in The Landing Tech Room

Join Heidi from Aspirus to learn about Advanced Care Planning (ACP), the process which helps you think about, talk about & write down your choices for future health care decisions.

Register today to learn how to move forward in working with family members & medical persons as needed to make these decisions & choices in an informed manner.

Facilitator: Heidi Kraege | Members: FREE Non-Members: Day Pass Required



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Rick Lohr Presents: Kenya

Tuesday, December 10th & Wednesday, December 18th at 10:00-11:00am in The Landing Tech & Art Room



Rick traveled with the Earthwatch Group, who explore & help protect Kenya's Greater Maasai Mara Ecosystem. Join Rick as he takes us on a safari in Maasai Mara, visit West Kenya & the Lup People & highlights a heartbreaking tour of the Nyanza District.

Facilitator: Rick Lohr | Members: FREE Non-Members: Day Pass Required

Social Singles- Hiawatha

**Tuesday, December 10th at 3:00-5:00pm at Hiawatha
713 Grant St. | Wausau, WI**



Meet other Singles at our Monthly Social Singles event at Hiawatha. Enjoy good company and conversation.

Facilitator: Mary Jindrich | Cost: FREE

Wings Grief: Holidays can be Complicated; What's Under Your Tree?

Tuesday, December 10th at 5:00-6:00pm in The Landing Tech Room



Whether you are going through your first Christmas without someone loved or your tenth, holidays become complicated. There are always triggers that make it an emotional time.

**Registration is NOT being taken at The Landing. Please contact Nan directly.
wingsgrief.org | email: nanwings1@gmail.com | 715-845-4159**

Facilitator: Nan Zastrow | Cost: FREE

Legacy Woodworking Academy Presentation

Wednesday, December 11th at 10:00-10:45am in The Landing Tech & Art Rooms



Join Bob Henning of Legacy Woodworking Academy for an insightful & engaging program that showcases the world of woodworking. Bob will present a brief video tour of the woodworking shop, highlighting its history & purpose.

This program promises to be both fascinating & informative, offering a glimpse into a unique area of craftsmanship & expertise.

Facilitator: Bob Henning | Members: FREE Non-Members: Day Pass Required



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Getting to Know Classic Films



Wednesday, December 11th & Friday, December 27th at 1:00-2:30pm in The Landing Tech Room

Join Scott Schutte, classic movie buff for our classic movie for December.

December 11th: "A Christmas Carol" (1951)

Facilitator: Scott Schutte | Members: FREE Non-Members: Day Pass Required

Out & About with Jon- Cemetery Stroll & Bunkers Lunch



Thursday, December 12th at 9:30-11:00am at Restlawn Memorial Park

Join us for a refreshing day outdoors as we stroll the serene paths of Restlawn Memorial Park. It's a wonderful opportunity to stretch your legs & enjoy the tranquility of the surroundings.

Following, those interested can continue the day with lunch at Bunkers. This meal is on your own. Feel free to relax & savor some good food with friends.

Facilitator: Jon Ostreich | Cost: FREE

Mind, Body & Spirit with Debby Krenz



Thursday, December 12th & 19th 9:30-11:00am in The YMCA Multi-Purpose Room

Join Debby for a series of classes to explore different authors & their books about connecting with our inner wisdom. It is especially important at times like this, that we need to find peace & wisdom that will guide us through it all with grace & harmony.

Registration is required.

Facilitator: Debby Krenz | Members: \$12 Non-Members: \$27

The Lunch Club!



**Thursday, December 12th at 12:00-2:00pm at Palms Supper Club
5912 US-51 BUS | Weston, WI**

Join us for Decembers Lunch club at Palms Supper Club for a delicious meal with Landing Friends. Registration is required.

Facilitator: Mary Jindrich | Cost: Lunch Fees to be paid to restaurant





December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Wausau Spine & Rehab Presents: Common Upper Extremity Conditions

Thursday, December 12th at 12:30-1:30pm in The Landing Tech & Art Room



Join chiropractor Robert Devine, DC for an informative presentation on common upper body extremity conditions.

Don't miss this opportunity to learn more about managing upper extremity conditions.

Facilitator: Robert Devine, DC | Members: FREE Non-Members: Day Pass Required

Trip to Marshfield Rotary Winter Wonderland



Thursday, December 12th- meet at The Landing at 3:45pm for departure

The Marshfield Rotary Club is entering their 19th year of Rotary Winter Wonderland, a holiday lights display in Wildwood Zoo in Marshfield.

Feel free to donate free will donations of food and/or cash upon entering the Zoo's light display to help the local food pantries & keep the Marshfield Light project running. See flyer for full details.

Facilitator: Melany McClure | Cost: \$15

Delores Kessel Presents: Finding Hope during Uncertain Times

Friday, December 13th at 8:30-10:00am in The Landing Tech & Art Rooms



This program explores how we can foster resilience & maintain hope amid uncertainty. In the short term, self-care practices like exercise, nutritious eating, routines, strong support systems & meaningful activities are invaluable for mental & physical wellbeing. We'll discuss practical self-care strategies to help anchor us in the present.

Facilitator: Delores Kessel | Members: FREE Non-Member: Day Pass Required

Blood Pressure Clinic

Friday, December 13th at 10:00-11:00am in The Landing Tech & Art Rooms



The Rennes Group staff members will be taking blood pressures of anyone interested in a blood pressure check. Their accompanying nurse will provide education on what good blood pressures are, what to watch for and answer questions.

Please arrive by 10:00am. Blood Pressures will be taken on a first come, first serve basis. When the last person in the room has completed their blood pressure check, the Rennes Group staff will leave.

Facilitator: Michaela Bloch | Members: FREE Non-Member: Day Pass Required



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Wausau Police- Wausau Unhoused Community



Monday, December 16th at 9:00-10:00am in The Landing Tech & Art Rooms

There are a wide range of problems causing people to be unhoused. Community Outreach Specialist, Tracy Rieger will inform us about her position & the goals she has for our unhoused community.

Register today to better understand the questions & concerns around the unhoused in our community.

Facilitator: Tracy Rieger | Members: FREE Non-Member: Day Pass Required

Christmas Cookie, Candy & Recipe Exchange



Monday, December 16th at 10:30-11:00am in The Landing Tech Room

Are you ready to elevate your holiday treat game? Join us for our Christmas Cookie, Candy & Recipe Exchange. **See flyer for full details.**

Facilitator: Mary Jindrich | Members: FREE Non-Members: Day Pass Required

The Road to Recovery: PAM Rehabilitation Health Educational Series



Tuesday, December 17th at 9:00-10:00am in The Landing Tech & Art Rooms

There are multiple medical expertise's involved in rehabilitation, learning what to expect and what to look for will be part of the series. You can join in any of these monthly presentations, you do not need to have attended previous sessions.

The December program will focus on the therapy's patients often need to promote their recovery.

Facilitator: Megan Schroeder | Members: FREE Non-Members: Day Pass Required

Honoring Choices: 1:1 Sessions



Tuesday, December 17th at 10:00am-12:00pm

Book your 1:1 appointment with Heidi from Aspirus to begin work on your Advance Care Plan.

Times available: 10:00am | 10:30am | 11:00am | 11:30am

Facilitator: Heidi Kraege | Members: FREE Non-Members: Day Pass Required





December Programs

Registration is Required
Visit our Member Service Desk & Sign Up!

Holiday Dance Party with Raymond's Little Big Band

Tuesday, December 17th at 3:00-4:00pm in The Landing Dining Area

Special Interest

Put on your holiday dance shoes & get ready to groove! Join us for an afternoon of music & dance that you won't want to miss.

Whether you're a seasoned dancer or just want to enjoy the music, this event is for everyone. Let's celebrate the season with rhythm & joy!

Facilitator: Mary Jindrich | Members: FREE Non-Members: Day Pass Required

Horticulture with Janell- Grow Microgreens

Wednesday, December 18th at 1:00-2:00pm in The Landing Tech Room

Educational

In this hand-on activity, we'll learn the basics of seed germination indoors, then we'll apply those skills to starting microgreens!

Everyone goes home with a kit to practice at home. Be sure to register soon, class size is limited.

Facilitator: Janell Wehr | Members: FREE Non-Members: Day Pass Required

Rennes Group Presents: Winter Walking Tips

Thursday, December 19th at 9:30-10:30am in The Landing Tech Room

Health & Wellness

Walking is a great way to get out & explore your community, while improving your balance, strength & posture. Walking outside during the winter can create unique challenges.

Rennes group will be holding "Winter Walking Tips" informational clinic. Staff members will share information & tips to keep safe during Wisconsin's Winter months.

Facilitator: Rennes Group | Members: FREE Non-Members: Day Pass Required

Edward Jones Presents: Leave it, Move it, Take it

Thursday, December 19th at 11:00am-12:00pm in The Landing Tech Room

Educational

If you or someone you care about recently switched jobs or retired, or are facing unemployment due to a layoff or downsizing, this seminar can help you determine what to do with your assets.

Facilitator: Paul Dau | Members: FREE Non-Members: Day Pass Required



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Bingo at The Landing!

Games

Thursday, December 19th at 1:00-2:30pm in The Landing Tech & Art Rooms

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Special Thanks
Bingo Sponsor



Facilitator: Mary Jindrich | Members: FREE Non-Members: Day Pass Required

Nutcracker in the Castle & Nativity Tour- Oshkosh, WI

Offsite Adventures

Friday, December 20th- meet at The Landing at 8:45am for departure

The beloved Nutcracker comes to life at the Paine "castle" with a mesmerizing array of sights, sounds & surprises. Follow the adventure of Clara & the Nutcracker Prince, as you walk through this Christmas wonderland.

Lunch will follow at Fox River Brewery, on your own. The final stop of the day will be the Algoma Boulevard United Methodist Church to visit their vast collection of nativity scenes with a guided tour.

Special Thanks to our
Shuttle Trip Sponsor



ASPIRUS[®]
HEALTH PLAN

Marketplace: Individual Health Insurance
Medicare Advantage

Facilitator: David Landretti | Cost: ~~\$50~~ \$38 (Price Reduced Thanks to Sponsor)

Team Trivia Smackdown

Games

Friday, December 20th at 11:30am-12:30pm in The Landing Tech & Art Rooms

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Special Thanks
Trivia Sponsor



Facilitator: Mary Ellen Marnholtz | Members: FREE Non-Members: Day Pass Required

New Member Meet & Greet

Educational

Monday, December 23rd at 11:30-12:30pm in The Landing Tech Room
Occurs on the 4th Monday of each

Join us for a fun and informational sessions to welcome you to The Landing.

Facilitator: Mary Jindrich | Cost: FREE



December Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Book Club

Monday, December 23rd at 11:30am-12:30pm in The Landing Art Room
Occurs on the 4th Monday of each month



Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"Last Christmas in Paris"** by Hazel Gaynor & Heather Weld for December's meeting.

Facilitator: Connie Heidemann | Members: FREE Non-Members: Day Pass Required



The Landing Holiday Hours

Christmas Eve: 8:00am-12:00pm

Christmas Day: Closed

New Years Eve: 8:00am-12:00pm

New Years Day: Closed

Ho-Chunk Gaming Casino Trip

Friday, December 29th- Ho-Chunk Shuttle departs at 1:15pm



Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

Facilitator: Kathryn Boettcheer | Cost: FREE



Extras

Sponsorship Shout-Out!

Thank You to the Clay Marketing Group for your Hot Chocolate Sponsorship in November.



Virtual Group Exercise Options

YMCA360 Streaming Service is Included with your YMCA Membership, with over 700 classes offered at your fingertips. New Content is added every day.

Program Cancellation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible. For programs with a fee, a program credit will be issued. If the fee is over \$20, a credit card reimbursement or check can be issued. If the fee is over \$20, a credit card reimbursement or check can be requested until the Registration Deadline. Unfortunately, we are unable to reimburse in the form of cash. NOTE: Credit Card & check reimbursements can take up to 10 days to receive.

All registration deadlines will be indicated in the Program Guide & on the Program Flyer. No reimbursement is guaranteed after the program registration deadline. The Landing staff will attempt to fill open spots with members on the program waiting list. Program credits or reimbursements will be given if the spot was able to be filled.

Note: The Landing reserves the right to modify this policy at any time.



Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Movie Mondays



Every Monday in The Landing Tech Room at 12:45-3:30pm

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!

Kings in The Corner



Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only 1 deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. **Beginners Welcome!**

American Mahjong



Mondays & Fridays at 1:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

Monday Bridge (Closed Group)



Mondays at 1:00-3:00pm in The Landing Game Room

No openings for new players

Euchre



Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

Tuesday Crafters



Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!

Mexican Train



Tuesdays at 12:30-3:30pm in in The Landing Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.



Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Hand and Foot

Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Games

Advanced Chicago Style Bridge

Wednesdays at 9:00-11:30am in The YMCA School Age Room

Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

Leader: Jean Burgener

Games

Fun Bridge

Wednesdays at 10:00am-12:00pm in The Landing Game Room

Beginner Bridge players are invited to play Bridge every Friday.

Games

Cribbage

Wednesdays at 1:00-3:00pm in The Landing Game Room

Come play Cribbage with new friends and old at The Landing- every Wednesday!

Games

Laughter Club

Thursdays at 10:00-11:00am in The Landing Art Room

Laughter Club members participate in 30 minutes of laughter exercises with using charades, improve, stories and humor. The Laughter Club participants will feel the health and social benefits from the very first session. We encourage you to drop in to sample a class!

Leader: Bernie Corsten

Social Clubs & Groups

Ping Pong at The Landing

Thursdays at 1:00-2:00pm in The Landing Game Room

Join us for a weekly gathering to play ping pong

Games

Sheepshead

Fridays at 1:00-3:00pm in The Landing Game Room

All levels of players are welcome, even beginners

Games