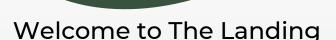
The Landing

Social & Activites Center for Members 55+

At The Woodson YMCA 707 3rd St. | Wausau, WI



Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

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Starting 11/1/25, all credit card charges must be \$10 or more. For purchases under \$10, a \$10 charge will apply, and you'll receive a credit for the unspent amount.

The Landing Hours

in these programs.

Monday-Friday 8:00am - 4:30pm Saturday 9:00am - 1:00pm

Thank you to Aspirus Health Plan for sponsoring the Shuttle Trips and our OATS Program in November.
This generous support reduces the cost for our

members, enhancing their ability to participate

Program Guide & Newsletter FOREVERWELL

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How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

In-Person: Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. Registration for all programs is reserved for YMCA or Landing Social Members only.

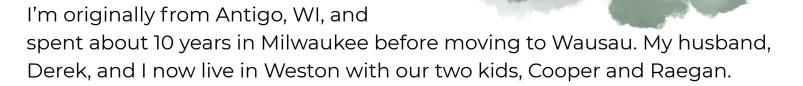
Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk

Registration is required for all Programs & Events, with the exception of in-person Group Exercise.

Staff Spotlight

Hello Everyone.

My name is Casey Waldvogel, and I'm so excited to be joining The Landing's team! I'm really looking forward to getting to know all of you.



For the past seven years, I've been a stay-at-home mom, and now that both kids are settled in school, I'm eager to reconnect with the community. I love staying active, camping, and traveling—and I also enjoy winding down with a good book, puzzles, and salty snacks.

Our family keeps busy with soccer, hockey, mountain biking, and gymnastics, and we love spending quality time with friends and family in both Wausau and Antigo.

Thank you all for being so welcoming and making me feel part of the team. If you ever have questions or just want to say hi, please don't hesitate to reach out—I love meeting new people and making new friends!

Manuly.
Casey





Visit our Member Service Desk & Sign Up!

Learn American Mahjong with Lynn



Monday, Nov. 3rd & Tuesday, Nov. 4th at 11:00-12:30pm in The YMCA Multi-Purpose Room & Thursday, Nov. 13th & Friday, Nov. 14th at 11:00-12:30pm in The Landing Tech Room

American Mahjong is a unique and fascinating game of skill and strategy, popular around the world. Using beautiful tiles and varying levels of complexity, Mahjong has been shown to have a positive effect on cognitive function and brain health in aging.

This class will teach you all you need to start playing with any group, or start one of your own. Cost includes the 2025 Mahjong Card.

Registration and Cancellation Deadline: October 24th

Facilitator: Lynn Eby | Cost: \$15

Free Blood Pressure Check with MCW Students



Tuesday, November 4th at 9:00-11:00am in The YMCA Multi-Purpose Room

High blood pressure often has no symptoms but can lead to serious health risks. A quick check can make a big difference in your health.

Get checked by a Central Wisconsin Medical College student to learn your numbers and take the first step toward better health. These checks are open to all ages and no registration required

Facilitator: Medical College of Wisconsin | Cost: FREE

Dimensions Living Presents: Fall Prevention

Tuesday, November 4th at 9:00-10:00am in The Landing Tech & Art Room



Join Dahlilia in this engaging and informative program designed to help individuals of all ages, especially older adults, reduce their risk of falls and live more confidently.



Whether you are recovering from a fall, caring for a loved one, or simply taking proactive steps for your well-being, Dalilia's clear, encouraging approach makes fall prevention accessible and effective for everyone.

Facilitator: Jami Detjens | Cost: FREE



Visit our Member Service Desk & Sign Up!

Coffee with Matt from PAM Health

Tuesday, November 4th at 11:00am-12:00pm in The Landing Tech & Art Rooms



Join us for a warm cup of coffee and a meaningful conversation on rehabilitation and recovery with Matt. This informal session is designed to support patients, caregivers and community members with practical tips and insights into the rehabilitation journey.

Enjoy a relaxed setting to ask questions, share your experiences and learn strategies that can make a difference in your recovery process.

Facilitator: Matt Johnson-PAM Rehab | Cost: FREE

BrainSavers: 12- Week Series

September 8th through November 26th in The Small Group Training Room



BrainSavers is an evidence-based, Brain + Body Total Fitness program for Healthy aging. This program will help you maintain your enjoyment of independent living, while improving your overall physical & mental well-being. It is designed to help those living with, or at risk for Alzheimer's disease and dementia, and those wishing to grow and exercise their brains. **Registration is closed for this program.**

Facilitator: Amber Pender | Cost: \$25

Live Literature: From Sea to Salem

Tuesdays, Sept. 9th - Nov. 18th at 1:00-2:00pm in The YMCA Multi-Purpose Room



Join retired professors Sarah Rudolph and Bob Davis for a unique shared reading experience featuring two literary masterpieces: Moby-Dick by Herman Melville and The Crucible by Arthur Miller.

Registration is closed

Facilitator: Sarah Rudolph & Bob Davis | Cost: \$25

Practical Wisdom for Cultivating Happiness- November Series

Tuesdays, November 4th, 11th & 18th at 1:00-2:30pm in The Landing Tech Room



Nothing can take away the power every person has to respond to what life brings us. In this course, participants will explore happiness as a state of well-being, that comes from aligning our actions with what is true, fair and kind.

Loretta draws on 40 years in the practice of Kinlein, assisting clients as they build on all that is good, strong and beautiful within them.

Facilitator: Loretta Ulmschneider, CPK | Cost: \$10 for all 3 sessions



Visit our Member Service Desk & Sign Up!

Bon Bon Bonanza with The Chocolate Shop



Wednesday, November 5th at 9:00-11:00am at The Chocolate Shoppe 532 S. 3rd Ave. | Wausau, WI

Join us for a deliciously fun and interactive class led by expert chocolatier Kristin at The Chocolate Shop! Whether you're a curious beginner or a passionate chocolate lover, this immersive workshop will guide you through the step-by-step process of creating beautiful, hand crafted bon bons.

Cost of the session includes all materials and instructions. Come ready to tatse, create and indulge.

Facilitator: Kristin Zaal | Cost: \$45



We are looking to add to our Veteran's Week Slideshow. If you or someone in your immediate family has served in the military, please share their information for our slideshow. See flyer for full details.

Old Guys Book & BS Club



Wednesday, November 5th at 9:30-10:30am in The Landing Tech Room Occurs on the *1st Wednesday of each month*

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read "Last Bus to Wisdom"** by Ivan Doig for the November meeting. **Spots are limited- Registration is required**

Facilitator: John DeLaporte & Bill Pogge | Cost: FREE

Improvaholics- What's Your Line?



Wednesday, November 5th & 12th at 10:30-11:30am in The Landing Art Room

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.

Expect plenty of laughs, unexpected twists and a change to build confidence and community.

Facilitator: Anne Dibala & Kathryn Rieckhoff | Cost: FREE



Visit our Member Service Desk & Sign Up!

Game Day at The Aspirus YMCA in WESTON



Wednesday, Nov. 5th at 11:00am-3:00pm in Studio C- Aspirus Weston Branch
Come join us for an afternoon of fun, laughter, and friendly competition! Game Day is
the perfect way to stay active, engaged, and connected with others.
Enjoy classic favorites like mahjong, cribbage, Scrabble, and a variety of
card games, or bring your own suggestions to share with the group.
Registration is required so we can be sure to have enough tables and chairs

Facilitator: Tyler Leiskau | Cost: FREE

ready for everyone.

November Lunch at The Landing

Wednesdays at 11:30am-12:00pm in The Landing Dining Room
Join us every Wednesday for a homecooked meal. Registration Deadline is 4:00pm on the Monday prior to the meal. No refunds will be given after the registration deadline.

November 5th: Puttanesca with a Ricotta Cookie - \$10

November 12th: Classic Chicken Salad with Snicker Salad- \$10

November 19th: Tomato Soup with Buttery Garlic Crostini and Fondue

with cranberry apple crisp- \$10

November 26th: Thanksgiving Meal- \$15

Facilitators: Haley Houghton & Amber Pender



Let's Create with U-Paint- Multi-Layer Wood Welcome Sign



Wednesday, November 5th at 12:30-2:30pm in The Landing Art Room

Join Briana LaVonne, on the first Wednesday of the month for an art teacher lead class to create an art piece every month. Fall into the season with this fall craft- your own DIY Wood Sign Kit. Each kit includes 6" round sign, pre-cut layering pieces, festive paints, brushes, glue, twine and easy instructions.

Registration Deadline: November 3rd | Cancellation Deadline: October 29th

Facilitator: Brianna LaVonne | Cost: \$25

Bridge Lessons- Advanced & Beyond Beginner's Lessons

Wednesdays, October 1st - November 19th at 12:30-2:30pm



Advanced Bridge Lessons- Held in The Multi-Purpose Room **Beyond Beginner Lessons**- Held in The Tech Room Room

Registration Deadline: September 16th | Cancellation Deadline: September 12th

See Flyer for more details

Facilitator: Emalyn Nikstad | Advanced Cost: \$20 | Beginner Cost: \$35



Visit our Member Service Desk & Sign Up!

Medical College of Wisconson Presents: Epinephrine Training

Thursday, November 6th at 10:00-11:00am in The Landing Tech Room



Understanding how to recognize anaphylaxis and respond swiftly and appropriately can save a life, as once anaphylaxis starts, you have only minutes to prevent serious injury. Join us to learn how to identify the signs of anaphylaxis and what to do. With the Do It For Dillion Foundation, you will get trained on how to use a wide range of epinephrine auto-injectors and become certified to receive and administer this life saving medication in the event of an emergency.

Join Medical Student, Corinn Fritz for the important program.

Facilitator: Medical College of Wisconsin | Cost: FREE

Soup-to-Go is BACK!

Friday, November 7th & 21st- Pick up begins at 10:00am

Get your homemade soup and fresh baked bread during the fall & winter months. .

Registration Deadline is 4:00pm on the Monday prior to the meal.

No refunds will be given after the registration deadline.

November 7th: Austrian Goulash with Herbed Bread - \$10

November 21st: Butternut Squash Soup with Artisan Bread-\$10

Facilitators: Haley Houghton & Amber Pender



November Birthday Bash!



Friday, November 7th at 11:30am-12:30pm in Landing Tech & Art Rooms

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.



Special Thank You to Culvers for helping sponsor our Monthly Birthday Bash! Facilitator: Landing Staff | Cost: FREE

Wausau Police Presents: Human Trafficking



Monday, November 10th at 9:00-10:00am in The Landing Tech & Art Room

Human Trafficking is defined as the unlawful act of transporting or coercing people in order to benefit from their work or service, typically in the form of forced labor or sexual exploitation. Although it may seem that that this is a problem exclusive to larger cities than Wausau, it is a concern we see and need to address.

Join Officer Bedish for this presentation to see how human trafficking is impacting our community.

Facilitator: Wausau Police Department | Cost: FREE





Visit our Member Service Desk & Sign Up!

Seeking Inner Harmony with Bernie

Monday, November 10th & 24th at 10:00-11:30am in The YMCA Multi-Purpose Room

Together, we'll create a safe, non-judgmental space where participants can openly share life experiences, insights, and resources. Join us for this fascinating and informative personal wellness program that includes complementary healing methods.

Facilitator: Bernie Corsten | Cost: FREE

Highgrounds Veterans Memorial Park Trip

Tuesday, November 11th -Meet at The Landing at 8:15am for shuttle departure

In commemoration of Veterans Day, we will head to Highground Veterans Memorial Park and Museum where we will enjoy a self-guided tour that will offer the opportunity to see and learn about what interests you.

Following the tour, we will head to lunch at Apple Valley Road haus for lunch. After lunch, we will head to another gem of

Neillsville, Pavilion Cheese, Wine and Gifts know for their selection of artisan cheese.

Registration Deadline: November 7th| Cancellation Deadline: October 28 Facilitator: Halle Veenstra | Cost: \$10 -- VETERANS ARE FREE

Creative Cooking with Jackie: Enfrijoladas

Tuesday, November 11th at 9:00-11:30am in the YMCA Multi-Purpose Room

Enfrijoladas are a traditional Mexican dish of corn tortillas dipped in a creamy, savory bean sauce. The name literally means "in beans," and this comforting meal is often described as a cousin to enchiladas, with a bean sauce replacing the more typical chile or tomato-based sauces.

Join us in creating these delicious enfrijoladas.

Registration Deadline: October 30th | Cancellation Deadline: November 5th Facilitator: Jackie Romero | Cost: \$25

Rick Lohr Presents: Polio & Jackie's Story

Tuesdays, November 11^{th} & Wednesday, November 19^{th} at 10:00-11:00am In The Landing Tech & Art Rooms

Rick will describe the history of the polio epidemic in the US and the development of the Salk and Sabin vaccines. He will also describe his sister, Jackie's polio journey through near total paralysis, iron lung, recovery and career, and post-polio syndrome.

Facilitator: Rick Lohr | Cost: FREE

POLIO







Visit our Member Service Desk & Sign Up!

Social Singles- Kelly Club



Tuesday, November 11th at 3:00-5:00pm at Kelly Club | 4810 Ross Ave, Schofield Join us for a fun and relaxed gathering where you can meet fellow singles, make new friends, and enjoy great conversations in a welcoming atmosphere! Come sip, socialize, and share ideas for future meetups—we'd love to hear your suggestions for upcoming activities!

Facilitator: Cheryl Johnson- Domino | Cost: FREE

Senior Medicare Patrol Presents: Medicare Fraud & Scams



Wednesday, November 12th at 9:30-10:30am in The Landing Tech Room

Did you know that Medicare loses billions, yes BILLIONS of dollars each year due to fraud, errors and abuse? Think it can't happen to you? Think it doesn't happen in Wisconsin? Unfortunately, think again: it could and it does.

Join Senior Medicare Patrol to learn more about how you can prevent, detect and report Medicare-related fraud.

Facilitator: Ingrid Kundinger | Cost: FREE

Medicare 101



Wednesday, November 12th at 12:30-1:30pm in The Landing Tech Room

Josh Reissmann & Amber Scholz of Clay Marketing will be highlighting multiple areas of Medicare enrollment.

Knowing what's available to you begins with information and conversations. Join us for this opportunity to educate yourself on the Medicare Choices, and how they may or may not affect you.; and to enjoy an ice cream treat.

Facilitator: Josh Reissmann & Amber Scholz | Cost: FREE

Bingo at The Aspirus Weston YMCA



Wednesday, November 12th at 1:30-3:00pm in Studio C at Aspirus YMCA
Let's play Bingo! Come out and play Bingo with your old and new friends each month.
No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter. If participating, please bring one NEW item of your choosing from Dollar Tree or Dollar General for the prize table.

Facilitator: Pat Kluz | Cost: FREE



Visit our Member Service Desk & Sign Up!

Mind Body Spirit- Angel Series Classes

Thursdays, November 13th & 20th at 9:30-11:15am in The YMCA Multi-Purpose Room

Join Debby in these Mind Body & Spirit Angel Education Classes. The Angel Series will run in the Mind Body & Spirit classes, September through December. See Flyer for Full Details

Cancellation Deadline: 24 hours before session

Facilitator: Debby Krenz | Cost: \$17 per class



Veterans Day Fundraiser- Build your own Dog

Thursday, November 13th at 11:30am in The Landing Kitchen

The Never Forgotten Honor Flight will be at The Landing for our Annual Veteran's Day Fundraiser. All donations received will be directly given to the Honor Flight to help fund their cause.

Come and build your very own hotdog with an assortment of toppings to choose from.

Facilitator: Haley Houghton & Amber Pender | Must Make a Donation to Attend

Marathon County Historical Society Presents: The Colverbelt; The Earliest **Dairy Branding for Marathon County**

Thursday, November 13h at 1:00-2:00pm in The Landing Tech & Art Room

Join Ben Clark, Archivist and historian at the Marathon County Historical Society, for this program about the early attempts to create a dairy brand for Marathon County.





You won't want to miss this fascinating and Informative program!

Facilitator: Ben Clark | Cost: FREE

Delores Kessel Presents: Loneliness and Connection

Friday, November 14th at 8:30-10:00am in The Landing Tech Room

Loneliness has been identified as a public health concern worldwide. There are many factors that contribute to loneliness, but the good news is loneliness is a fixable problem.

Join Delores for this meaningful and important program.

Facilitator: Delores Kessel | Cost: FREE





Visit our Member Service Desk & Sign Up!

The Art of Brewing and the Viewing of Art

Friday, November 14th- Meet at the Landing at 9:15am for Shuttle Departure

Offsite Adventures

Discover the Art of Brewing at the Appleton Beer Factory. You will enjoy a guided tour with four Appleton-brewed beer samples, while chatting with the expert brewers.

Following, you will visit the Trout Museum of Art, the perfect destination for art lovers, learners and creators alike.

Registration Deadline: November 7th | Cancellation Deadline: October 30th

Facilitator: Dave Landretti | Cost: \$45

OATS Program- FREE Technology Classes: P2P Payment Services- Lecture

Monday, November 17th at 10:00-11:00am in The Landing Tech & Art Rooms



P2P stand for Peer to Peer Payment Services. P2P payments are a simpler way to transfer money electronically from your account to the party you are paying, and if often used in person to person transfers of money.

Join in this class to get a better understanding of these applications along with some safety tips to keep in mind when considering or using these services.

Facilitators: Julie Streufert & Barb Tesch | Cost: FREE

OATS Program- FREE Technology Classes: P2P Payment Services- Workshops

Tuesdays, November 18th at 9:00am OR 11:00am in The Landing Tech Room



Paypay allows you to send money to people worldwide and shop online without giving your credit card information to those you're sending money to.



This workshop will give you hand-on experience, using Landing Ipads. Spots are limited- registration required.

Facilitators: Julie Streufert & Barb Tesch | Cost: FREE

Craft Sale with Marcia



Tuesday, November 18th at 9:30am-3:00pm in The Landing Art Room

Have you seen the beautiful quilts and seasonal decorations around The Landing? Our volunteer Marcia Kosmerchock. She will be holding a craft sale here at The Landing.

Stop by and check out her creations. Thank you, Marcia for keeping The Landing looking festive!

Facilitator: Marcia Kosmerchock | Cost: FREE



Visit our Member Service Desk & Sign Up!

Monthly Morning Meditation



Wednesday, November 19th at 8:15-8:45am in The YMCA Multi-Purpose Room Start your day with calm and clarity. Join Debby Krenz for a monthly meditation session designed for both experienced meditators and those who are simply curious to give it a try.

Each session includes a brief introduction to the benefits of meditation, followed by guided practices you can continue at home. These sessions are free to attend and offer a peaceful, no-pressure way to begin your morning.

Facilitator: Debby Krenz | Cost: Free

Fox River Mall Shopping Trip

Wednesday, November 19th- Meet at The Landing at 8:15am for Shuttle Departure



Let's Go Shopping! The Fox River Mall is the largest shopping mall in northeast Wisconsin. It hosts over 180 stores and 20 different eating venues.

Register soon, seats on the shuttle are limited.

Registration Deadline: November 14th | Cancellation Deadline: November 4th

Facilitator: Halle Veentra | Cost: \$20

Readers Group: Words, Meanings & Connections



Wednesday, November 19th at 9:30-11:00am in The YMCA Multipurpose Room Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life. This group is for any who likes to read. We will offer a safe place for authentic discussion.

Facilitator: Bill Pogge & Susan Reetz | Cost: FREE

Movie Wednesday at The Aspirus YMCA in WESTON



Wednesday, November 19th at 12:30pm in The Aspirus Weston YMCA Commons Come join us for an afternoon at the YMCA cinema for the showing of "On Golden Pond".

Registration is required so we have enough spaces for everyone. Spots may fill fast!

Facilitator: Tyler Leiskau | Cost: FREE



Visit our Member Service Desk & Sign Up!

Bingo at The Landing



Thursday, November 20th at 1:00-2:30pm in The Landing Tech & Art Room

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Special Thanks
Trivia Sponsor
Cornerstone

Facilitator: Pat Kluz | Cost: FREE

Team Trivia Smackdown

Friday, November 21st at 11:30am-1:00pm in The Landing Tech & Art Rooms



Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today. **November Theme- Wear your Packer**

Special Thanks
Trivia Sponsor
Cornerstone
CAREGIVING

Gear.. T-shirts, Jerseys, Cheeseheads, you name it!

Facilitator: Maryellen Marnholtz | Cost: FREE

Coffee with The Landing Staff



Monday, November 24th at 9:00-10:00am in The Landing Tech Room

The Landing Staff will be present in the Tech Room for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.

Facilitator: Landing Staff | Cost: FREE

New Member Welcome Session



Monday, November 24th at 11:30-12:30pm in The Landing Tech Room

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer, for an informal coffee chat about what The Landing has to offer, how to register for programs and get a tour of The Landing and the YMCA.



Facilitator: Pat Kluz | Cost: FREE

Book Club



Monday, November 24th at 11:30am-12:30pm in The Landing Art Room Occurs on the 4th Monday of each month

Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"The Spy Coast"** by Tess Gerritsen for November's meeting.

Facilitator: Connie Heidemann | Cost: FREE





Visit our Member Service Desk & Sign Up!

Rennes Group Presents: Benefits of Occupational Therapy

Wednesday, November 26th at 10:00-11:00am in The Landing Tech Room

Educational

Occupational therapy (OT) is treatment that helps you improve your ability to perform daily tasks. It can help you learn how to move through your environment or use different tools to participate in your activities safely.

Occupational therapy might be needed after trauma or an injury. Some people do occupational therapy to mange symptoms from chronic (long-term) condition or disability. OT helps people live as self-sufficiently as possible.

Join Rennes Group in this program about the benefits of Occupational Therapy.

Facilitator: Rennes Group | Cost: FREE

Ho-Chunk Gaming Casino Trip

Friday, November 28th - Ho-Chunk Shuttle departs from parking lot A at 1:15pm

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg.

The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

Facilitator: Kathryn Boettcheer | Cost: FREE



The Landing will be Closed on Thursday, November 27th.

Normal Business Hours will resume on Friday. Group Exercise will be cancelled.

looking Ahead

It's A Wonderful Life- At Fireside Theatre



Friday, December 12th- Meet at The Landing at 6:40am for Departure

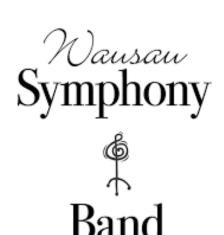
Let's take a trip to The Fireside Theatre for the Holiday favorite, "It's a Wonderful Life.

The story of George Bailey & his wonderful life in Bedford Falls has brought hope & inspiration to every heart with its celebration of the goodness of all.

Cost of the trip includes Lamers Bus ride, Tickets & lunch at Fireside and light snacks on the bus.

Registration & Cancellation Deadline: November 12th

Facilitator: Amber Pender | Cost: \$175



2025-2026 Concert Season

3:00pm at the First Presbyterian Church

Register & pay with The Landing for each event to sit with the group. We will take care of payment.

October 26th: Band

December 7th: Orchestra

February 1st: Band

March 8th: Orchestra

May 3rd: Picnic at the Pavilion Concert with both the Band & the Orchestra. No registration needed for this event.

Program Cancelation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible. For programs with a fee, a program credit will be used, if canceled before the program cancelation date, If the fee is over \$20, a credit card reimbursement or check can be requested until the Cancelation Deadline. No refunds will be given after the cancellation deadline. Unfortunately, we are unable to reimburse in the form of cash. Note: Credit card and check reimbursements can take up to 10 days to receive. Cancelation Deadlines will be indicated in the Program Guide and on the Program Flyer for programs with a fee.

Note: The Landing reserves the right to modify this policy at any time.

Weekly Prog

Registration is Required

Visit our Member Service Desk & Sign Up!

Movie Mondays

Every Monday in The Landing Tech Room at 12:45-3:30pm



We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!

November 3rd: The Fault in Our Stars | November 10th: A Walk in The Woods November 17th: Barbie | November 24th: The Blind Side

Kings in The Corner

Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only I deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. Beginners Welcome!

American Mahjong

Mondays & Fridays at 1:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

Monday Bridge (Closed Group)



Mondays at 1:00-3:00pm in The YMCA School Age Room

No openings for new players

Euchre



Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

Tuesday Crafters



Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!

Scrabble!



Tuesdays at 2:00-4:00pm in The Landing Game Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Mexican Train

Tuesdays at 12:30-3:30pm in in The Landing Dining Room



Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.

Hand and Foot

Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room



Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Advanced Chicago Style Bridge

Wednesdays at 9:00-11:30am in The YMCA School Age Room



Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

Leader: Jean Burgener

Cribbage



Wednesdays at 1:00-3:00pm in The YMCA School Age Room

Come play Cribbage with new friends and old at The Landing- every Wednesday!

Laughter Club



Thursdays at 10:00-11:00am in The Landing Art Room

Laughter yoga uses simple breathing techniques, fun laughter exercises, eye contact and childlike playfulness to elicit laughter, without relying on humor or jokes. Health benefits of laughing in laughter yoga are based on scientific evidence that the body cannot tell the difference between fake and real laughter. You will feel the health benefits from the very first session!

Leader: Bernie Corsten



Ping Pong at The Landing

Thursdays at 1:00-2:00pm in The Landing Game Room

Join us for a weekly gathering to play ping pong

Fun Bridge Fridays at 1



Fridays at 10:00am-12:00pm in The Landing Game Room

Beginner Bridge players are invited to play Bridge every Wednesday.

Sheepshead



Fridays at 1:00-3:00pm in The YMCA School Age Room

All levels of players are welcome, even beginners