

# The Landing

Social & Activities Center  
for Members 55+

At The Woodson YMCA  
707 3rd St. | Wausau, WI

## December

### Program Guide & Newsletter

#### FOREVERWELL

## Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

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## The Landing Hours

<u>Monday-Friday</u>	<u>8:00am - 4:30pm</u>
<u>Saturday</u>	<u>9:00am - 1:00pm</u>

Thank you to Aspirus Health Plan for sponsoring the Shuttle Trips and our OATS Program in December. This generous support reduces the cost for our members, enhancing their ability to participate in these programs.



## How to Register for Programs:

Email: [memberservices@thelandingwausau.com](mailto:memberservices@thelandingwausau.com)

Call: 715-841-1855

Online: [thelandingwausau.com](http://thelandingwausau.com)

**In-Person:** Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. Registration for all programs is reserved for YMCA or Landing Social Members only.

*Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk*

Registration is required for all Programs & Events, with the exception of in-person Group Exercise.

# *Executive Directors Note*

## *Hat's Off to You! The Landing's Annual Celebration*

Greetings, Landing Members!

Over 150 guests joined us on Saturday, September 20th, for The Landing's Annual Celebration at the Elk's Lodge. This year's theme, "Hat's Off to You," inspired many to arrive in festive hats and party attire, setting the tone for an elegant and joyful evening.

Guests were welcomed into a beautifully decorated venue, thanks to the creative talents of Liz Froom-Kraay. Ray Kraemer played lovely piano music while guests enjoyed delicious hors d'oeuvres prepared by Landing staff members, Haley and Amber along with volunteer Liz Froom-Kraay.

Later in the evening, the dance floor came alive as George Houghton of Red Rail Redux spun classic hits that filled the ballroom with energy and fun. Three lucky attendees also took home exciting door prizes!

A heartfelt thank-you to our sponsors who made this event possible:

- **Presenting Sponsor:** WoodTrust
- **Gather Sponsors:** Aspirus Health and Ghidorzi Design Company
- **Move Sponsors:** Rennes Group and PAM Rehab
- **Grow Sponsors:** Cornerstone Caregiving and Hougum Law

Thanks to everyone's participation and generosity, the event raised \$15,973.05 — funds that will directly support programs and services at The Woodson YMCA and The Landing.

We truly tip our hats to all who helped make this wonderful evening a success!

*Julie, Landing Executive Director*



Registration is Required

Visit our Member Service Desk & Sign Up!



As construction approaches its final stages, we kindly request that all members remain mindful that some programs may need to be canceled or postponed. We will do our best to provide as much notice as possible. Thank you for your understanding!



### Meet the Author: Richard Olson

**Monday, December 1<sup>st</sup> at 9:00-9:45am in The Landing Tech Room**

Richard Olson reads from and discusses his book *The Last Reprisal: Where Memory and Betrayal Collide*. Hear his take on the process of writing his book, the challenges he met, and the inspiration for some of the scenes.



Special Interest

**Facilitator: Richard Olson | Cost: FREE**

### Alzheimer's Association Presents: Healthy Living for Your Brain & Body- Tips from the Latest Research

**Monday, December 1<sup>st</sup> at 10:00-11:00am in The Landing Tech Room**

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age.

Join us to learn about research in the areas of nutrition, exercise, cognitive activity and social engagement.

**Facilitator: Julie St. Pierre | Cost: FREE**

### Creative Cooking with Jackie- Tortilla & Lentil Soup with Pumpkin Flan

**Tuesday, December 2<sup>nd</sup> at 9:00-11:30am in The YMCA Multi-Purpose Room**

Warm up your culinary skills with this cozy cooking class featuring two flavorful favorites. In this hands-on session, you will learn how to build bold, comforting flavors from scratch.

Whether you are a beginner or a seasoned home cook, this class will equip you with practical techniques and tips for creating hearty soups and a festive, crowd pleasing dessert.



Special Interest

**Facilitator: Jackie Romero | Cost: \$25**

Registration is Required

Visit our Member Service Desk & Sign Up!

## CVA Guided Tour



**Tuesday, December 2<sup>nd</sup> at 11:00am-12:00pm at the CVA | 427 N. 4<sup>th</sup> St, Wausau**

Enjoy a guided tour of the Center for the Visual Arts, featuring "Soft, Steady, Sure", an exhibit that explores themes of resilience and quiet strength through contemporary works. Discover the stories behind the art and connect with creativity in a meaningful way.

**Facilitator: Madison Hager | Cost: FREE**

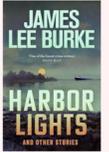
## Old Guys Book & BS Club

**Wednesday, December 3<sup>rd</sup> at 9:30-10:30am in The Landing Tech Room**

**Occurs on the 1st Wednesday of each month**

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read "Harbor Lights" by James Bourke for the December meeting. Spots are limited- Registration is required**

**Facilitator: John DeLaporte & Bill Pogge | Cost: FREE**



## Improvaholics- What's Your Line?

**Wednesday, December 3<sup>rd</sup> & 10<sup>th</sup> at 11:00am-12:00pm in The Landing Art Room**

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.

Expect plenty of laughs, unexpected twists and a change to build confidence and community.

**Facilitator: Anne Dibala & Kathryn Rieckhoff | Cost: FREE**



## Holiday Potluck at The Aspirus YMCA in WESTON

**Wednesday, Dec. 3<sup>rd</sup> at 11:30am-2:00pm in Studio C- Aspirus Weston Branch**

Celebrate the spirit of the season with friends, food, and festive cheer at our Holiday Potluck! This joyful gathering brings together members of our community to share favorite homemade dishes, swap stories, and enjoy a heartwarming afternoon of food, laughter, and togetherness.

Guests are invited to bring a dish to share — whether it's a family recipe, a sweet treat, or a savory holiday favorite.

Come for the food, stay for the friendship, and leave with wonderful memories to last all winter long!

**Facilitator: Tyler Leiskau | Cost: FREE**



Registration is Required

Visit our Member Service Desk & Sign Up!

## December Lunch at The Landing

**Wednesdays at 11:30am-12:00pm in The Landing Dining Room**

Join us every Wednesday for a homecooked meal. **Registration Deadline is 4:00pm on the Monday prior to the meal.** No refunds will be given after the registration deadline.

**December 3<sup>rd</sup> :** Beef Stroganoff with Eton Mess - **\$10**

**December 10<sup>th</sup> :** Ham & Scalloped Potatoes- **\$10**

**December 17<sup>th</sup> :** Marry Me Chickpeas with Chocolate Pudding- **\$10**

**December 24<sup>th</sup> :** Christmas Eve Brunch- **\$10**



**Facilitators: Haley Houghton & Amber Pender**

## Free Blood Pressure Check with MCW Students

**Wednesday, December 3<sup>rd</sup> at 12:30-2:30pm in The YMCA Multi-Purpose Room**

High blood pressure often has no symptoms but can lead to serious health risks. A quick check can make a big difference in your health.

Get checked by a Central Wisconsin Medical College student to learn your numbers and take the first step toward better health. These checks are open to all ages and no registration required

**Facilitator: Medical College of Wisconsin | Cost: FREE**

Health & Wellness



## Let's Create with U-Paint- Yuletide Knome- TWO DATES!

**Wednesday, Dec. 3<sup>rd</sup> at 12:30-2:30pm in The Landing Art Room OR**

**Wednesday, Dec. 10<sup>th</sup> at 12:00-2:00pm at in Studio C at ASPIRUS Weston YMCA**

Bring holiday cheer to life with our "Yuletide Gnome" Painting Canvas Craft! Perfect for all skill levels, easy to follow instruction with lots of festive holiday charm.

Join Briana LaVonne, owner of U-Paint and a seasoned art instructor with over 20 years of experience. You'll leave with a work of art but also a fun and memorable experience.

**Facilitator: Brianna LaVonne | Cost: \$25**

Special Interest



Registration is Required

Visit our Member Service Desk & Sign Up!

## Marshfield Lights- “Rotary Winter Wonderland”



**Wednesday, December 3<sup>rd</sup>- Meet at The Landing at 4:15pm for departure**

The Marshfield Rotary club is entering their 20<sup>th</sup> year of Rotary Winter Wonderland, a holiday lights display in Wildwood Zoo, Marshfield.

You will have just over an hour of free time to walk through the zoo on your own and see the stunning light exhibitions, animated displays and even SANTA! Upon leaving, the shuttle will then drive back through to see the display from another view.



We will NOT be stopping for dinner- some snacks will be available, but please plan accordingly.

**Registration Deadline: December 1<sup>st</sup> | Cancellation Deadline: November 21<sup>st</sup>**

**Facilitator: Halle Veenstra | Cost: \$15**

## Let’s Talk Volunteering- Community Volunteer Focus Group with Jenn



**Thursday, December 4<sup>th</sup> at 9:00-10:00am in The Landing Tech Room**

Join us for a guided group discussion focused on exploring members' perspectives on volunteering. This is a chance to share your experiences, reflect on any challenges or barriers you've faced, and offer insights on what motivates or hinders engagement. We'll also talk about what could make it easier and more appealing to get involved in meaningful volunteer opportunities. Your voice matters — and your input will help shape future programs that truly support and inspire participation



**Facilitator: Jenn Golbach | Cost: FREE**

## Soup-to-Go

**Friday, December 5<sup>th</sup> & 10<sup>th</sup> - Pick up begins at 10:00am**

Get your homemade soup and fresh baked bread during the fall & winter months. .

**Registration Deadline is 4:00pm on the Monday prior to the meal.**

No refunds will be given after the registration deadline.

**December 5<sup>th</sup> :** Tortellini Soup & Garlic Bread- **\$10**

**December 10<sup>th</sup> :** Clam Chowder with Garlic, Cheese & Herbed Bread- **\$10**



**Facilitators: Haley Houghton & Amber Pender**



# December Programs

## FOREVERWELL

Registration is Required

Visit our Member Service Desk & Sign Up!

### December Birthday Bash!

**Friday, December 5<sup>th</sup> at 11:30am-12:30pm in Landing Tech & Art Rooms**

Special Interest

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.



**Special Thank You to Culvers for helping sponsor our Monthly Birthday Bash!**

**Facilitator: Landing Staff | Cost: FREE**



**Pull out those Christmas Sweaters and wear them every Friday when you visit the Landing!**



### Packer Pizza Party!

**Sunday, December 7<sup>th</sup> at 11:30am- End of Game in the Landing Tech & Art Room**

Special Interest

Cheer on the Green Bay Packers as they take on the Chicago Bears with good friends, great pizza, and game-day spirit! Whether you're a lifelong fan or just in it for the snacks, this is the perfect way to kick back, connect, and enjoy some football fun.



Wear your green and gold! There'll be pizza, light refreshments, and lots of Packer Excitement!— because you're never too old for a touchdown celebration!

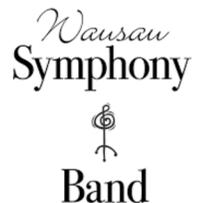
**Facilitator: Landing Staff | Cost: \$5**

### Wausau Symphony & Band- A Holiday Celebration

**Sunday, December 7<sup>th</sup> at 3:00pm at The First Presbyterian Church**

Special Interest

Join us this December as the Wausau Symphony & Band presents a heartwarming concert filled with the spirit of the season. Our orchestra's first performance of the season features a delightful mix of beloved holiday favorites and treasured orchestral classics. Whether you're returning for a seasonal tradition or discovering us for the first time, this festive program is sure to bring joy to all ages. Come celebrate the holidays with us — through the magic of live music!



**Facilitator: Wausau Symphony & Band | Cost: \$10**

# December Programs

FOREVERWELL

Registration is Required

Visit our Member Service Desk & Sign Up!

## OATS Program- FREE Technology Classes: Intro. to Facebook- Lecture

Monday, December 8<sup>th</sup> at 9:00-10:00am in The Landing Tech Room



Facebook is a free social networking website and app, that allows users to create profiles, share updates, photos, and videos, and connect with friends, family, and communities.



This program will cover basic features and general information about Facebook

**Facilitators: Debbie Dahlke & Barb Tesch | Cost: FREE | Registration Required**

## Intro to Curling with the Wausau Curling Club

Monday, December 8<sup>th</sup> at 1:00-3:00pm at The Wausau Curling Club  
1920 Curling Way, Wausau



Come out and Learn to Curl at The Wausau Curling Club. Instructors will demonstrate a variation called "Stick Curling" that eliminates the need to slide on the ice and is ideal for members with limited balance and mobility. Participants must wear CLEAN athletic shoes, a bike helmet is strongly advised and dress to be in a 38 degree environment for over an hour.



**Facilitator: Jean Drake | Cost: FREE**

## Honoring Choices- Quarterly Presentation & 1 on 1 Sessions

Tuesday, December 9<sup>th</sup> at 9:00-10:00am in The YMCA Multi-Purpose Room



Join Julie from Aspirus to learn about Advanced Care Planning, the process which helps you think, talk and write down your choices for future health care decisions. While it's not an easy topic to consider, it is important for every adult to have a Health Care Directive. You can also register for one of four 1 on 1 sessions with Julie to start the process.

**1 on 1 Sessions on Tuesday, Dec. 16<sup>th</sup>: 10:00am, 10:30am, 11:00am & 11:30am**

**Facilitator: Julie Berge | Cost: FREE**



Registration is Required

Visit our Member Service Desk & Sign Up!

### Holiday on the Rails: A Celebration of Trees & Trains



**Tuesday, December 9<sup>th</sup>- Meet at The Landing at 8:30am for Departure**

You're invited to revel in the enchantment of the holiday with the Festival of Trees at the National Railroad Museum in Green Bay. See dozens of uniquely decorated trees created by local businesses and organizations as you stroll through the historic railroad exhibits. Following the train ride we will head to the Depot in downtown Green Bay for lunch, before heading home.

**Registration Deadline December 4<sup>th</sup> | Cancellation Deadline: November 25<sup>th</sup>**

**Facilitator: Jean Drake | Cost: ~~\$40~~ \$30 Thanks to Aspirus Health Plan**

### OATS Program- FREE Technology Classes: Facebook Workshop



**Tuesday, December 9<sup>th</sup> at 9:00 OR 11:00 and in The Landing Tech Room**

In this workshop we will be doing some hands-on exploration of Facebook.



Participation is limited, so register soon.

**Facilitators: Debbie Dalhke & Barb Tesch | Cost: FREE | Registration Required**

### Social Singles- The Bar in Cedar Creek



**Tuesday, December 9<sup>th</sup> at 3:00-5:00pm at The Bar in Cedar Creek  
10302 Market St | Rothschild, WI**

Join us for a fun and relaxed gathering where you can meet fellow singles, make new friends, and enjoy great conversations in a welcoming atmosphere! Come sip, socialize, and share ideas for future meetups—we'd love to hear your suggestions for upcoming activities!

**Facilitator: Cheryl Johnson- Domino | Cost: FREE**

### Wings Grief- The Gift of Something Old, Something New and Something just to get you Through



**Tuesday, December 9<sup>th</sup> at 3:30-4:30pm in The Landing Tech Room**

When grief becomes a part of your holiday season it's easy to focus on what hurts. You know you can't go back to the "way it was". Anticipating change is a significant cause for holiday anxiety.

Join us and reflect on the preciousness of life each day and learn ways to cherish the gifts that give a sense of peace. **Registration must be done by calling**

**715-845-4159 or email [wingsgrief.org](mailto:wingsgrief.org)**

**Facilitator: Nan Zastrow | Cost: FREE**

Registration is Required

Visit our Member Service Desk & Sign Up!

## 2025 Jerry Ensemble Performance

**Wednesday, December 10<sup>th</sup> at 4:00-5:00pm in The Landing Tech & Art Rooms**

Join us for a festive holiday gathering with music, treats, and cheer!

Enjoy cookies and coffee while the talented Central Wisconsin Jerry Ensemble performs. These exceptional student vocalists, selected through auditions, represent various schools in the prestigious Jerry Awards program and showcase their skills in singing, acting, and dancing throughout the season.

**Facilitator: Lyssa Edwards- Grand Theater | Cost: FREE**



## Mind Body Spirit- Angel Series Classes

**Thursdays, December 11<sup>th</sup> & 18<sup>th</sup> at 9:30-11:15am in The YMCA Multi-Purpose Room**

Join Debby in these Mind Body & Spirit Angel Education Classes.

The Angel Series will run in the Mind Body & Spirit classes, September through December. See Flyer for Full Details

**Cancellation Deadline: 24 hours before session**

**Facilitator: Debby Krenz | Cost: \$17 per class**



## It's A Wonderful Life- At Fireside Theatre

**Friday, December 12<sup>th</sup>- Meet at The Landing at 6:40am for Departure**

Let's take a trip to The Fireside Theatre for the Holiday favorite, "It's a Wonderful Life.

The story of George Bailey & his wonderful life in Bedford Falls has brought hope & inspiration to every heart with its celebration of the goodness of all. Cost of the trip includes Lamers Bus ride, Tickets & lunch at Fireside and light snacks on the bus.

**Registration & Cancellation Deadline: November 12<sup>th</sup>**

**Facilitator: Amber Pender | Cost: \$175**

## Delores Kessel Presents: Cooking as a Tool for Strong Mental Health

**Friday, December 12<sup>th</sup> at 8:30-10:00am in The Landing Tech Room**

This presentation will discuss how cooking enhances mental health by reducing stress, fostering accomplishment, encouraging social connections, and serving as a creative outlet. It will also highlight the mental health benefits of seasonal cooking traditions and shared meals during the holiday season.

**Facilitator: Delores Kessel | Cost: FREE**



Registration is Required

Visit our Member Service Desk & Sign Up!

### Wausau Police Presents: Wausau Unhoused Community



**Monday, December 15<sup>th</sup> at 9:00-10:00am at the Marathon County Historical Society**

Tracy Rieger, a Community Outreach Specialist, will discuss the issues leading to homelessness and her goals for the unhoused community. The Wausau Police have added two officers to assist in addressing homelessness, with one joining Tracy to share progress made since summer. Register to learn more about the concerns surrounding homelessness in the community.



**Facilitator: Wausau Police Department | Cost: FREE**

### LiveStrong Informational Session



**Monday, December 15<sup>th</sup> at 11:00-12:00pm in The Landing Tech & Art Rooms**

LiveStrong at The YMCA is a FREE 12-week small group program designed for adult cancer survivors who have become de-conditioned or chronically fatigued from their treatment. LIVESTRONG provides individualized workouts, spirit of community, increases energy levels, improved body image, regain strength & balance, reduces stress & increases immunity.

Join Sara & Jay, YMCA LIVESTRONG Instructors to learn more about the program and how you can participate.

**Facilitator: Haley Houghton | Cost: FREE**

### Rick Lohr Presents: Vietnam: A Tour in 1999



**Wednesday, Dec. 17<sup>th</sup> at 10:00-11:00am at the Marathon County Historical Society**

Take a trip from Hanoi, Da Nang, My Lai, Hoi An, and Ho Chi Minh City. We will visit sites connected to the war, but also take note of Vietnam's history and beautiful scenery.

**Facilitator: Rick Lohr | Cost: FREE**

### Monthly Morning Meditation



**Wednesday, December 17<sup>th</sup> at 8:15-8:45am in The YMCA Multi-Purpose Room**

Start your day with calm and clarity. Join Debby Krenz for a monthly meditation session designed for both experienced meditators and those who are simply curious to give it a try.

Each session includes a brief introduction to the benefits of meditation, followed by guided practices you can continue at home. These sessions are free to attend and offer a peaceful, no-pressure way to begin your morning.

**Facilitator: Debby Krenz | Cost: Free**



# December Programs

FOREVERWELL

Registration is Required

Visit our Member Service Desk & Sign Up!

## Readers Group: Words, Meanings & Connections

Special Interest

**Wednesday, December 17<sup>th</sup> at 9:30-11:00am in The YMCA Multipurpose Room**

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life. This group is for any who likes to read. We will offer a safe place for authentic discussion.



**Facilitator: Bill Pogge & Susan Reetz | Cost: FREE**

## Glaser Dental Presents: Oral Hygiene & Why Now?

Health & Wellness

**Wednesday, December 17<sup>th</sup> at 11:30am-12:30pm in The Landing Tech & Art Room**

Join Karin and Kylee from Glaser Dental for an informative session on the importance of oral hygiene—especially as we age. Discover why oral health issues like dry mouth, new cavities, gum disease, and mouth sores can suddenly appear, even if you've had a healthy mouth your whole life. Learn when to seek second opinions and get your pressing questions answered in a relaxed, educational setting.



**Facilitator: Karin Vermack | Cost: FREE**

## Holiday Movie Marathon at the Aspirus Weston YMCA

Special Interest

**Wednesday, December 17<sup>th</sup> at 12:30-4:00pm in The Commons**

Get cozy and celebrate the magic of the holidays with a double feature of two beloved classics — It's a Wonderful Life and Elf! Join us for an afternoon filled with laughter, nostalgia, and heartwarming moments that remind us what the season is all about.

We'll start with Frank Capra's timeless masterpiece, It's a Wonderful Life, a touching story about love, kindness, and the difference one person can make.

Then, we'll lighten things up with Elf, the modern holiday favorite starring Will Ferrell, guaranteed to bring smiles and a few belly laughs!



**Facilitator: Tyler Leiskau | Cost: FREE**



Registration is Required

Visit our Member Service Desk & Sign Up!

## A Christmas Journey- From the Manger to The Mansion



**Thursday, December 18<sup>th</sup> - Meet at The Landing at 9:00am for Shuttle Departure**

Our first stop will be the Algoma Boulevard United Methodist Church to see their vast collection of nativity scenes. This is one of the largest displayed collections in the world. Next, we will head to Fox River Brewing Company for lunch. Finally, a visit to the Paine Mansion to relish in the spirit of Christmas through their Nutcracker themed exhibition.

**Registration & Cancellation Deadline: November 16<sup>th</sup>**

**Facilitator: David Landretti | Cost: ~~\$75~~ \$35 Thanks to Aspirus Health Plan!**

## Bingo at The Landing



**Thursday, December 18<sup>th</sup> at 1:00-2:30pm in The Landing Tech & Art Room**

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Special Thanks  
Trivia Sponsor



**Facilitator: Pat Kluz | Cost: FREE**

## Team Trivia Smackdown



**Friday, December 19<sup>th</sup> at 11:30am-1:00pm in The Landing Tech & Art Rooms**

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today. **December Theme- Wear your best Ugly Sweater for extra points!**

Special Thanks  
Trivia Sponsor



**Facilitator: Maryellen Marnholtz | Cost: FREE**

## Ho-Chunk Gaming Casino Trip



**Friday, December 19<sup>th</sup> - Ho-Chunk Shuttle departs from parking lot A at 1:15pm**

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

**Facilitator: Kathryn Boettcher | Cost: FREE**



Registration is Required

Visit our Member Service Desk & Sign Up!

## Leigh Yawkey Art Museum- Framing Focus: Materials, Mats & More

Special Interest

**Friday, December 19<sup>th</sup> at 12:30-1:30pm at Leigh Yawkey Art Museum**

Enjoy coffee, snacks, and conversation while learning how framing choices can enhance and protect artwork. Explore different matting, glazing, and molding materials up close, and discover how professionals make decisions that complement color, scale, and style. Whether you're preserving family photographs or displaying original art, this relaxed, hands-on session offers insight into the art and craft of framing

**Facilitator: Bill Pogge & Susan Reetz | Cost: FREE**

## New Member Welcome Session

Educational

**Monday, December 22<sup>nd</sup> at 11:30-12:30pm in The YMCA Multi-Purpose Room**

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer, for an informal coffee chat about what The Landing has to offer, how to register for programs and get a tour of The Landing and the YMCA.



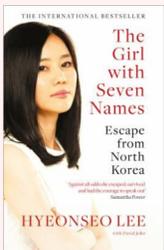
**Facilitator: Pat Kluz | Cost: FREE**

## Book Club

Social Clubs & Groups

**Monday, December 22<sup>nd</sup> at 11:30am-12:30pm in The YMCA School Age Room**  
***Occurs on the 4th Monday of each month***

Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"The Girl with Seven Names"** by David John & Lee Hyeon-Seo for December's meeting.



**Facilitator: Connie Heidemann | Cost: FREE**



# Christmas Hours

**Christmas Eve: 8:00am-12:00pm**  
**Christmas Day- Closed**  
**Friday, Dec. 26<sup>th</sup>- Normal Hours**



Registration is Required

Visit our Member Service Desk & Sign Up!

## Coffee with The Landing Staff

**Monday, December 29<sup>th</sup> at 9:00-10:00am in The Landing Tech Room**

Health & Wellness

The Landing Staff will be present in the Tech Room for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.

**Facilitator: Landing Staff | Cost: FREE**

## Edward Jones Presents: Charitable Giving & Your Financial Strategy Seminar

**Tuesday, December 30<sup>th</sup> at 11:00-12:00pm in The Landing Tech Room**

Educational

Join Edward Jones for an informative seminar exploring how charitable giving can be a meaningful part of your overall financial strategy. Learn how to align your philanthropic goals with smart financial planning to maximize impact—for both the causes you care about and your long-term financial well-being.

**Facilitator: Paul Dau, CFP | Cost: FREE**

## Rennes Group Presents: Winter Walking Tips

**Wednesday, December 31<sup>st</sup> at 10:00-11:00am in The Landing Tech Room**

Educational

This presentation highlights the mental health benefits of winter walking, offering tips for safety and comfort in cold weather, such as appropriate clothing and navigating slippery conditions. It will also explore how winter walks can reduce stress, enhance mood, improve focus, and serve as mindfulness therapy. Attendees will learn to maximize the benefits of winter walking for both physical and mental well-being.

**Facilitator: Rennes Group | Cost: FREE**

## New Years Party!

**Wednesday, December 31<sup>st</sup> at 10:00-11:30am in The Landing Dining Room**

Special Interest

Gather 'round to bid farewell to 2025 and roll out the red carpet for 2026! Join us for some delightful nibbles and a bubbly toast at 11:30 a.m. Cheers to the New Year!

2026



**Facilitator: Landing Staff | Cost: FREE**



# HOLIDAY MOVIE MARATHON

December 22<sup>nd</sup>  
from 10:00am- 4:00pm  
The Landing Tech Room

*The Landing*

**Rudolph the Red Nose Reindeer (1964)**- A young reindeer Rudolph lives at the North Pole. His father is one of Santa's reindeer and it is expected that Rudolph will eventually be one too. However, he has a feature which is a setback and causes him to be ostracized: his red nose.

**A Christmas Carol (1999)**- An bitter old miser who makes excuses for his uncaring nature learns real compassion when three ghosts visit him on Christmas Eve.

**The Santa Clause (1994)**- When a man inadvertently makes Santa fall off his roof on Christmas Eve, he finds himself magically recruited to take his place.

**Miracle of 34<sup>th</sup> Street (1947)**- After a divorced New York mother hires a nice old man to play Santa Claus at Macy's, she is startled by his claim to be the genuine article. When his sanity is questioned, a lawyer defends him in court by arguing that he's not mistaken.

**Cushions, lunch, and snacks  
encouraged for movie time!**



**Oona will bring popcorn & Nutty  
Buddies for all but feel free to bring  
Holiday snacks to share!**

## Program Cancellation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible.

### For programs with a fee:

- Cancellations made before the registration deadline will receive a full refund.
- Cancellations made after the registration deadline are not guaranteed a refund.

**If you notify The Landing at least two (2) business days prior to the program or event, staff will attempt to fill your spot from the program's waiting list.**

- If your spot is successfully filled, you will receive a credit or refund.
- If your spot cannot be filled, no credit or refund will be issued.

Please note: The Landing reserves the right to modify this policy at any time. For refunds over \$20, a credit card reimbursement or check request can be issued; however, processing may take up to 10 business days. **Note:** The Landing reserves the right to modify this policy at any time.

# Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Movie Mondays

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### Every Monday in The Landing Tech Room at 12:45-3:30pm

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!

**December 1<sup>st</sup>:** Coda | **December 8<sup>th</sup>:** The Prize Winner of Defiance, Ohio  
**December 15<sup>th</sup>:** My Oxford Year | **December 22<sup>nd</sup>:** Christmas Movie Marathon  
**December 29<sup>h</sup>:** Morning Glory

## Kings in The Corner

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### Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only 1 deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. **Beginners Welcome!**

## American Mahjong

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### Mondays & Fridays at 12:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

## Monday Bridge (Closed Group)

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### Mondays at 1:00-3:00pm in The YMCA School Age Room

No openings for new players

## Euchre

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### Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

## Tuesday Crafters

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### Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!

## Scrabble!

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### Tuesdays at 2:00-4:00pm in The Landing Game Room

Come join your friends at The Landing for a fun game of Scrabble!  
This is a non-judgmental, fun time to come and play.

Registration is Required

Visit our Member Service Desk & Sign Up!

## Mexican Train

**Tuesdays at 12:30-3:30pm in The Landing Dining Room**

Games

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.

## Hand and Foot

**Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room**

Games

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

## Advanced Chicago Style Bridge

**Wednesdays at 9:00-11:30am in The YMCA School Age Room**

Games

Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

**Leader: Jean Burgener**

## Cribbage

**Wednesdays at 1:00-3:00pm in The YMCA School Age Room**

Games

Come play Cribbage with new friends and old at The Landing- every Wednesday!

## Fun Bridge

**Fridays at 10:00am-12:00pm in The Landing Game Room**

Games

Beginner Bridge players are invited to play Bridge every Wednesday.

## Sheepshead

**Fridays at 1:00-3:00pm in The YMCA School Age Room**

Games

All levels of players are welcome, even beginners

