

February

Program Guide & Newsletter



Woodson YMCA
707 N 3rd St, Wausau WI

The Landing

Social & Activities Center
for Members 55+



The Landing Hours

Monday-Friday
8:00am - 4:30pm
Saturday
9:00am - 1:00pm

Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

To register for programs, visit the Receptionist Desk at the Landing or the Member Services Desk at the Wausau or Aspirus Branches.

For multi-session programs, register before the first meeting and attend from the start. Closed registrations are indicated in the program description and fees are listed where applicable, and registration is exclusive to YMCA or Landing Social Members.

Financial Assistance is available through Community Supported Memberships (CSM) for qualifying members; schedule an appointment at the Member Services Desk to apply.

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Program Cancellation Policy

Program registrations are necessary to secure your spot. If you can't attend, contact The Landing at 715-841-1855 promptly.

For fee-based programs:

- Full refunds for cancellations before the registration deadline.
- No guaranteed refunds after the deadline.

Notify The Landing at least two business days in advance to attempt filling your spot from the waiting list if one exists:

- If filled, you will receive a credit or refund.
- If not filled, no credit or refund is issued.

The Landing can modify this policy anytime. Refunds over \$20 may take up to 10 business days for processing.

Thank you to Aspirus Health Plan for sponsoring the Shuttle Trips and our OATS Program in January. This generous support reduces the cost for our members, enhancing their ability to participate in these programs.



February Programs

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

Children's Imaginarium Presents: Senior Science

**Monday, February 2nd at 10:00am-
12:00pm at The Children's Imaginarium
195 N 2nd St | Wausau, WI**

Join in an interactive, two-hour program on educational robotics, where participants will learn coding and programming through hands-on experiences with Bee-Bots, Ozobots, and Dash Robots. Each participant will get one-on-one time with these devices to develop coding and problem-solving skills. The session concludes with a guided tour of the Children's Imaginarium and light refreshments.



Facilitator: Ben Natzke
Members: FREE

Elder-Care Adult Daycare Senior Care Navigation Series

**Monday, February 2nd at 11:00am-12:00pm
in The Landing Enrichment Room**

As we age, our needs evolve unexpectedly. This session provides insights on aging support, decision-making autonomy, and practical steps for safety and independence. It serves as a friendly guide to help you understand your options, ensuring you feel prepared rather than overwhelmed.



Facilitator: Zoey Vecellio
Members: FREE

Moving for Better Balance

**Mon. & Wed. Jan. 19th-April 8th at 2:00-
3:00pm in The YMCA Group Exercise Studio**

Moving for Better Balance is a research-based balance training program using simple rhythmic Tai Chi exercises. This program is designed for older adults at risk of falling & people with balance disorders. This program will help increase leg strength, improve balance, challenge your limits of stability and will help you catch your balance when you fall. **Registration is Closed**

Facilitator: Becky Zelent
Members: \$60

Creative Cooking with Jackie- Dinner for Two

**Tuesday, February 3rd at 9:00-11:30am in
The YMCA Multi-Purpose Room**

Join Jackie while she creates a beautifully balance dinner for two- Pasta with Shrimp, Fresh Salad and Dubai Chocolate.

Throughout the class, Jackie shares creative cooking tips, time-saving techniques and plating ideas to help you cook with confidence and style.



Facilitator: Jackie Romero
Members: \$25

February Programs

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The Last Reprisal- Discussion Session with Richard Olson

**Tuesday, February 3rd at 10:00-11:00am in
The Landing Fireside Room**

Join us for an engaging discussion of Richard Olson's new novel, *The Last Reprisal*. This chat allows readers to explore characters, themes, and plot twists after reading the book. Richard will answer questions and share insights about his writing process and inspirations. It's a great opportunity to reflect on the book and connect with fellow readers. Come prepared to discuss and share your thoughts!



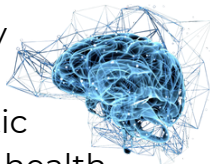
Facilitator: Richard Olson

Members: FREE

7-Week Boost Your Brain & Memory with the ADRC

**Tuesdays, Jan. 6th-Feb. 17th at 1:00-2:30pm
in The Landing Enrichment Room**

Boost your brain & memory in an evidence based program that takes a holistic approach to improve brain health. Boost your Brain & Memory is a multidimensional program designed to promote cognitive health through lifestyle factors. Registration is closed for this program.



Facilitator: Jennifer Thompson

Members: FREE

Live Literature- Ambitious Women & Power

**Tuesdays, Feb. 3rd-March 17th at 1:00-
2:30pm- The YMCA Multi-Purpose Room**

Join retired professors Sarah Rudolph and Bob Davis for a reading of two significant plays: "Top Girls" by Caryl Churchill and "Wit" by Margaret Edson. Both plays explore ambitious women navigating oppressive systems and betrayal. Churchill critiques the emotional costs of capitalist feminism, while Edson emphasizes lost dignity in intellectual and medical fields. Together, they argue that success without empathy causes fragmentation. This event promises engaging discussions on women's challenges and the vision of a world where ambition and care coexist.

Facilitator: Sarah Rudolph & Bob Davis

Members: \$25

Old Guys Book & BS Club: "Poverty, by America"

**Wednesday, February 4th at 9:30-
10:30am in The Landing Fireside Room**

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. Please read "Poverty, by America" by Matthew Desmond for the February meeting.



Spots are limited- Registration is required

Facilitator: John DeLaPorte & Bill Pogg

Members: FREE

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Improvaholics: What's Your Line

Wednesday, February 4th & 11th at 10:30-11:30am in The Landing Fireside Room

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.



Expect plenty of laughs, unexpected twists and a change to build confidence and community.

Facilitator: Anne Dibala & Kathryn Rieckhoff
Members: FREE

Games at Weston Aspirus YMCA

Wednesday, February 4th at 11:00am-3:00pm in the Aspirus YMCA Studio C

Come join us for an afternoon of fun, laughter, and friendly competition! Our monthly Game Day is the perfect way to stay active, engaged, and connected with others.



Enjoy classic favorites like mah-jong, cribbage, Scrabble, and a variety of card games—or bring your own suggestions to share with the group.

Facilitator: Tyler Leiskau
Members: FREE

February Lunch at The Landing

Wednesdays at 11:30am in The Landing Kitchen

Feb. 4th: Triple Meat Sandwich- \$10

Feb. 11th: Beef Wellington- \$15

Feb. 18th: Winter Kale Salad- \$10

Feb. 25th: Chicken Pot Pie- \$10

Registration closes at 4:00pm the Monday Prior to lunch. No refunds will be given for cancelations after the deadline.

Facilitator: Haley Houghton & Amber Pender

Let's Create with U-Paint: Winter Birch

Wednesday, February 4th at 12:30-2:30pm in The Landing Fireside Room

Join a cozy winter painting adventure and unleash your inner Bob Ross! In this beginner-friendly class, you'll create a beautiful Winter Birch landscape step-by-step with guidance from Briana LaVonne, a seasoned instructor. Enjoy a relaxed and fun creative experience while painting and unwinding.



Facilitator: Brianna LaVonne
Members: \$25

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GI Associates Presents: Food as Medicine

**Wednesday, February 4th at 12:30-1:30pm
in The Landing Enrichment Room**

A healthy gut helps your entire body work better, and what you eat plays an important role. Join Veronika Gagovic, MD for an informative talk on how food can support digestion, energy, immunity and health as we age. Learn simple, practical ways to use food as a tool to support your gut & improve overall wellbeing.

**Facilitator: Carla Rhyner &
Veronika Gagovic, MD**
Members: FREE



Aspirus Health Presents: Hospice Care & Philosophy

**Thursday, February 5th at 12:00-1:00pm in
The Landing Enrichment Room**

The hospice education program aims to equip healthcare professionals, caregivers, & community members with an understanding of hospice care. It covers the philosophy, eligibility, interdisciplinary care team, pain management, emotional support, & family roles in end-of-life care. Participants will learn to enhance the quality of life for patients with life-limiting illnesses & support their families through compassionate, person-centered care.

Facilitator: Heidi Kraege
Members: FREE

February Birthday Bash

**Friday, February 6th at 11:30am-12:30pm
in The Landing Enrichment Room**

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

**Special Thank You to Culvers
for helping sponsor our Monthly
Birthday Bash!**

Facilitator: Landing Staff & Volunteers
Members: FREE



Evey Lane Cookie Decorating

**Friday, February 6th at 12:00-2:00pm in
The Landing Fireside Room**

Come join Halie for a sweet and creative cookie-decorating adventure! No baking required —just pure fun as you learn how to flood and decorate adorable spring-themed cookies, all provided by Halie. Whether you're a beginner or just love getting creative, this hands-on class is the perfect way to hop into the spring season with colorful designs, tasty treats, and plenty of smiles

Facilitator: Halie- Owner of Evey Lane
Members: \$35



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PAM Rehab Presents- Coffee Talk

**Monday, February 9th at 10:00-11:00am
in The Landing Enrichment Room**

Enjoy a warm cup of coffee and a meaningful conversation on rehabilitation health and recovery with Megan. This informal session is designed to support patients, caregivers, and community members with practical tips and insights into the rehabilitation journey.



Facilitator: Megan Schroeder
Members: FREE

Rick Lohr Presents: Bangkok & Thailand: A Journey Through Beauty, Culture & Crisis

**Tuesday, February 10th - Fireside Room &
Wednesday February 18th - Enrichment
Room at 10:00-11:00am**

Join us for a revealing exploration of Thailand during the 2011 floods, featuring firsthand experiences from Brian Heidel, head of Southeast Asia USAID, and his wife, Goy. We will delve into Thai Buddhist traditions, vibrant culture, rich history, and the complex political landscape. Additionally, we will highlight Christopher G. Moore's work, which captures Bangkok's essence through his bestselling novels. Discover a beautiful and resilient Thailand, full of culture and intrigue.



Facilitator: Rick Lohr
Members: FREE

Social Singles- Palm's Supper Club

**Tuesday, February 10th at 3:00-5:00pm
5912 US-51 BUS | Weston, WI**

Join us for a relaxed gathering to meet singles, make friends, and enjoy conversations in a welcoming atmosphere. Share ideas for future meetups while sipping and socializing—we'd love your suggestions!

Facilitator: Cheryl Johnson-Domino
Members: FREE

Wings Grief- Letting Go of the Grief without letting go of the love

**Tuesday, February 10th at 3:30-4:30pm
in The Landing Fireside Room**

After losing a loved one, it's common to feel overwhelmed and reluctant to "let go." Grief highlights the enduring love we hold, which remains powerful despite their absence. Letting go doesn't mean forgetting; love transcends death and continues to impact our lives. The program explores three types of connections that influence us through life and death, emphasizing that it's okay to cherish memories and hold on to love, rather than rushing to heal.



To register please call Nan at 715-548-4159.
Facilitator: Nan Zastrow
Members: FREE

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Valentine's Puzzle Challenge

Wednesday, February 11th at 1:00-3:00pm in The Landing Fireside Room

Celebrate Valentine's Day with the Valentine's Puzzle Challenge, where pairs race to complete a 500-piece puzzle within two hours. It's a fun test of teamwork, cooperation, and friendly competition, suitable for all skill levels. Prizes will be awarded to the winners. Are you ready to piece together victory?



Facilitator: Casey Waldvogel
Members: \$7 per person

Bingo! at Weston Aspirus YMCA

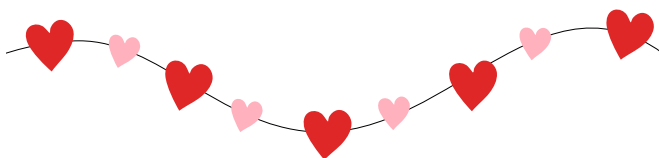
Wednesday, February 11th at 1:30-3:00pm in the Aspirus YMCA Studio C

Enjoy a fun afternoon filled with cheerful chatter, lucky charms and a chance to yell that magic word: BINGO!



In order to participate, please bring a small prize from the dollar store.

Facilitator: Pat Kluz
Members: FREE



Mead Wildlife Area Presents: Nature Education & Exploration

Thursday, February 12th - meet The Landing at 8:30am for Departure

Join us as we explore the breathtaking Mead Wildlife Area, a vast 33,000-acre state wildlife area. Participate in an engaging learning experience by Mead's nature educators, featuring "The History of Snowshoes".

Then LET'S GET OUTSIDE. We will enjoy a winter hike. **Dress for the Weather!** Snowshoes & Trekking poles will be available for use.

Reg. Deadline: Feb. 9th
Canc. Deadline: Feb. 2nd
Facilitator: Sam DeRoche
Members: \$15



Mind Body & Spirit: Forgiveness

Thursday, February 12th & 19th in the YMCA Multi-Purpose Room

Forgiveness is a challenging yet transformative emotional practice. Holding onto resentment can hinder growth and healing. This lecture covers the importance of releasing unforgiveness and introduces Ho'oponopono, a Hawaiian forgiveness ritual that enhances personal well-being. Participants will engage with video teachings, discussions, and reflections to understand the life-changing effects of forgiveness.

Facilitator: Debby Krenz
Members: \$17 per session

February Programs

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Loretta Presents: Practical Wisdom for Everyday Life

**Thursday, February 12th, 19th & 26th at
10:30-12:00pm in The Landing Fireside Room**

Life's challenges can help us grow in wisdom. What gems of wisdom have you gained from life experiences? Come and explore more about wisdom, knowledge put to good use. Sign up for one or all 3 classes.



February 12th: What we Focus on Grows

February 19th: Intuition, Inspiration, Vision

February 26th: What's written in the Human Heart

Facilitator: Loretta Ulmschneider

Members: \$5 per class

Delores Kessel Presents: Social Media and Self-Care

**Friday, February 13th at 8:30-11:00am in
The Landing Fireside Room**

This month's topic is about using social media as a method for supporting mental health and wellness. It will include listing reputable sources people can use on social media that can enhance self-care practices and coping skills. It will discuss how to determine if an internet resource is a reputable resource



Facilitator: Delores Kessel

Members: FREE

Soup-to-Go

**Friday, February 13th & 27th- Pick-up
begins at 10:00am in The Landing Kitchen**

Get your homemade soup and fresh baked bread during the fall and winter months.



**Registration Deadline is 4:00pm
the Monday prior to the meal.** No refunds will be given after the registration deadline.

Feb. 13th: French Onion with Classic Bread

Feb. 27th: Shrimp Curry with Garlic Bread

Facilitator: Haley Houghton & Amber Pender

Members: \$10

OATs- FREE Technology Program: Lecture

**Monday, February 16th at 10:00-11:00am in
The Landing Fireside Room**

Join us for an introductory class on essential privacy tips! We'll cover how online ads target users, ways to limit tracking, browser settings, and extensions for better information control. Additionally, we will discuss password managers and their security benefits. Learn to enhance your internet privacy!



Facilitator: Barb Tesch & Debbie Dahlke

Members: FREE

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Collette Pre-Departure Meeting- Southern Italy & Sicily

**Tuesday, February 17th at 8:30am-10:00am
in The Landing Enrichment Room**

Ciao! Persons that will be traveling with the Landing to the upcoming trip to Southern Italy & Sicily will want to attend this meeting with Collette Travel.

We will be going over the Trip Itinerary and will also discuss some tips and tricks for traveling to this location.

Facilitator: Katie Ganshert

Members: FREE



OATs- FREE Technology Program: Workshops

**Tuesday, February 17th at 9:00am OR
11:00am in The Landing Fireside Room**

The internet offers vast resources, but locating specific information can be challenging. This hands-on workshop will teach effective search techniques, how to evaluate results, and how to search reliable sites using iPads.

Enhance your online search skills to find accurate information and topics. Registration is required, and spots are limited, so sign up soon!

Facilitator: Barb Tesch & Debbie Dahlke

Members: FREE



Collette 2026 & 2027 Travel Show

**Tuesday, February 17th at 10:15am-12:00pm
in The Landing Enrichment Room**

Join Katie, our Collette Travel Representative as we highlight the last two tours we have planned in 2026- *Iceland's Magical Northern Lights Discovery* & *Christmas Markets of Montreal & Quebec City*.



Katie will also highlight the first two tours we have planned for 2027- They will be announced at this meeting! You don't want to miss it.

Facilitator: Katie Ganshert

Members: FREE

Monthly Morning Meditation

**Wednesday, February 18th at 8:15-8:45am
in The Landing Fireside Room**

Start your day with calm and clarity by joining Debby Krenz for monthly meditation sessions, suitable for both experienced meditators and beginners. Each free session includes an introduction to meditation benefits and guided practices for home use, providing a peaceful way to begin your morning.

Facilitator: Debby Krenz

Members: FREE

February Programs

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Readers Group

**Wednesday, February 18th at 9:30-11:00am
in The YMCA Multi-Purpose Room**

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life. This group is for any who likes to read. We will offer a safe place for authentic discussion.



Facilitator: Bill Pogge & Sue Reed

Members: FREE

Movie Wednesday at Aspirus Weston YMCA

**Wednesday, February 18th at 12:30pm in
the Weston YMCA Commons**

Come join us for an afternoon at the YMCA cinema for the showing of *The Proposal*.

The Proposal: The Proposal is a romantic comedy about a tough book editor who fakes an engagement to her assistant to avoid deportation. When they travel to his family's home in Alaska to prove the relationship is real, their pretend romance turns into genuine love.



Facilitator: Tyler Leiskau

Members: FREE

Medicare 101- Understanding the Basics

**Wednesday, February 18th at 1:00-2:00pm
in The Landing Enrichment Room**

This introductory lecture provides a thorough overview of Medicare, including eligibility, enrollment timelines, and the various parts: Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage), and Part D (Prescription Drug Coverage). It also covers supplemental insurance (Medigap), common costs (premiums, deductibles, copayments), and coordination with other coverage, equipping attendees with essential knowledge for informed healthcare decisions.

MEDICARE



Facilitator: Clay Marketing

Members: FREE

Terry Howard Live Music

**Wednesday, February 18th at 1:00-2:00pm
in The Landing Fireside Room**

From Rock & Roll to Country Gold —
Terry Howard Live

Enjoy a relaxing afternoon of live music with Terry Howard, featuring classic rock & roll and classic country favorites. Sing along to familiar tunes, tap your toes, and enjoy a fun, laid-back concert filled with great music and memories.



Facilitator: Terry Howard

Members: \$5

February Programs

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Bubbles to Barrels: Tours & Tasting

Thursday, February 19th - meet The Landing at 7:30am for departure

This isn't your average road trip. We're starting with the sweet fizz of the Museum of Root Beer in Wisconsin Dells, then heading to Driftless Glen Distillery in Baraboo for a Distillery Tour. Expect great good, memorable drinks & plenty of laughs as we explore two iconic sides of Wisconsin's beverage culture.



Cost of the trip includes shuttle ride & tour tickets.

Facilitator: David Landretti

Members: \$88 Reduced to \$60 Thanks to Aspius Health Plan

Bingo in The Landing

Thursday, February 19th at 1:00-2:30pm in The Landing Enrichment Room

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.



Thank you to Cornerstone caregiving for sponsoring Bingo every month.

Facilitator: Pat Kluz

Members: FREE

Team Trivia Smackdown

Friday, February 20th at 11:30am-12:30pm in The Landing Enrichment Room

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Thank you to Cornerstone Caregiving for sponsoring Bingo every month

Facilitator: Maryellen Marnholtz

Members: FREE

Coffee with The Landing Staff

Monday, February 23rd at 9:00-10:00am in The Fireside Room

The Landing Staff will be present in the Tech Room for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.



Facilitator: Landing Staff

Members: FREE

February Programs

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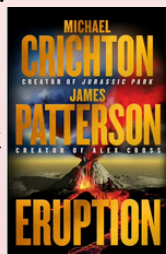
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Book Club

Monday, February 23rd at 11:30am-12:30pm in The Landing Fireside Room

Our book club is led by Connie Heidemann with Marathon County Literacy.

All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book.



Please read **“Eruption”** by **Michael Creighton & James Patterson** for February’s meeting.

Facilitator: Connie Heidemann
Members: FREE

Fox River Mall Shuttle Trip

Tuesday, February 24th meet at The Landing at 8:15am for departure

Let’s go shopping! Fox River Mall is the largest shopping mall in northeast Wisconsin. It hosts over 18- stores and 20 different eating venues. Register soon- seats on the shuttle are limited.



Reg. Deadline: Feb. 20th
Can. Deadline: Feb. 10th
Facilitator: Harley Peterson
Members: \$28

New Member Welcome Session

Monday, February 23rd at 11:30am-12:30pm in The Landing Enrichment Room

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer for an informal coffee chat about what The Landing has to offer, how to register for programming and get a tour of The Landing and The YMCA.

Facilitator: Pat Kluz
Members: FREE

W E L C O M E

Rennes Group Presents: Fraud Protection

Wednesday, February 25th at 10:00-11:00am in The Fireside Room

Join the Rennes Group for a session on fraud prevention, covering prevalent scams, warning signs, and proactive measures to protect your personal information. Gain practical tips and real-life examples to help you stay vigilant and reduce your risk of falling victim to fraud.



Facilitator: Michaela Block
Members: FREE

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Marathon County Historical Society Presentation

**Thursday, February 26th at 1:00-2:00pm in
The Landing Enrichment Room**

How and why did the south west side of Wausau come into being? How did it develop? What is the character of the neighborhoods that emerged there? Join us for this presentation that takes a look at the history of the area south of Thomas Street and try to answer these questions.



Facilitator: Ben Clark

Members: FREE

Ho- Chunk Gaming Casino Trip

**Friday, February 27th - Shuttle Departs
from Parking Lot A at 1:15pm**

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette.

Facilitator: Kathryn Boettcheer

Members: FREE

SPECIAL Note

We are thrilled to announce our relocation to a new space.

We kindly ask that members keep an eye out for any potential changes to programming that may arise. Updates regarding these changes will be posted at the front desk upon your arrival at The Landing, with the most frequent adjustments likely occurring in game locations.

Thank you for your cooperation.

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Movie Monday

Mondays at 1:00pm in The Landing Enrichment Room

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Fireside Room.

Feb. 2nd: Elephant Man | **Feb. 9th:**

Dantes Peak | **Feb. 16th:** Milago
Beanfield War | **Feb. 23rd:** Three
Billboards outside Ebbing, Missouri

Facilitator: Oona Younger

Members: FREE

Monday Bridge (Closed Group)

Mondays at 1:00-3:00pm in The Landing Fireside Room

This group is not open to new members.

Euchre

Tuesdays at 10:00am-12:00pm in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

Kings in The Corner

Mondays & Thursdays from 11:00- 12:30pm in The Landing

This game uses one deck of cards for 4-5 players. Players aim to discard cards in a solitaire-style layout of 8 piles, alternating red and black in descending order, starting from Kings in the corners. Aces are low, and beginners are welcome!

Tuesday Crafters

Tuesdays at 12:00-2:00pm In The Landing Fireside Room

Join friends to work on your craft project! Bring your unfinished work for motivation and enjoy the company of fellow crafters, while also picking up useful tips and tricks.

American Mahjong

Mondays & Fridays at 12:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

Scrabble

Tuesdays at 2:00-4:00pm in The Landing Dining Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

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Mexican Train

**Tuesdays at 12:30pm-3:30pm in
The Landing Dining Room**

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.

Hand and Foot

**Tuesdays at 12:30-3:00pm & Fridays at
10:30-1:00pm in The Landing Game
Room**

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Advance Chicago Style Bridge

**Wednesdays at 9:00-11:30am in The
Landing Enrichment Room**

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

Cribbage

**Wednesdays at 1:00-3:00pm in The
Landing Enrichment Room**

Come join your friends at The Landing for a fun game of Scrabble! This is a non-judgmental, fun time to come and play.

Laughter Club

**Thursdays at 10:00-11:00am in
The Landing Enrichment Room**

Laughter Club offers a fun and uplifting experience where members engage in laughter exercises through charades, improv, storytelling, and humor.

Fun Bridge

**Fridays at 10:00am-12:00pm in The
Landing Fireside Room**

Beginner Bridge players are invited to play Bridge every Wednesday.

Sheepshead

**Fridays at 1:00-3:00pm in The Landing
Fireside Room**

All levels of players are welcome, even beginners

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Utilize this checklist as a helpful guide for the programs you wish to enroll in. Simply circle or highlight the programs you wish to register for and bring it to the Landing Staff for registration.

- Children's Imaginarium Program
- Elder-Care- Senior Care Series
- Creative Cooking with Jackie
- Richard Olson Book Discussion
- Live Literature
- Old Guys Book & BS Club
- Improvaholics
- Games at Weston YMCA
- Let's Create with U-Paint
- GI Associates Presentation
- Aspirus Health- Hospice Care
- Birthday Bash
- Evey Lane Cookie Decorating
- PAM Rehab- Coffee Talk
- Rick Lohr Presents Thailand
- Social Singles
- Wings Grief
- Valentines Puzzle Challenge
- Bingo! at Weston YMCA
- Mead Wildlife Shuttle Trip
- Mind Body Spirit
- Practical Wisdom
- Delores Kessel Presentation
- OATS- Free Tech Classes/Workshop
- Collette Travel Show
- Monthly Morning Meditation
- Bubbles & Barrels- Shuttle Trip
- Bingo at The Landing
- Team Trivia Smackdown
- Coffee With Landing Staff
- Book Club
- New Member Welcome Session
- Fox River Mall Shuttle Trip
- Rennes Group Presentation
- Marathon County Historical Society
- Ho-Chunk Casino Trip