

# February

## Program Guide & Newsletter

the YMCA

**FOREVERWELL®**

**Woodson YMCA**  
**707 N 3<sup>rd</sup> St, Wausau WI**

# The Landing

**Social & Activities Center  
for Members 55+**



## The Landing Hours

**Monday-Friday**

8:00am - 4:30pm

**Saturday**

9:00am - 1:00pm

## Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

## How to Register for Programs:

Email: [memberservices@thelandingwausau.com](mailto:memberservices@thelandingwausau.com)

Call: 715-841-1855

Online: [thelandingwausau.com](http://thelandingwausau.com)

To register for programs, visit the Receptionist Desk at the Landing or the Member Services Desk at the Wausau or Aspirus Branches.

For multi-session programs, register before the first meeting and attend from the start. Closed registrations are indicated in the program description and fees are listed where applicable, and registration is exclusive to YMCA or Landing Social Members.

*Financial Assistance is available through Community Supported Memberships (CSM) for qualifying members; schedule an appointment at the Member Services Desk to apply.*

## Table of Contents

Pages 2-13 February Programs

Pages 14-15 Weekly Programs

Page 16 Program Checklist

## Program Cancellation Policy

Program registrations are necessary to secure your spot. If you can't attend, contact The Landing at 715-841-1855 promptly.

### For fee-based programs:

- Full refunds for cancellations before the registration deadline.
- No guaranteed refunds after the deadline.

### Notify The Landing at least two business days in advance to attempt filling your spot from the waiting list if one exists:

- If filled, you will receive a credit or refund.
- If not filled, no credit or refund is issued.

The Landing can modify this policy anytime. Refunds over \$20 may take up to 10 business days for processing.

Thank you to Aspirus Health Plan for sponsoring the Shuttle Trips and our OATS Program in January. This generous support reduces the cost for our members, enhancing their ability to participate in these programs.



# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Children's Imaginarium Presents: Senior Science

**Monday, February 2<sup>nd</sup> at 10:00am-12:00pm at The Children's Imaginarium  
195 N 2<sup>nd</sup> St | Wausau, WI**

Join in an interactive, two-hour program on educational robotics, where participants will learn coding and programming through hands-on experiences with Bee-Bots, Ozobots, and Dash Robots. Each participant will get one-on-one time with these devices to develop coding and problem-solving skills. The session concludes with a guided tour of the Children's Imaginarium and light refreshments.



**Facilitator: Ben Natzke**

**Members: FREE**

## Elder-Care Adult Daycare Senior Care Navigation Series

**Monday, February 2<sup>nd</sup> at 11:00am-12:00pm  
in The Landing Enrichment Room**

As we age, our needs evolve unexpectedly. This session provides insights on aging support, decision-making autonomy, and practical steps for safety and independence. It serves as a friendly guide to help you understand your options, ensuring you feel prepared rather than overwhelmed.



**Facilitator: Zoey Vecellio**

**Members: FREE**

## Moving for Better Balance

**Mon. & Wed. Jan. 19th-April 8th at 2:00-3:00pm in The YMCA Group Exercise Studio**

Moving for Better Balance is a research-based balance training program using simple rhythmic Tai Chi exercises. This program is designed for older adults at risk of falling & people with balance disorders. This program will help increase leg strength, improve balance, challenge your limits of stability and will help you catch your balance when you fall. **Registration is Closed**

**Facilitator: Becky Zelent**

**Members: \$60**

## Creative Cooking with Jackie- Dinner for Two

**Tuesday, February 3<sup>rd</sup> at 9:00-11:30am in  
The YMCA Multi-Purpose Room**

Join Jackie while she creates a beautifully balance dinner for two- Pasta with Shrimp, Fresh Salad and Dubai Chocolate.

Throughout the class, Jackie shares creative cooking tips, time-saving techniques and plating ideas to help you cook with confidence and style.



**Facilitator: Jackie Romero**

**Members: \$25**

# February Programs

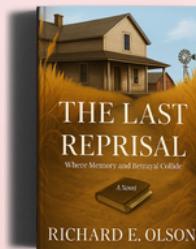
Registration is Required

Visit our Member Service Desk & Sign Up!

## The Last Reprisal- Discussion Session with Richard Olson

**Tuesday, February 3<sup>rd</sup> at 10:00-11:00am in The Landing Fireside Room**

Join us for an engaging discussion of Richard Olson's new novel, The Last Reprisal. This chat allows readers to explore characters, themes, and plot twists after reading the book. Richard will answer questions and share insights about his writing process and inspirations. It's a great opportunity to reflect on the book and connect with fellow readers. Come prepared to discuss and share your thoughts!



**Facilitator: Richard Olson**

**Members: FREE**

## 7-Week Boost Your Brain & Memory with the ADRC

**Tuesdays, Jan. 6th-Feb. 17<sup>th</sup> at 1:00-2:30pm in The Landing Enrichment Room**

Boost your brain & memory in an evidence based program that takes a holistic approach to improve brain health. Boost your Brain & Memory is a multidimensional program designed to promote cognitive health through lifestyle factors. Registration is closed for this program.

**Facilitator: Jennifer Thompson**

**Members: FREE**

## Live Literature- Ambitious Women & Power

**Tuesdays, Feb. 3rd-March 17<sup>th</sup> at 1:00-2:30pm- The YMCA Multi-Purpose Room**

Join retired professors Sarah Rudolph and Bob Davis for a reading of two significant plays: "Top Girls" by Caryl Churchill and "Wit" by Margaret Edson. Both plays explore ambitious women navigating oppressive systems and betrayal. Churchill critiques the emotional costs of capitalist feminism, while Edson emphasizes lost dignity in intellectual and medical fields. Together, they argue that success without empathy causes fragmentation. This event promises engaging discussions on women's challenges and the vision of a world where ambition and care coexist.

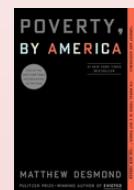
**Facilitator: Sarah Rudolph & Bob Davis**

**Members: \$25**

## Old Guys Book & BS Club: "Poverty, by America"

**Wednesday, February 4<sup>th</sup> at 9:30-10:30am in The Landing Fireside Room**

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. Please read "Poverty, by America" by Matthew Desmond for the February meeting. **Spots are limited- Registration is required**



**Facilitator: John DeLaporte & Bill Pogge**

**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Improvaholics: What's Your Line

**Wednesday, February 4<sup>th</sup> & 11<sup>th</sup> at 10:30-11:30am in The Landing Fireside Room**

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.



Expect plenty of laughs, unexpected twists and a chance to build confidence and community.

**Facilitator: Anne Dibala & Kathryn Rieckhoff**  
**Members: FREE**

## Games at Weston Aspirus YMCA

**Wednesday, February 4<sup>th</sup> at 11:00am-3:00pm in the Aspirus YMCA Studio C**

Come join us for an afternoon of fun, laughter, and friendly competition! Our monthly Game Day is the perfect way to stay active, engaged, and connected with others.

Enjoy classic favorites like mah-jong, cribbage, Scrabble, and a variety of card games—or bring your own suggestions to share with the group.

**Facilitator: Tyler Leiskau**  
**Members: FREE**



## February Lunch at The Landing

**Wednesdays at 11:30am in The Landing Kitchen**

Feb. 4<sup>th</sup>: Triple Meat Sandwich- \$10

Feb. 11<sup>th</sup>: Beef Wellington- \$15

Feb. 18<sup>th</sup>: Winter Kale Salad- \$10

Feb. 25<sup>th</sup>: Chicken Pot Pie- \$10

**Registration closes at 4:00pm the Monday Prior to lunch. No refunds will be given for cancelations after the deadline.**

**Facilitator: Haley Houghton & Amber Pender**

## Let's Create with U-Paint: Winter Birch

**Wednesday, February 4<sup>th</sup> at 12:30-2:30pm in The Landing Fireside Room**

Join a cozy winter painting adventure and unleash your inner Bob Ross! In this beginner-friendly class, you'll create a beautiful Winter Birch landscape step-by-step with guidance from Brianna LaVonne, a seasoned instructor. Enjoy a relaxed and fun creative experience while painting and unwinding.



**Facilitator: Brianna LaVonne**  
**Members: \$25**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## GI Associates Presents: Food as Medicine

**Wednesday, February 4<sup>th</sup> at 12:30-1:30pm in The Landing Enrichment Room**

A healthy gut helps your entire body work better, and what you eat plays an important role. Join Veronika Gagovic, MD for an informative talk on how food can support digestion, energy, immunity and health as we age. Learn simple, practical ways to use food as a tool to support your gut & improve overall wellbeing.



**Facilitator: Carla Rhyner & Veronika Gagovic, MD**  
**Members: FREE**

## Aspirus Health Presents: Hospice Care & Philosophy

**Thursday, February 5<sup>th</sup> at 12:00-1:00pm in The Landing Enrichment Room**

The hospice education program aims to equip healthcare professionals, caregivers, & community members with an understanding of hospice care. It covers the philosophy, eligibility, interdisciplinary care team, pain management, emotional support, & family roles in end-of-life care. Participants will learn to enhance the quality of life for patients with life-limiting illnesses & support their families through compassionate, person-centered care.

**Facilitator: Heidi Kraege**

**Members: FREE**

## February Birthday Bash

**Friday, February 6<sup>th</sup> at 11:30am-12:30pm in The Landing Enrichment Room**

We are celebrating birthdays every Month! If it is your Birthday Month, signup to enjoy cake, music & the chance to win fun prizes.



**Special Thank You to Culvers for helping sponsor our Monthly Birthday Bash!**

**Facilitator: Landing Staff & Volunteers**  
**Members: FREE**

## Evey Lane Cookie Decorating

**Friday, February 6<sup>th</sup> at 12:00-2:00pm in The Landing Fireside Room**

Come join Halie for a sweet and creative cookie-decorating adventure! No baking required —just pure fun as you learn how to flood and decorate adorable spring-themed cookies, all provided by Halie. Whether you're a beginner or just love getting creative, this hands-on class is the perfect way to hop into the spring season with colorful designs, tasty treats, and plenty of smiles.



**Facilitator: Halie- Owner of Evey Lane**  
**Members: \$35**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## PAM Rehab Presents- Coffee Talk

**Monday, February 9<sup>th</sup> at 10:00-11:00am  
in The Landing Enrichment Room**

Enjoy a warm cup of coffee and a meaningful conversation on rehabilitation health and recovery with Megan. This informal session is designed to support patients, caregivers, and community members with practical tips and insights into the rehabilitation journey.

**Facilitator: Megan Schroeder**

**Members: FREE**



## Rick Lohr Presents: Bangkok & Thailand: A Journey Through Beauty, Culture & Crisis

**Tuesday, February 10<sup>th</sup> - Fireside Room & Wednesday February 18<sup>th</sup>- Enrichment Room at 10:00-11:00am**

Join us for a revealing exploration of Thailand during the 2011 floods, featuring firsthand experiences from Brian Heidel, head of Southeast Asia USAID, and his wife, Goy. We will delve into Thai Buddhist traditions, vibrant culture, rich history, and the complex political landscape. Additionally, we will highlight Christopher G. Moore's work, which captures Bangkok's essence through his bestselling novels. Discover a beautiful and resilient Thailand, full of culture and intrigue.



**Facilitator: Rick Lohr**

**Members: FREE**

## Social Singles- Palm's Supper Club

**Tuesday, February 10<sup>th</sup> at 3:00-5:00pm  
5912 US-51 BUS | Weston, WI**

Join us for a relaxed gathering to meet singles, make friends, and enjoy conversations in a welcoming atmosphere. Share ideas for future meetups while sipping and socializing—we'd love your suggestions!

**Facilitator: Cheryl Johnson-Domino**

**Members: FREE**

## Wings Grief- Letting Go of the Grief without letting go of the love

**Tuesday, February 10<sup>th</sup> at 3:30-4:30pm  
in The Landing Fireside Room**

After losing a loved one, it's common to feel overwhelmed and reluctant to "let go." Grief highlights the enduring love we hold, which remains powerful despite their absence. Letting go doesn't mean forgetting; love transcends death and continues to impact our lives. The program explores three types of connections that influence us through life and death, emphasizing that it's okay to cherish memories and hold on to love, rather than rushing to heal.



**To register please call Nan at 715-548-4159.**

**Facilitator: Nan Zastrow**

**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Valentine's Puzzle Challenge

**Wednesday, February 11<sup>th</sup> at 1:00-3:00pm in The Landing Fireside Room**

Celebrate Valentine's Day with the Valentine's Puzzle Challenge, where pairs race to complete a 500-piece puzzle within two hours. It's a fun test of teamwork, cooperation, and friendly competition, suitable for all skill levels. Prizes will be awarded to the winners. Are you ready to piece together victory?

**Facilitator: Casey Waldvogel**  
**Members: \$7 per person**



## Bingo! at Weston Aspirus YMCA

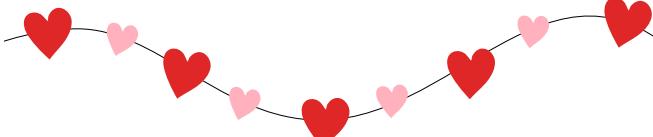
**Wednesday, February 11<sup>th</sup> at 1:30-3:00pm in the Aspirus YMCA Studio C**

Enjoy a fun afternoon filled with cheerful chatter, lucky charms and a chance to yell that magic word: BINGO!



In order to participate, please bring a small prize from the dollar store.

**Facilitator: Pat Kluz**  
**Members: FREE**



## Mead Wildlife Area Presents: Nature Education & Exploration

**Thursday, February 12<sup>th</sup> - meet The Landing at 8:30am for Departure**

Join us as we explore the breathtaking Mead Wildlife Area, a vast 33,000-acre state wildlife area. Participate in an engaging learning experience by Mead's nature educators, featuring "The History of Snowshoes".

Then LET'S GET OUTSIDE. We will enjoy a winter hike. **Dress for the Weather!** Snowshoes & Trekking poles will be available for use.

**Reg. Deadline: Feb. 9<sup>th</sup>**  
**Canc. Deadline: Feb. 2<sup>nd</sup>**  
**Facilitator: Sam DeRoche**  
**Members: \$15**



## Mind Body & Spirit: Forgiveness

**Thursday, February 12<sup>th</sup> & 19<sup>th</sup> in the YMCA Multi-Purpose Room**

Forgiveness is a challenging yet transformative emotional practice. Holding onto resentment can hinder growth and healing. This lecture covers the importance of releasing unforgiveness and introduces Ho'oponopono, a Hawaiian forgiveness ritual that enhances personal well-being. Participants will engage with video teachings, discussions, and reflections to understand the life-changing effects of forgiveness.

**Facilitator: Debby Krenz**  
**Members: \$17 per session**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Loretta Presents: Practical Wisdom for Everyday Life

**Thursday, February 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> at 10:30-12:00pm in The Landing Fireside Room**

Life's challenges can help us grow in wisdom. What gems of wisdom have you gained from life experiences? Come and explore more about wisdom, knowledge put to good use. Sign up for one or all 3 classes.



**February 12<sup>th</sup>:** What we Focus on Grows

**February 19<sup>th</sup>:** Intuition, Inspiration, Vision

**February 26<sup>th</sup>:** What's written in the Human Heart

**Facilitator: Loretta Ulmschneider**

**Members: \$5 per class**

## Delores Kessel Presents: Social Media and Self-Care

**Friday, February 13<sup>th</sup> at 8:30-11:00am in The Landing Fireside Room**

This month's topic is about using social media as a method for supporting mental health and wellness. It will include listing reputable sources people can use on social media that can enhance self-care practices and coping skills. It will discuss how to determine if an internet resource is a reputable resource



**Facilitator: Delores Kessel**

**Members: FREE**

## Soup-to-Go

**Friday, February 13<sup>th</sup> & 27<sup>th</sup>- Pick-up begins at 10:00am in The Landing Kitchen**

Get your homemade soup and fresh baked bread during the fall and winter months.



**Registration Deadline is 4:00pm the Monday prior to the meal.** No refunds will be given after the registration deadline.

**Feb. 13<sup>th</sup>:** French Onion with Classic Bread

**Feb. 27<sup>th</sup>:** Shrimp Curry with Garlic Bread

**Facilitator: Haley Houghton & Amber Pender**

**Members: \$10**

## OATs- FREE Technology Program: Lecture

**Monday, February 16<sup>th</sup> at 10:00-11:00am in The Landing Fireside Room**

Join us for an introductory class on essential privacy tips! We'll cover how online ads target users, ways to limit tracking, browser settings, and extensions for better information control. Additionally, we will discuss password managers and their security benefits. Learn to enhance your internet privacy!



**Facilitator: Barb Tesch & Debbie Dahlke**

**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Collette Pre-Departure Meeting- Southern Italy & Sicily

**Tuesday, February 17<sup>th</sup> at 8:30am-10:00am in The Landing Enrichment Room**

Ciao! Persons that will be traveling with the Landing to the upcoming trip to Southern Italy & Sicily will want to attend this meeting with Collette Travel.



We will be going over the Trip Itinerary and will also discuss some tips and tricks for traveling to this location.

**Facilitator: Katie Ganshert**

**Members: FREE**

## OATs- FREE Technology Program: Workshops

**Tuesday, February 17<sup>th</sup> at 9:00am OR 11:00am in The Landing Fireside Room**

The internet offers vast resources, but locating specific information can be challenging. This hands-on workshop will teach effective search techniques, how to evaluate results, and how to search reliable sites using iPads.

Enhance your online search skills to find accurate information and topics. Registration is required, and spots are limited, so sign up soon!



**Facilitator: Barb Tesch & Debbie Dahlke**  
**Members: FREE**

## Collette 2026 & 2027 Travel Show

**Tuesday, February 17<sup>th</sup> at 10:15am-12:00pm in The Landing Enrichment Room**

Join Katie, our Collette Travel Representative as we highlight the last two tours we have planned in 2026- *Iceland's Magical Northern Lights Discovery & Christmas Markets of Montreal & Quebec City.*



Katie will also highlight the first two tours we have planned for 2027- They will be announced at this meeting! You don't want to miss it.

**Facilitator: Katie Ganshert**

**Members: FREE**

## Monthly Morning Meditation

**Wednesday, February 18<sup>th</sup> at 8:15-8:45am in The Landing Fireside Room**

Start your day with calm and clarity by joining Debby Krenz for monthly meditation sessions, suitable for both experienced meditators and beginners. Each free session includes an introduction to meditation benefits and guided practices for home use, providing a peaceful way to begin your morning.

**Facilitator: Debby Krenz**  
**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Readers Group

**Wednesday, February 18<sup>th</sup> at 9:30-11:00am  
in The YMCA Multi-Purpose Room**

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life. This group is for any who likes to read. We will offer a safe place for authentic discussion.



**Facilitator: Bill Pogge & Sue Reed**

**Members: FREE**

## Movie Wednesday at Aspirus Weston YMCA

**Wednesday, February 18<sup>th</sup> at 12:30pm in  
the Weston YMCA Commons**

Come join us for an afternoon at the YMCA cinema for the showing of *The Proposal*.



*The Proposal: The Proposal is a romantic comedy about a tough book editor who fakes an engagement to her assistant to avoid deportation. When they travel to his family's home in Alaska to prove the relationship is real, their pretend romance turns into genuine love.*

**Facilitator: Tyler Leiskau**

**Members: FREE**

## Medicare 101- Understanding the Basics

**Wednesday, February 18<sup>th</sup> at 1:00-2:00pm  
in The Landing Enrichment Room**

This introductory lecture provides a thorough overview of Medicare, including eligibility, enrollment timelines, and the various parts: Part A (Hospital Insurance), Part B (Medical Insurance), Part C (Medicare Advantage), and Part D (Prescription Drug Coverage). It also covers supplemental insurance (Medigap), common costs (premiums, deductibles, copayments), and coordination with other coverage, equipping attendees with essential knowledge for informed healthcare decisions.



**Facilitator: Clay Marketing**

**Members: FREE**

## Terry Howard Live Music

**Wednesday, February 18<sup>th</sup> at 1:00-2:00pm  
in The Landing Fireside Room**

From Rock & Roll to Country Gold — Terry Howard Live



Enjoy a relaxing afternoon of live music with Terry Howard, featuring classic rock & roll and classic country favorites. Sing along to familiar tunes, tap your toes, and enjoy a fun, laid-back concert filled with great music and memories.

**Facilitator: Terry Howard**

**Members: \$5**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Bubbles to Barrels: Tours & Tasting

**Thursday, February 19<sup>th</sup> - meet The Landing at 7:30am for departure**

This isn't your average road trip. We're starting with the sweet fizz of the Museum of Root Beer in Wisconsin Dells, then heading to Driftless Glen Distillery in Baraboo for a Distillery Tour. Expect great good, memorable drinks & plenty of laughs as we explore two iconic sides of Wisconsin's beverage culture.

Cost of the tip includes shuttle ride & tour tickets.

**Facilitator: David Landretti**

**Members: \$88 Reduced to \$60 Thanks to Aspirus Health Plan**



## Bingo in The Landing

**Thursday, February 19<sup>th</sup> at 1:00-2:30pm in The Landing Enrichment Room**

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.



**Thank you to Cornerstone caregiving for sponsoring Bingo every month.**

**Facilitator: Pat Kluz**

**Members: FREE**

## Team Trivia Smackdown

**Friday, February 20<sup>th</sup> at 11:30am-12:30pm in The Landing Enrichment Room**

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Thank you to Cornerstone Caregiving for sponsoring Bingo every month

**Facilitator: Maryellen Marnholtz**

**Members: FREE**

## Coffee with The Landing Staff

**Monday, February 23<sup>rd</sup> at 9:00-10:00am in The Fireside Room**

The Landing Staff will be present in the Tech Room for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.



**Facilitator: Landing Staff**

**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Book Club

**Monday, February 23<sup>rd</sup> at 11:30am-12:30pm in The Landing Fireside Room**

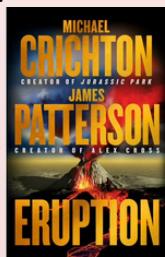
Our book club is led by Connie Heidemann with Marathon County Literacy.

All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book.

Please read **"Eruption"** by **Michael Creighton & James Patterson** for February's meeting.

**Facilitator: Connie Heidemann**

**Members: FREE**



## New Member Welcome Session

**Monday, February 23<sup>rd</sup> at 11:30am-12:30pm in The Landing Enrichment Room**

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer for an informal coffee chat about what The Landing has to offer, how to register for programming and get a tour of The Landing and The YMCA.

**Facilitator: Pat Kluz**

**Members: FREE**

**W E L C O M E**

## Fox River Mall Shuttle Trip

**Tuesday, February 24<sup>th</sup> meet at The Landing at 8:15am for departure**

Let's go shopping! Fox River Mall is the largest shopping mall in northeast Wisconsin. It hosts over 18- stores and 20 different eating venues. Register soon- seats on the shuttle are limited.



**Reg. Deadline: Feb. 20<sup>th</sup>**

**Can. Deadline: Feb. 10<sup>th</sup>**

**Facilitator: Harley Peterson**

**Members: \$28**

## Rennes Group Presents: Fraud Protection

**Wednesday, February 25<sup>th</sup> at 10:00-11:00am in The Fireside Room**

Join the Rennes Group for a session on fraud prevention, covering prevalent scams, warning signs, and proactive measures to protect your personal information. Gain practical tips and real-life examples to help you stay vigilant and reduce your risk of falling victim to fraud.



**Facilitator: Michaela Block**

**Members: FREE**

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Marathon County Historical Society Presentation

**Thursday, February 26<sup>th</sup> at 1:00-2:00pm in The Landing Enrichment Room**

How and why did the south west side of Wausau come into being? How did it develop? What is the character of the neighborhoods that emerged there? Join us for this presentation that takes a look at the history of the area south of Thomas Street and try to answer these questions.



**Facilitator: Ben Clark**

**Members: FREE**

## Ho- Chunk Gaming Casino Trip

**Friday, February 27th- Shuttle Departs from Parking Lot A at 1:15pm**

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette.

**Facilitator: Kathryn Boettcheer**

**Members: FREE**

# SPECIAL Note

We are thrilled to announce our relocation to a new space.

We kindly ask that members keep an eye out for any potential changes to programming that may arise. Updates regarding these changes will be posted at the front desk upon your arrival at The Landing, with the most frequent adjustments likely occurring in game locations.

Thank you for your cooperation.

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

## Movie Monday

### Mondays at 1:00pm in The Landing Enrichment Room

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Fireside Room.

**Feb. 2<sup>nd</sup>:** Elephant Man | **Feb. 9<sup>th</sup>:**

Dantes Peak | **Feb. 16<sup>th</sup>:** Milago

Beanfield War | **Feb. 23<sup>rd</sup>:** Three Billboards outside Ebbing, Missouri

**Facilitator: Oona Younger**

**Members: FREE**

## Kings in The Corner

### Mondays & Thursdays from 11:00-12:30pm in The Landing

This game uses one deck of cards for 4-5 players. Players aim to discard cards in a solitaire-style layout of 8 piles, alternating red and black in descending order, starting from Kings in the corners. Aces are low, and beginners are welcome!

## American Mahjong

### Mondays & Fridays at 12:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

## Monday Bridge (Closed Group)

### Mondays at 1:00-3:00pm in The Landing Fireside Room

This group is not open to new members.

## Euchre

### Tuesdays at 10:00am-12:00pm in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

## Tuesday Crafters

### Tuesdays at 12:00-2:00pm In The Landing Fireside Room

Join friends to work on your craft project! Bring your unfinished work for motivation and enjoy the company of fellow crafters, while also picking up useful tips and tricks.

## Scrabble

### Tuesdays at 2:00-4:00pm in The Landing Dining Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

# February Programs

## Mexican Train

### Tuesdays at 12:30pm-3:30pm in The Landing Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one or more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.

## Hand and Foot

### Tuesdays at 12:30-3:00pm & Fridays at 10:30-1:00pm in The Landing Game Room

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

## Advance Chicago Style Bridge

### Wednesdays at 9:00-11:30am in The Landing Enrichment Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

Registration is Required

Visit our Member Service Desk & Sign Up!

## Cribbage

### Wednesdays at 1:00-3:00pm in The Landing Enrichment Room

Come join your friends at The Landing for a fun game of Scrabble! This is a non-judgmental, fun time to come and play.

## Laughter Club

### Thursdays at 10:00-11:00am in The Landing Enrichment Room

Laughter Club offers a fun and uplifting experience where members engage in laughter exercises through charades, improv, storytelling, and humor.

## Fun Bridge

### Fridays at 10:00am-12:00pm in The Landing Fireside Room

Beginner Bridge players are invited to play Bridge every Wednesday.

## Sheepshead

### Fridays at 1:00-3:00pm in The Landing Fireside Room

All levels of players are welcome, even beginners

# February Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

**Utilize this checklist as a helpful guide for the programs you wish to enroll in. Simply circle or highlight the programs you wish to register for and bring it to the Landing Staff for registration.**

- Children's Imaginarium Program
- Elder-Care- Senior Care Series
- Creative Cooking with Jackie
- Richard Olson Book Discussion
- Live Literature
- Old Guys Book & BS Club
- Improvaholics
- Games at Weston YMCA
- Let's Create with U-Paint
- GI Associates Presentation
- Aspirus Health- Hospice Care
- Birthday Bash
- Evey Lane Cookie Decorating
- PAM Rehab- Coffee Talk
- Rick Lohr Presents Thailand
- Social Singles
- Wings Grief
- Valentines Puzzle Challenge
- Bingo! at Weston YMCA
- Mead Wildlife Shuttle Trip
- Mind Body Spirit
- Practical Wisdom
- Delores Kessel Presentation
- OATS- Free Tech Classes/Workshop
- Collette Travel Show
- Monthly Morning Meditation
- Bubbles & Barrels- Shuttle Trip
- Bingo at The Landing
- Team Trivia Smackdown
- Coffee With Landing Staff
- Book Club
- New Member Welcome Session
- Fox River Mall Shuttle Trip
- Rennes Group Presentation
- Marathon County Historical Society
- Ho-Chunk Casino Trip