

Managing Caregiver Stress

Providing care for a loved one can be rewarding, but caregivers can also experience stress, guilt, and frustration.

*Not intended for professional caregivers.

Wausau Workshop

March 26, 2026

Wausau ADRC Office

1100 Lake View Drive, Suite 600

10:00 - 11:00 AM

Workshop is free, contributions are welcome.

Can't make it? Attend virtually

3:00 - 4:00 PM | March 26

Call **888-486-9545**

for registration and meeting link

**Registration
required**

888-486-9545