

June

Program Guide & Newsletter



Woodson YMCA
707 N 3rd St, Wausau WI

The Landing

Social & Activities Center
for Members 55+



The Landing Hours

Monday-Friday
8:00am - 4:30pm
Saturday
9:00am - 1:00pm

Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

To register for programs, visit the Receptionist Desk at the Landing or the Member Services Desk at the Wausau or Aspirus Branches.

For multi-session programs, register before the first meeting and attend from the start. Closed registrations are indicated in the program description and fees are listed where applicable, and registration is exclusive to YMCA or Landing Social Members.

Financial Assistance is available through Community Supported Memberships (CSM) for qualifying members; schedule an appointment at the Member Services Desk to apply.

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Program Cancellation Policy

Program registrations are necessary to secure your spot. If you can't attend, contact The Landing at 715-841-1855 promptly.

For fee-based programs:

- Full refunds for cancellations before the cancellation deadline.
- No guaranteed refunds after the deadline.

Notify The Landing at least two business days in advance to attempt filling your spot from the waiting list if one exists:

- If filled, you will receive a credit or refund.
- If not filled, no credit or refund is issued.

The Landing can modify this policy anytime. Refunds over \$20 may take up to 10 business days for processing.

NEW LUNCH REGISTRATION DEADLINE

Registration closes at 12:00pm the **FRIDAY** Prior to lunch. No refunds will be given for cancellations after the deadline.

June Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Elder-Well Adult Day Care Presents: The Road Map for Paying for Care

Monday, June 1st at 11:00am-12:00pm in the Enrichment Room

Paying for care can be confusing, but it doesn't have to be. In this session, we break down the difference between Medicare and Medicaid, what each program covers and common misunderstandings that trip people up. You'll learn about financial support that may be available to you in Wisconsin, ways to prepare for future needs and how to avoid unexpected bills.

Facilitator: Zoey Vecellio

Members: FREE



Health & Wellness

Wellness Way: Thyroid Health Understanding the Body's Control Center

Health & Wellness

Tuesday, June 2nd at 11:00am-12:00pm in the Enrichment Room

Take charge of your health by learning how your thyroid affects energy, metabolism, mood, and overall well-being in this informative presentation with Dr. Chett from Wellness Way. This session will explore common thyroid imbalances, key symptoms, and possible root causes, along with natural approaches to support better thyroid health and overall wellness.



Facilitator: Dr. Chett Grunwald

Members: FREE

Creative Cooking with Jackie- Summer Salads

Special Interest

Tuesday, June 2nd at 9:00-11:30am in the YMCA Multi-Purpose Room

Get ready for a fresh and flavorful experience! Join Jackie for a fun, hands-on class where you'll create three delicious summer salads, perfect for any warm-weather gathering.

You'll Make:

- Surimi Salad
- Caprese Pasta Salad
- Mediterranean Chickpea Salad



Learn simple techniques, enjoy great flavors, and leave with recipes you can recreate at home.

Facilitator: Jackie Romero

Members: \$34

Spanish Lessons- Beginner

Educational

Tuesdays, May 5th-June 23rd at 3:30-4:30pm in The Enrichment Room

Master greetings, numbers, colors, family terms, and everyday vocabulary while practicing basic grammar and conversations in an engaging 8-week Spanish course with instructor Celin Mejias. Enjoy interactive lessons featuring games and role-play, focusing on real-world situations like dining and shopping, while exploring Hispanic cultures and traditions.

Facilitator: Celin Mejias

Registration is closed

June Programs

Registration is Required

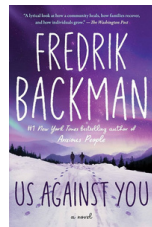
Visit our Member Service Desk & Sign Up!

Old Guys Book & BS Club: "Us Against You"

Social Clubs & Groups

Wednesday, June 3rd at 9:30-10:30am in The Fireside Room

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. Please read



"Us Against You, by Fredrik Bockman for the June meeting. **Spots are limited- Registration is required**

Facilitator: John DeLaporte & Bill Pogge
Members: FREE

E-Bike Safety Workshop

Educational

Wednesday, June 3rd at 12:00-3:00pm in The Fireside Room

Hop on and ride with confidence. Join us for an engaging and interactive e-bike safety program from the League of American Cyclists. Start in the classroom to learn the basics, then take it outside for hand-on practice on the course. Whether you're cruising for fun, commuting, or riding for fitness, you'll gain the skills to ride safe and feel great doing it.



Facilitator: Brittany Kirsch
Members: FREE

Improvaholics: What's Your Line

Special Interest

Wednesday, June 3rd & 10th at 11:00am-12:00pm in The Fishbowl Room

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.



Expect plenty of laughs, unexpected twists and a change to build confidence and community.

Facilitator: Anne Dibala & Kathryn Rieckhoff
Members: FREE

Hougum Law-Planning Ahead

Educational

Thursday, June 4th at 10:00-11:00am in The Enrichment Room

Join Attorney Mike Puerner from Hougum Law for a presentation on the importance of planning ahead, covering estate planning fundamentals, trusts, and tools to ensure your wishes are honored and loved ones protected. Learn how proper planning simplifies decisions, safeguards assets, and provides peace of mind. Attorney Puerner will explain these topics clearly and welcome questions, encouraging thoughtful preparation for the future.

Facilitator: Attorney Mike Puerner
Members: FREE

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Practical Wisdom for Everyday Life: What Sustains Us? What Guides Us?

Special
Interest

Thursdays, June 4th, 11th, & 18th at 10:30am-12:00pm in The Landing Fishbowl

In these classes we'll explore: the power we have to respond to whatever life brings, the Source of life, the inner knowing of what's true, fair and kind that guides us, the trustworthiness of intuition, inspiration, vision. Come and share wisdom gained from life experiences.

Loretta Ulmschneider, faculty of the Institute of Kinlein, draws on 40 years in the practice of kinlein, assisting clients as they build on all that is good, strong and beautiful within them.

More info at kinlein.org

Facilitator: Loretta Ulmschneider

Members: \$15

Hospice- Aspirus Health Presents: Caring Presence

Health &
Wellness

**Thursday, June 4th at 12:00-1:00pm
in The Fireside Room**

Join Hospice-Aspirus Health for an inspiring presentation by Janice Kuder on the power of being present in life's meaningful moments. Learn how empathy, listening, and intentional presence can provide comfort and connection during challenging times through real-life insights and compassionate guidance.

Facilitator: Gabbie Theilman

Members: FREE



Bautch Chiropractic Presents: Move Well, Age Well

Health &
Wellness

**Thursday, June 4th at 1:00-2:00pm
in the Enrichment Room**

Join Bautch Chiropractic for an engaging and informative presentation with Matt Marine, focused on helping you stay strong, steady, and confident in your everyday life. Learn simple, practical ways to improve posture, reduce fall risk, and support mobility as you age—plus enjoy an interactive Q&A to get your questions answered.

Facilitator: Matt Marine

Members: FREE



Spanish Lessons- Intermediate

Educational

Tuesdays, May 7th- June 25th at 3:30-4:30pm in The Fireside Room

Enhance your Spanish skills in this 8-week intermediate course with Celin Mejias. Engage with short stories, songs, conversations, and movies while learning to write your own stories and confidently communicate. The course features clear grammar explanations and diverse exercises to improve your reading, writing, listening, and speaking abilities. It's perfect for those with basic Spanish knowledge seeking to refine their skills.

Facilitator: Celin Mejias

Registration is closed

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

June Birthday Bash

**Friday, June 5th at 11:30am-12:30pm in
The Landing Enrichment Room**

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

**Special Thank You to Culvers
for helping sponsor our Monthly
Birthday Bash!**



**Facilitator: Landing Staff & Volunteers
Members: FREE**

Eyemart- Eye Glass Tune-ups & Adjustments

Special
Interest

**Monday, June 8th at 10:00-1:00am in
The Fireside Room**

Visit Shelley from Eyemart Express for a free eyeglass cleaning, tune-up, and adjustment. As the General Manager, she is dedicated to helping patients look and see their best. Shelley will also provide exclusive coupons for new glasses, making it a great chance to care for your eyewear!

**EYEMART
EXPRESS**

**Facilitator: Shelley Turner
Members: FREE**

OATs- FREE Technology Program: Smartphone Course

Educational

**Mondays, May 4th-June 15th in The Landing
Fireside Room | Reg. Deadline: Apr. 30th**

Session 1: 9:00-10:30am: iPhones

Session 2: 11:00am-12:30pm: Andriod

This 5-week course explores the basics of using your smartphone's digital camera. You'll learn how to take pictures, where they're stored on your device, and how to delete them. You'll also go over tips for taking selfies, recording videos and sharing your photos. This course also introduces some fundamental photography principles about composition and lighting.

See flyer for pre-requisites.

**Facilitator: Barb Tesch
Registration is closed**

Golf Social at Tribute Golf Course

Offsite
Adventures

**Monday, June 8th at 1:00-3:00pm at
Tribute Golf Course- 1001 Golf Club Rd**

Attention Golfers! Let's get together and golf 9-holes at Tribute Golf Course. No lessons will be given- just get together and golf 9-holes with Landing Friends.



Registration Deadline: June 5th

Facilitator: Bill Olson

**Members: Fees to golf will be paid at the
golf course**

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Honoring Choices

Health &
Wellness

Tuesday, June 9th at 9:00-10:00am in The Landing Fireside Room

Join Julie Barge from Aspirus to explore Advance Care Planning (ACP), which helps adults articulate and document their future healthcare decisions through a Health Care Directive. This written plan ensures your wishes are known if you cannot communicate. Advance care planning involves making choices based on personal values and discussions with loved ones. Schedule a One-on-One appointment with Julie to start your Advance Care Plan!

Facilitator: Julie Barge

Members: FREE

Rick Lohr Presents: Puerto Rico

Educational

Tuesday, June 9th in the Enrichment Room & Wednesday, June 17th in The Fireside Room at 10:00-11:00am

Join Rick Lohr for an engaging presentation exploring the rich history and vibrant culture of Puerto Rico, along with a closer look at the lasting effects of Hurricanes Irma and Maria in 2017. Through insightful storytelling and perspective, this program highlights both the challenges and resilience of the island and its people.

Facilitator: Rick Lohr

Members: FREE



The Landing Social

Special
Interest

Tuesday, June 9th at 3:00-5:00pm at Cheeks- 158241 E. Wausau Ave, Wausau

Join us for a relaxed gathering to meet singles, make friends, and enjoy conversations in a welcoming atmosphere. Share ideas for future meetups while sipping and socializing—we'd love your suggestions!



Facilitator: Cheryl Johnson-Domino

Members: FREE

Bear With Us: A Guided Sanctuary Experience

Offsite
Adventures

Wednesday, June 10th at 8:00-9:00am at Black Bear Education Center- 157129 Land Art Road, Wausau

Experience a unique outdoor adventure at a Black Bear Education Center and Sanctuary! Join expert Jeff Traska for a guided, one-hour walk along gravel paths as you observe black bears in their natural habitats and learn about their care, behavior, and conservation.

Registration & Cancellation Deadline: June 1st

Facilitator: Jeff Traska

Members: \$5 for Donation to Center



Wisconsin
BLACK BEAR
Education Center

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Let's Create with U-Paint: Freedom in Bloom

Special
Interest

**Wednesday, June 10th at 12:00-2:00pm
at Aspirus YMCA, Studio C**

Unleash your creativity in this fun, guided painting class! Join Briana LaVonne, owner of U-Paint and a seasoned art instructor with over 20 years of experience, as you create an 11" x 14" canvas masterpiece titled Freedom in Bloom. No experience needed—just come ready to relax, have fun, and leave with a beautiful piece of art and a memorable experience!



Facilitator: Brianna LaVonne
Members: \$28

Mead Wildlife Area Presents: Foraging

Offsite
Adventures

**Thursday, June 11th Meet in Lot A at
8:30am for Shuttle Departure**

Join us as we explore the breathtaking Mead Wildlife Area, a vast 33,000-acre, state wildlife area spanning Marathon, Portage and Wood counties.

Enjoy an engaging experience by Mead's nature educators, featuring an educational session on Foraging. We will be heading outdoors—please dress appropriately.



Facilitator: Dwight Ammeson
Members: \$15

FA\$T- Financial Abuse Specialist Team- Scam Awareness

Educational

**Wednesday, June 10th at 1:00-2:00pm
in The Fireside Room**

Join Jared Clay for a quick, informative session on how to protect yourself from today's most common financial scams. With a passion for helping others navigate these often overwhelming situations, Jared will share practical insights and resources to help you stay informed and confident.



Facilitator: Jared Clay
Members: FREE

PAM Health- Love Your Heart: Tips, Snacks & Recipes

Health &
Wellness

**Thursday, June 11th at 11:00am-12:00pm in
the Fireside Room**

Join Megan from PAM Health for an engaging and informative program focused on heart health. Learn practical tips for maintaining a strong, healthy heart, including lifestyle habits, nutrition, and ways to reduce your risk of heart disease. Megan will share easy-to-understand insights, provide helpful recipes you can try at home, and answer questions in an open, welcoming discussion.



Facilitator: Megan Schroeder
Members: FREE

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Ask a Master Gardener

Educational

**Thursday, June 11th at 1:30-2:30pm in
The Enrichment Room**

Join plant health experts from North Central Master Gardens for interactive open-forum sessions every 2nd Thursday from April to September, 1:30-2:30 p.m. Ask questions about trees, shrubs, fruits, vegetables, indoor and ornamental plants, lawns, and more. Experts will offer insights on plant diseases, pests, and general care.



Facilitator: Karen Giese

Members: FREE

Delores Kessel & Samantha Wimmer Present: Growing Strong- Gardening for Mental Wellness

**Friday, June 12th at 8:30-10:00am in the
Enrichment Room**

Discover how gardening can nurture your mental health and overall well-being. This engaging presentation explores how time spent in the garden can reduce stress, build resilience, and create a sense of purpose—all while connecting you with nature and others.

Health &
Wellness



**Facilitator: Delores Kessel &
Samantha Wimmer | Members: FREE**

Leinenkugel's Brewery & Marieka Gouda Experience

Offsite
Adventures

**Tuesday, June 16th - Meet in Lot A at 9:00am
for Shuttle Departure**

Join us for a fun and flavorful day trip to Leinenkugel's Brewery and Marieke Gouda.

At Leinie Lodge, you will receive a tour of the brewery and sample of of their great beverages. Following the tour, you will head to Marieke Gouda and Cafe Ditchess. This stop offers something for everyone! You can purchase cheese curds or enjoy delicious meal at Cafe Duchess.

Registration Deadline: June 11th |

Cancellation Deadline: June 2nd

Facilitator: Dwight Ammeson

Members: \$45

Honoring Choices

Health &
Wellness

**Tuesday, June 16th - in The Landing
Fishbowl Office**

Advance care planning is making decisions about the healthcare you would want to receive if you're facing a medical crisis. These are your decisions to make based on your personal values, preferences, and discussions with your loved ones. Schedule a time with Julie to start your Advance Care Plan.

10:00am | 10:30am | 11:00am | 11:30am

Facilitator: Julie Barge

Members: FREE

June Programs



Wings Grief- Visit's from the Twilight Zone



Tuesday, June 16th at 3:30-4:30pm in the Fireside Room

After losing a loved one, many feel a deep sense of loss and may experience signs or dreams that feel significant. Grief can enhance awareness of coincidences or familiar sensations. Maintaining a bond with the deceased can facilitate healing; whether one believes in these messages or not, they can be comforting. Though science may not affirm these experiences, they highlight our connection to a greater existence and suggest that death doesn't end relationships. For registration, call 715-845-4159 or email wingsgrief.org—registration is not through The Landing.

Facilitator: Nan Zastrow
Members: FREE

Let's Create with U-Paint: Distressed Glass & Wood Resin



Wednesday, June 17th at 12:30-2:30pm in The Fireside Room

Join us for Let's Create with U-Paint, a fun and creative class where you'll design a beautiful Distressed Glass and Wood Resin Art piece! Briana LaVonne, owner of U-Paint and an experienced instructor with over 20 years of experience, will guide you step-by-step through the process. No experience needed—just come ready to create, have fun, and leave with a one-of-a-kind piece of art!



Facilitator: Briana LaVonne
Members: \$28

Readers Group



Wednesday, June 17th at 9:30-11:00am in The YMCA Multi-Purpose Room

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life. This group is for any who likes to read. We will offer a safe place for authentic discussion.



Facilitator: Bill Pogge & Sue Reed
Members: FREE

Bingo in The Landing



Thursday, June 18th at 1:00-2:30pm in The Landing Enrichment Room

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Thank you to Cornerstone caregiving for sponsoring Bingo every month.

Facilitator: Pat Kluz
Members: FREE



June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Team Trivia Smackdown



Friday, June 19th at 11:30-12:30am in The Landing Enrichment Eoom

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Be sure to wear your MLB Shirt or Cap to earn extra points!!

Facilitator: Maryellen Marnholtz

Members: FREE



Dairy Pop-Up Food & Dairy Bingo Event



Saturday, June 20th- Meet in Lot A at 7:45am for Shuttle Departure

Let's celebrate June Dairy Month! We will meet at the Shuttle in Parking Lot A at 7:45am to load shuttle and head to Calumet County Fairgrounds in Chilton, Wi to enjoy the festivities of the "Dairy Pop-Up Food & Dairy Bingo Event".

Registration Deadline: June 15th

Cancellation Deadline: June 5th

Facilitator: Dwight Ammeson

Members: \$30

Leigh Yawkey Art Museum- Hot Off the Press: From Matrix to Masterpiece

Friday, June 19th at 12:30-1:30pm at Leigh Yawkey Art Museum

Join Assistant Director and Collections Curator Amalia Wojciechowski for a guided tour of "Hot Off The Press" featuring highlights from the Woodson Art Museum's remarkable collection. Discover how artists across centuries explore expressive relief, intaglio, and planographic techniques to create dynamic and expressive works. Time in the galleries is followed by refreshments and conversation.

Facilitator: Amalia Wojciechowski

Members: FREE



Coffee with The Landing Staff

Monday, June 22nd at 9:00-10:00am in The Landing Social Area

The Landing Staff will be present in the Landing Social Area for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.



Facilitator: Landing Staff

Members: FREE

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

North Shore at Home Presents: Understanding Hospice Care

Health &
Wellness

**Monday, June 22nd at 10:00-11:00am in
The Fireside Room**

Gain a better understanding of hospice care in this informative and compassionate session, Understanding Hospice Care—What It Is & What It Is Not. Learn who qualifies, what services are available, when it may be time to consider hospice, and how to separate common myths from facts. Hear from experienced professionals, including Debbie Merkel, Amie Town, and Katey Knudsen, as they provide guidance to help individuals and families make informed decisions.

Facilitator: Debbie Merkel

Members: FREE

New Member Welcome Session

Educational

**Monday, June 22nd at 11:30am-12:30pm in
The Landing Enrichment Room**

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer for an informal coffee chat about what The Landing has to offer, how to register for programming and get a tour of The Landing and The YMCA.

Facilitator: Pat Kluz

Members: FREE

W E L C O M E

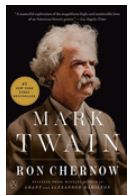
Book Club

Special
Interest

**Tuesday, June 22nd at 11:30am-12:30pm
in The Landing Fireside Room**

Our book club is led by Connie Heidemann with Marathon County Literacy.

All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **“Mark Twain” by Ron Chernow** for June's meeting.



Facilitator: Connie Heidemann

Members: FREE

Collette 2027 Travel Show

**Tuesday, June 23rd at 10:15am-12:00pm in
The Enrichment Room**

Join Katie, our Collette Travel Representative as we highlight the tours we have planned in 2027 including: Spotlight on the French Riviera, Scotland Discovery, Discover Canadian Rockies & Discover Australia's Outback to New Zealand's South Island. Registration is required.



Facilitator: Katie Ganshart

Members: FREE

June Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Rennes Group Presents: The Science of Pain

Health &
Wellness

**Wednesday, June 24th at 10:00-11:00am
in The Landing Fireside Room**

Discover how physical therapy uses science-backed techniques to understand, manage, and reduce pain. In this informative session presented by Rennes Group, you'll gain insight into how the body processes pain and how targeted movement and therapy can support recovery and improve daily function. Perfect for anyone looking to better understand pain and take an active role in their well-being.



**Facilitator: Michaela Block
Members: FREE**

Wausau Fire Department Presents: Falls Prevention

Health &
Wellness

**Wednesday, June 24th at 1:00-2:00pm
in The Enrichment Room**

Learn how to stay safe and prevent falls with this informative session presented by the Wausau Fire Department. Matt Kozloski will cover common causes of falls, practical prevention strategies, and the impact falls have on individuals and the community. Gain valuable knowledge and resources to help you stay independent and confident in your daily life.



**Facilitator: Matthew Kozloski
Members: FREE**

Wisconsin Serenity: Cruising Lakes & Farm Exploration

Offsite
Adventures

**Thursday, June 25th - Meet in Lot A at
9:00am for Shuttle Departure**

Join your friends at The Landing for a day of fun and exploration. First stop will be in Waupaca for the Cruise on the Chain O'Lakes. Enjoy the beauty and history of Waupaca's crystal clear lakes. Next, we will dine at Clear Water Harbor Restaurant. Our last stop will take us to Plover at the Food & Farm Exploration Center. Learn about where your food comes from and how it gets to your table by interacting with over 60 exhibits.

**Registration Deadline: June 19th
Cancellation Deadline: June 11th
Facilitator: Dave Landretti
Members: \$87**



Marathon County Historical Society Presentation

Educational

**Thursday, June 25th at 1:00-2:00pm in
the Enrichment Room**

The Story of Wausau's First Citizens: Walter & Catherine McIndoe. Join us for a captivating journey into the early history of Wausau with local historian Ben Clark. Discover the remarkable story of Walter & Catherine McIndoe- two pioneers whose vision, leadership and lasting contributions helped shape the community we know today.

**Facilitator: Ben Clark
Members: FREE**



June Programs

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Ho-Chunk Gaming Casino Trip

Offsite
Adventures

**Friday, June 26th - Ho-Chunk Shuttle
Departs from Parking Lot A at 11:45am**

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette.

Facilitator: Kathryn Boettcheer

Members: FREE

4th of July Puzzle Challenge

Special
Interest

**Tuesday, June 30th at 10:00am-12:00pm
in The Enrichment Room**

Celebrate the 4th of July with the Puzzle Challenge, where pairs race to complete a 500-piece puzzle in two hours for \$10 per person. It's a fun test of teamwork, focus, and friendly competition, suitable for all skill levels.

**Special thanks to WELNESS WAY for
sponsoring the prizes!**

Facilitator: Casey Waldvogel

Members: \$10

Medicare 101

Educational

**Monday, June 29th at 10:00-11:00am in
The Enrichment Room**

Get a clear, simplified overview of Medicare and your coverage options. Join Josh Reissmann and Amber Scholz of Clay Marketing as they break down Medicare Advantage plans, highlight common gaps, and share practical tips to help you make more confident, informed decisions.



Facilitator: Josh Reissmann & Amber Scholz

Members: FREE

Edward Jones Presents: Social Security

Educational

**Tuesday, June 30th at 11:00am-12:00pm
in The Fireside Room**

Planning for retirement involves crucial decisions about Social Security. Join our informative session to understand your options confidently.

What You'll Learn:

- When to start benefits
- Calculation of benefits
- Strategies to maximize income
- Impact of working in retirement on benefits
- Answers to common questions

Ideal for adults 55+ nearing retirement seeking informed financial choices.

Facilitator: Paul Dau, CFP, CKA

Members: FREE

Edward
Jones

Looking Ahead

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Woodchucks Outing

Offsite
Adventures

Thursday, July 23rd- Game Time: 12:05pm

Come cheer on the Wausau Woodchucks as they take on the Green Bay Rockers. See flyer for full details

Facilitator: Casey Waldvogel

Members: \$37

Annual Brewers Trip

Offsite
Adventures

Thursday, August 6th - Meet in Lot A at 7:20am for Departure

Save the Date for our Annual Lamers Trip to see the Brewers take on the Pitsburg Pirates.

See Flyer for Full Details

Facilitator: Casey Waldvogel

Members: \$130

Music of Johnny Cash- Clauson Family Dinner Theatre

Offsite
Adventures

Tuesday, September 15th OR Thursday, September 17th - Meet in Lot A at 10:30am for Shuttle Departure

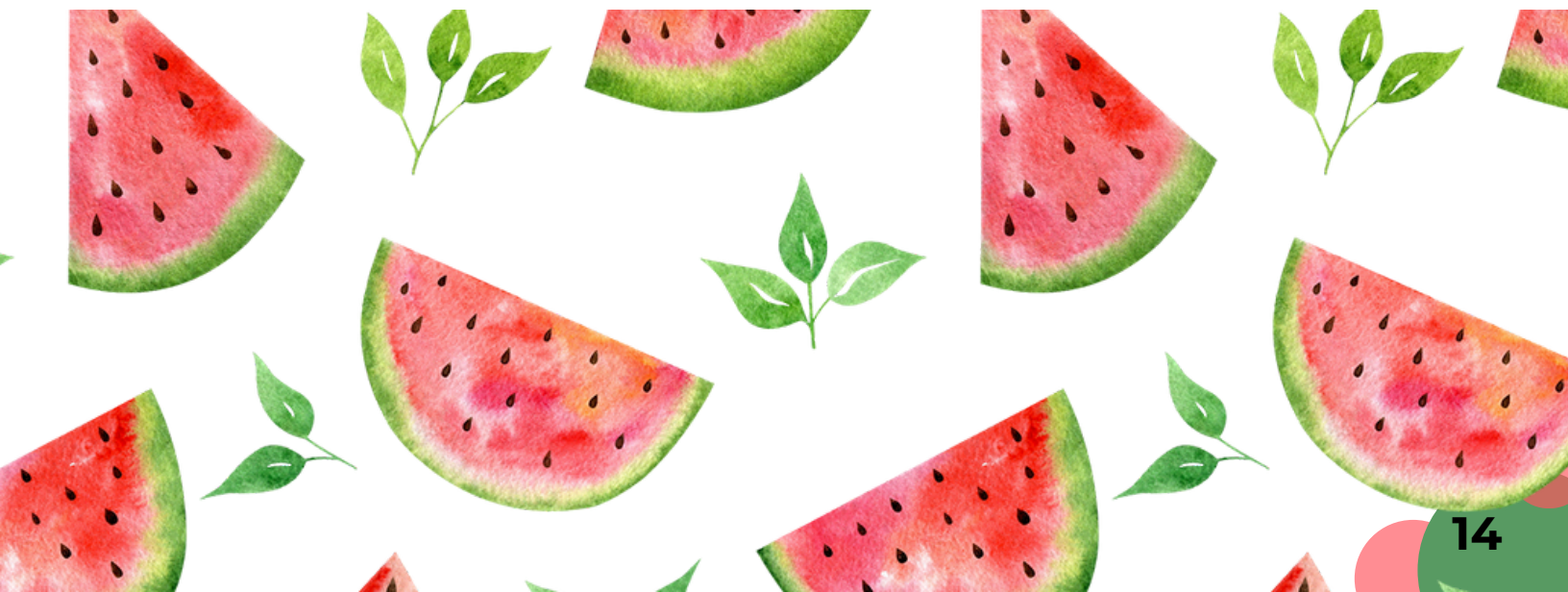
An afternoon of spectacular entertainment awaits at the Clauson Family Music Show, held at the Historic Barn Theater in Coloma. Before the show, guests are treated to a delicious buffet-style dinner freshly prepared and themed to compliment the style of the performance. Enjoy the production celebrating timeless music of country legend Johnny Cash.

Registration Deadline: August 19th

Cancellation Deadline: August 7th

Facilitator: Barb Tesch

Members: \$98



Weekly Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Movie Monday

**Mondays at 1:00pm in The Landing
Fireside Room**

June 1st: The Incredible Mr. Limpet

June 8th: Rain Man

June 15th: The Soloist

June 22nd: The Russians are Coming

June 29th: Movie Marathon

Facilitator: Oona Younger

Members: FREE

Monday Bridge

**Mondays at 1:00-3:00pm in The
Landing Enrichment Room**

Looking to play Bridge? See the Landing
Front Desk for more information.

Euchre

**Tuesdays at 10:00am-12:00pm in The
Landing Game Room**

Come with a partner or on your own and join
us for a rousing round or two of Euchre! Want
to learn? We will help you. Come join us.

Kings in The Corner

**Mondays & Thursdays from 11:00-
12:30pm in The Landing Game Room**

This game is for 4-5 players using one
deck of cards. Players discard cards in a
solitaire-style layout with 8 piles,
alternating red and black in descending
order from Kings. Aces are low, and
beginners are welcome!

Tuesday Crafters

**Tuesdays at 12:00-2:00pm In The
Landing Fireside Room**

Join friends for a craft project! Bring your
unfinished work for motivation, enjoy fellow
crafters' company, and learn useful tips and
tricks.

American Mahjong

**Mondays & Fridays at 12:00-3:00pm in
The Landing Dining Room**

Join us for MahJong. Up to 16
players if using only The Landing's
Mahjong sets. Bring your own Mahjong
card.

Scrabble

**Tuesdays at 2:00-4:00pm in
The Landing Dining Room**

Come join your friends at The Landing for
a fun game of Scrabble!

This is a non-judgmental, fun time to
come and play.

Weekly Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Mexican Train

**Tuesdays at 12:30pm-3:30pm in
The Landing Dining Room**

Mexican Train is a domino game where players aim to play all their tiles onto one or more chains, or "trains," from a central hub. Its popular name originates from a special optional train that all players share.

Cribbage

**Wednesdays at 1:00-3:00pm in The
Landing Game Room**

Come join us for a fun game of Cribbage! This is a non-judgmental, fun time to come and play.

Hand and Foot

**Tuesdays at 12:30-3:00pm & Fridays at
10:30-1:00pm in The Landing Game Room**

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Laughter Club

**Thursdays at 10:00-11:00am in
The Landing Enrichment Room**

Laughter Club offers a fun and uplifting experience where members engage in laughter exercises through charades, improv, storytelling, and humor.

Fun Bridge

**Fridays at 10:00am-12:00pm in The
Landing Fireside Room**

Beginner Bridge players are invited to play Bridge every Friday.

Advance Chicago Style Bridge

**Wednesdays at 9:00-11:30am in
The Landing Game Room**

Experienced Players Only – will need to contact Karen Tallisch to join the group.

Sheepshead

**Fridays at 1:00-3:00pm in The Landing
Game Room**

All levels of players are welcome, even beginners

Program Check List

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Utilize this checklist as a helpful guide for the programs you wish to enroll in. Simply circle or highlight the programs you wish to register for and bring it to the Landing Staff for registration.

- Elder-Well Presentation
- Creative Cooking with Jackie
- Wellness Way Presentation
- Old Guys Book & BS Club
- Improvaholics
- E-Bike Safety Workshop
- Hougum Law Presentation
- Practical Wisdom for Everyday Life
- Hospice with Aspirus Health
- Bautch Chiropractic Presentaion
- June Birthday Bash
- Eyemar- Eye Glass Adjustments
- Golf Social
- Honoring Choices Presentation
- Honoring Choices 1:1 Sessions
- Rick Lohr Presentation
- The Landing Social
- Bear with Us- Bear Education Center
- Lets Create with U-Paint (WESTON)
- Fa\$T- Scam Awareness
- Mead Wildlife Shuttle Trip
- PAM Health- Love Your Heart
- Ask a Master Gardeneer
- Delores Kessel & Samantha Wimmer Gardening Presentation
- Leinenkugels Shuttle Trip
- Wings Grief
- Readers Group
- Lets Create with U-Paint (WAUSAU)
- Bingo!
- Team Trivia Smackdown
- Leigh Yawkey Art Museum
- Dairy Pop-Up Shuttle Trip
- Coffee with Landing Staff
- North Shore at Home Presentation
- Book Club
- New Member Welcome Session
- Collette Travel Show
- Rennes Group Presentation
- Wausau Fire Department Presentation
- Waupaca Cruise Shuttle Trip
- Marathon County Historical Society Presentation
- Ho-Chunk Shuttle Trip
- Medicare 101
- 4th of July Puzzle Challenge
- Edward Jones Presentation
- Wood Chucks Outing
- Annual Brewer Trip
- Music of Johnnh Cash Shuttle Trip