

September

Program Guide & Newsletter



Woodson YMCA
707 N 3rd St, Wausau WI

The Landing

Social & Activities Center
for Members 55+

The Landing Hours

Monday-Friday
8:00am - 4:30pm
Saturday
9:00am - 1:00pm



Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

To register for programs, visit the Receptionist Desk at the Landing or the Member Services Desk at the Wausau or Aspirus Branches.

For multi-session programs, register before the first meeting and attend from the start. Closed registrations are indicated in the program description and fees are listed where applicable, and registration is exclusive to YMCA or Landing Social Members.

Financial Assistance is available through Community Supported Memberships (CSM) for qualifying members; schedule an appointment at the Member Services Desk to apply.

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Program Cancellation Policy

Program registrations are necessary to secure your spot. If you can't attend, contact The Landing at 715-841-1855 promptly.

For fee-based programs:

- Full refunds for cancellations before the cancellation deadline.
- No guaranteed refunds after the deadline.

Notify The Landing at least two business days in advance to attempt filling your spot from the waiting list if one exists:

- If filled, you will receive a credit or refund.
- If not filled, no credit or refund is issued.

The Landing can modify this policy anytime. Refunds over \$20 may take up to 10 business days for processing.

Through The Landing, the Woodson YMCA fulfills its nonprofit mission by helping older adults stay active, connected, and engaged.

The Landing Annual Gala

Let's party aloha style!

Saturday, September 19th, 2026

The Landing – 3rd Floor | 6:00–10:00 PM

Enjoy a Night Filled With:

Dancing, Raffles & Mingling

Delicious Hors d'oeuvres

Wine, Beer & Drinks Available for Purchase

Catch the Island Rhythm With:

Ray Kraemer on Piano 6:00–7:00 PM

Music by DJ Dilly P 7:00–10:00 PM

Party With Us In Paradise:

The Landing – 3rd Floor

707 N. 3rd St, Wausau, WI 54403

Non-Members Welcome!

The Landing Annual Fundraiser Supports
the Y For All Campaign

Proceeds from this event help ensure that no one
is ever turned away from the Woodson YMCA due
to an inability to afford fees.



Thank You For Your Support!

Scan the QR Code for
Sponsorship Opportunities

Presenting Sponsor



Gather Sponsors

Dudley Foundation



Move Sponsors



Grow Sponsor



We are actively seeking sponsors and
donations for raffle baskets. If you are
aware of any businesses interested in
supporting our Landing Gala, please
reach out to Julie for further
information.

September Programs

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

Learn American Mahjong



**Tuesday, Sept 1st & Wednesday, Sept, 2nd
at 12:00-1:30pm in The Enrichment Room**

Join Lynn for a beginner-friendly introduction to American Mahjong! This program covers basic rules, reading the NMJL card, and tips for confident play—no prior experience needed. Lynn, an experienced player and teacher, is passionate about making learning engaging. Participants will receive their own updated Mahjong cards to use during the lessons. **Registration is Closed for this program.**

Facilitator: Lynn Eby

Members: \$17

Improvaholics: What's Your Line

Special
Interest

**Wednesday, September 2nd & 9th at
11:00am-12:00pm in The Fishbowl Room**

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.



Expect plenty of laughs, unexpected twists and a chance to build confidence and community.

Facilitator: Anne Dibala & Kathryn Rieckhoff

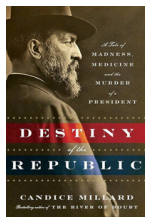
Members: FREE

Old Guys Book & BS Club: "Destiny of the Republic"



**Wednesday, September 2nd at 9:30-
10:30am in The Fireside Room**

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. Please read "Destiny of the Republic" by Candice Millard



for the September meeting. **Spots are limited- Registration is required**

Facilitator: John DeLaporte & Bill Pogge

Members: FREE

Lunch at The Landing

**Wednesdays in September- Lunch is
served at 12:00pm in the Landing Kitchen**

Sept. 2nd: Egg Salad Wrap

Sept. 9th: Orange Chicken

Sept. 16th: Philly Cheese Steak Sandwich

Sept. 23rd: One Pot Pasta

Sept. 30th: Shredded Beef & Mashed Potatoes

See Lunch Flyer for the full menu.

**Lunch registration is due the Friday at Noon
prior to the event. No refunds will be given
after the registration deadline.**

Facilitator: Amber Pender & Mindy Nelson

Members: \$12

September Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Let's Create with U-Paint: You Choose your Masterpiece

Special
Interest

Wednesday, September 2nd at 12:30-2:30pm in the Fireside Room

Dive into a world of creativity with Briana LaVonne, the maestro behind U-Paint! Let loose and unleash your inner artist as you choose your masterpiece: a whimsical witch hat or a spine-chilling pumpkin painting. With Bri's expert guidance, you'll be casting creative spells in no time!

Facilitator: Briana LaVonne
Members: \$28



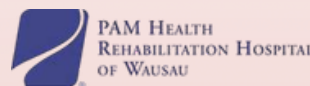
PAM Health Presents: Understanding Brain Injury

Health &
Wellness

Thursday, September 3rd at 10:00-11:00am in The Fireside Room

Join us for an engaging presentation with PAM Health featuring Megan Schroeder and Director of Rehabilitation Teresa, who will discuss brain injuries, their causes, and their impacts on individuals and families. Learn about the rehabilitation process, recovery strategies, and the role of therapy in regaining independence. They will also cover resources for patients and caregivers, as well as prevention tips. This is a valuable opportunity to learn from experts and ask questions about brain health and recovery. All are welcome!

Facilitator: Megan Schroeder
Members: FREE



Marathon County Solid Waste- Landfill Tour

Offsite
Adventures

Thursday, September 3rd- Meet in Lot A at 8:15am for Shuttle Departure

Join us for a fascinating and enlightening tour of The Marathon County Solid Waste Department in Ringle and discover that it is so much more than just a landfill!

The tour will take about 2-hours, which includes transportation to and around the landfill.

Facilitator: David Landretti
Members: FREE



Hospice with Aspirus Health- Grief & Loss

Health &
Wellness

Thursday, September 3rd at 12:00-1:00pm in The Enrichment Room

Join Hospice with Aspirus Health for a thoughtful and supportive presentation on Grief and Loss. This session offers guidance, understanding, and practical tools to help navigate the many emotions that come with loss.

Facilitator: Gabby Theilman
Members: FREE



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Blood Pressure Clinic with Medical College of Wisconsin

Health &
Wellness

**Thursday, September 3rd at 2:00-4:00pm in
the YMCA Multi-Purpose Room**

High blood pressure often has
no symptoms but can lead to
serious health risks. A quick
check can make a big difference
in your health.



Get checked by a Central Wisconsin Medical
College student to learn your
numbers and take the first step toward
better health. These checks are open to all
ages and no registration required
Facilitator: Amber Pender
Members: FREE

Labor Day Hours

8:00am-12:00pm

All normal programs
and Group Exercise will
be canceled today.



Honoring Choices- Advance Care Planning

Health &
Wellness

**Tuesday, September 8th at 9:00-10:00am in
The Fireside Room**

Join Julie Barge from Aspirus for an informative
session on Advance Care Planning (ACP)—the
process of thinking about, discussing, and
documenting your future healthcare wishes.

While it can be a difficult topic, having a Health
Care Directive ensures your preferences are
known and respected if you're ever unable to
speak for yourself.

**One-on-One Appointments: Tuesday,
September 15th: 10:00am | 10:30am
11:00am | 11:30am**

Facilitator: Julie Barge
Members: FREE



Rick Lohr Presents: Exploring Hawaii

Educational

**Tuesday, September 8th in the Enrichment
Room & Wednesday, September 16th in The
Fireside Room at 10:00-11:00am**

Join Rick Lohr this September for an
engaging journey through the
Hawaiian Islands, featuring stories
and insights from his travels to Oahu, Maui, and
Kauai. This presentation offers inspiration,
practical tips, and a deeper appreciation for
Hawaii's beauty and culture, whether you're a
past visitor or dreaming of going.

Facilitator: Rick Lohr
Members: FREE



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Live Literature: Bringing Shakespeare to Life

Special
Interest

**Tuesdays, Sept. 8th - Dec. 1st (No
Session Oct. 6th) at 1:30-3:00pm in the
Enrichment Room**

Join retired professors Sarah
Rudolph and Bob Davis for an
engaging shared reading of
Shakespeare's "Hamlet."



Participants will collaborate to explore the
themes and characters of this classic work in a
welcoming environment, whether they are
seasoned enthusiasts or new to Shakespeare.
Experience the power of literature and the joy
of reading together.

Facilitator: Sarah Rudolph & Bob Davis
Members: \$45

Spanish Lessons- Beginner

Educational

**Tuesdays, Sept. 8th - Oct. 27th at 3:30-
4:30pm in the Fireside Room**

Master greetings, numbers, colors, family
terms, and everyday vocabulary. Practice
basic grammar, ask questions, hold simple
conversations, and handle real-world
situations like dining and shopping.
Interactive lessons with games, role-play, and
dialogues make learning fun and practical.
Perfect for travel, work, or starting your
Spanish journey!

Facilitator: Celin Mejias
Cost: \$180

The Landing Social

Special
Interest

**Tuesday, September 8th at 3:00-5:00pm
at Cheeks Bar & Grill | 158241 E. Wausau
Ave | Wausau, WI**

Join us for a relaxed gathering
to meet singles, make friends,
and enjoy conversations in a
welcoming atmosphere. Share
ideas for future meetups while sipping and
socializing—we'd love your suggestions!
Please note: If you do not register with The
Landing, seating with the group cannot be
guaranteed.



Facilitator: Cheryl Johnson-Domino
Members: FREE

It's a Mystery to Me...- Book Club

Special
Interest

**Wednesday, September 9th at 9:00-
10:00am in The Fireside Room**

Dive into suspense, intrigue, and
heartfelt romance with a book
club for readers who enjoy a little
thrill with their love stories. Each
month we explore engaging reads
under 400 pages from authors like Agatha
Christie, Nora Roberts, Harlan Coben, Louise
Penny, and more.



**For September, please read "The Guest
List" by Lucy Foley**

Facilitator: Terry Ugoretz
Members: FREE

September Programs

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Bible Study

Special
Interest

**Wednesdays, September 9th & 23rd at
11:00am-12:00pm in The Enrichment Room**

Join Pastor Dave Mahler for an inspiring study of the Book of John, exploring the life and teachings of Jesus. He is passionate about helping you grow in your knowledge of Scripture, with an emphasis on the joy and freedom found in the practical, everyday living of the Christian life. All are welcome for engaging discussion in a supportive and welcoming environment.

Facilitator: Pastor Dave Mahler

Members: FREE

Let's Create with U-Paint: Stained Glass & Resin

**Wednesday, September 9th at 12:00-
2:00pm in Studio C at Weston YMCA**

Create a stunning crushed glass and resin sun catcher featuring your choice of a pumpkin, leaf, eagle or cardinal design.

Led step-by-step by Briana LaVonne, owner of U-Paint with over 20 years of experience, this relaxing class is perfect for all skill levels. You'll enjoy a fun, supportive environment and leave with a beautiful sun catcher you'll be proud to display.



Facilitator: Briana LaVonne

Members: \$28

Wausau Police Department Presents: Drugs in our Community

Educational

**Wednesday, September 9th at 1:00-
2:00pm in The Enrichment Room**

Join Wausau Police Department representatives for a crucial discussion on the impact of drugs in our community. This presentation aims to raise awareness, educate, and enhance safety for you and your loved ones. Officers will share current local trends, explain the effects of various substances, and provide practical tips for recognizing warning signs and mitigating risks.



Facilitator: Tracy Rieger

Cost: FREE

Creative Cooking with Jackie

Special
Interest

**Thursday, September 10th at 9:00-11:30am
in the YMCA Multi-Purpose Room**

Join Jackie in the kitchen for a fun and welcoming cooking experience as she guides you step-by-step, sharing helpful tips you can easily use at home. This month, you'll create Green Pozole—a hearty, traditional Mexican stew made with tender shredded meat and hominy, known for its vibrant, comforting flavor—and a Greek Yogurt Jelly with Strawberry Sauce, a light and refreshing dessert with a perfectly sweet finish.



Facilitator: Jackie Romero

Members: \$34

September Programs

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Required**

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Sign Up!

Rick Lohr Presents at ASPIRUS YMCA: Exploring Hawaii

Educational

**Thursday, September 10th at 10:00-
11:00am at ASPIRUS YMCA Studio C**

Join Rick Lohr this September for an engaging journey through the Hawaiian Islands, featuring stories and insights from his travels to Oahu, Maui, and Kauai. This presentation offers inspiration, practical tips, and a deeper appreciation for Hawaii's beauty and culture, whether you're a past visitor or dreaming of going.



Facilitator: Rick Lohr
Members: FREE

Master Gardeners- Ask Your Master Gardener

Educational

**Thursday, September 10th at 1:30-
2:30pm at Monk Gardens | 1800 N. 1st
Ave | Wausau, WI**

Join us for an afternoon at Monk Botanical Gardens, featuring a Q&A with local Master Gardeners for gardening tips. Guest speaker Jennifer Plisch will share her expertise. After the discussion, enjoy a guided tour of the beautiful gardens, with golf carts available for assistance.



Facilitator: Karen Giese & Jennifer Plisch
Members: FREE

Collette 2027 Travel Show

**Thursday, September 10th at 10:15am-
12:00pm in The Enrichment Room**

Join Katie, our Collette Travel Representative as we highlight the tours we have planned in 2027 including: Spotlight on the French Riviera, Scotland Discovery, Discover Canadian Rockies & Discover Australia's Outback to New Zealand's South Island. Registration is required.



Facilitator: Katie Ganshert
Members: FREE

Spanish Lessons- Intermediate

Educational

**Thursdays, Sept. 10th - Oct. 29th at 3:30-
4:30pm in the Fireside Room**

Build on your Spanish skills in this 8-week intermediate course by Celin Mejias. Enhance your language understanding through short stories, songs, conversations, and movies. You'll learn to write stories, engage in conversations, and confidently ask and answer questions. The course includes clear grammar explanations and diverse exercises for effective communication. It's perfect for those with basic Spanish looking to improve their skills.

Facilitator: Celin Mejias
Cost: \$180

September Programs

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Required**

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Sign Up!

Mead Wildlife Area Presents: Owls in the Evening!



**Thursday, September 10th - Meet in Lot A
at 5:30pm for Shuttle Departure**

Moving the September Mead trip to evening hours. Why? Because owls are nocturnal creatures and we will be exploring the wildlife center in the hopes of seeing one of these great creatures.

Join us for an Owl of a great time! See many of Wisconsin's owl species and go owling with a guide to communicate with and hopefully see a Mead owl or two.

Facilitator: Halle Veenstra
Members: \$15

K & C River Adventure



**Friday, September 11th - Meet at Gullivers |
151701 Gadwall Lane | Wausau at 9:30am**

Relax and enjoy the river with Jonathan Mepham of Kayak & Canoe River Adventure. Join a guided kayaking experience suitable for all skill levels, perfect for connecting with nature in calm waters. Enjoy fresh air and time with friends while spots last—reserve yours today!



Facilitator: Jonathan Mepham
Members: \$45

Delores Kessel Presents: Laughing Matters



**Friday, September 11th at 8:30-10:00am in
The Fireside Room**

Join us this September for an uplifting presentation on how humor supports mental health. Explore various forms of humor—jokes, stories, puns, and irony—and their role in reducing anxiety, easing low moods, and combating depression. Humor enhances emotional well-being by boosting self-esteem and hope, while also benefiting physical health by increasing dopamine and serotonin and lowering stress hormones like cortisol.



Facilitator: Delores Kessel
Members: FREE

September Birthday Bash

**Friday, September 11th at 11:30am-12:30pm
in The Landing Enrichment Room**

We are celebrating birthdays every Month! If it is your Birthday Month, signup to enjoy cake, music & the chance to win fun prizes.

**Special Thank You to Culvers
for helping sponsor our Monthly
Birthday Bash!**



Facilitator: Landing Staff & Volunteers
Members: FREE

September Programs

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

Grandparents Day at The Children's Imaginarium



**Saturday, September 12th at 10:00am-
12:00pm at the Children's Imaginarium**

Celebrate Grandparents Day at the Children's Imaginarium! Landing members can bring their grandchild for a morning of creativity and connection. Participate in a hands-on picture frame decorating craft and enjoy access to the Imaginarium, including the STEM exhibit on optical illusions and exciting permanent exhibits.

Facilitator: Amy Frost

Members: \$10 per person

Eyemart- Eye Glass Tune-ups & Adjustments

Special
Interest

**Monday, September 14th at 10:00am-
1:00pm in The Enrichment Room**

Visit Shelley from Eyemart Express for a free eyeglass cleaning, tune-up, and adjustment. As the General Manager, she is dedicated to helping patients look and see their best. Shelley will also provide exclusive coupons for new glasses, making it a great chance to care for your eyewear!

Facilitator: Shelley Turner

Members: FREE

**EYEMART
EXPRESS**

OATs- FREE Technology Program: "Free Your Photos" 5-Week Course

Educational

**Mondays, August 10th-September 21st in
the Fireside Room**

(NO CLASS Aug. 24th or Sept. 7th)

IPHONE: 9:30am

ANDRIOD: 11:00am



Come to this 5-week course with the digital photos you want to back-up, share, and print! You'll learn to use Google Photos, a Cloud-based platform that allows you to organize and access your pictures across devices. You'll also explore websites for printing and making the most of your pictures by turning them into scrapbooks, calendars, and more!

Facilitator: Barb Tesch & Debbie Dahlke

This program is closed for registration

Fast Friends- Speed Friending

Special
Interest

**Monday, September 14th at 11:00am-
12:30pm in The Enrichment Room**

Join us for a Speed Friending event in a fun, relaxed setting to meet new people and build meaningful connections without the pressure of traditional networking. Ideal for newcomers and those wanting to expand their social circle, attendees can come solo or with a friend. It's a great opportunity to start conversations and make friendships easily!



Facilitator: Oona Younger

Members: FREE

September Programs

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Required**

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Sign Up!

Open Bowling at The Elk's Club



**Every Monday in September from
11:00am-1:00pm at the Wausau Elks Club**

Step back in time and enjoy a relaxed morning of Open Bowling at the Elks Lodge! Experience the charm of classic lanes dating back to the early 1900s—a part of Wausau's history. With six vintage-style lanes and old-fashioned scorekeeping, it's a fun and nostalgic way to spend time with friends. Bowling will be held in the basement, with access available by stairs or elevator based on your comfort level.

Facilitator: Bruce Conrad

Members: \$10 to be paid in person

Clauson Family Dinner Theatre Presents: The Music of Johnny Cash

Offsite
Adventures

**Tuesday, Sept. 15th & Thursday, Sept. 17th
- Meet in Lot A at 10:30am for Shuttle
Departure**

Join the Clauson Family Music Show at the Historic Barn Theatre in Coloma for an afternoon of entertainment. Guests enjoy a buffet-style dinner with three meat entrées, sides, and beverages before a lively production celebrating Johnny Cash's music, featuring his greatest hits and gospel songs. The show promises an energetic atmosphere and a heartfelt tribute to the iconic artist, perfect for Johnny Cash fans.



Facilitator: Dwight Ammeson/David Landretti
Members: \$98

Golf Social- Trappe River Golf Course



**Monday, September 14th at 1:00-3:00pm at
Trappe River Golf Course**

Attention Golfers! Let's get together and golf 9-holes at Trappe River Golf Course. No lessons will be given- just get together and golf 9-holes with Landing Friends.



Registration Deadline: September 11th

Facilitator: Bill Olson

**Members: Fees to golf will be paid at the
golf course**

First Financial Security- Protecting Your Retirement



**Tuesday, September 15th at 11:00am-
12:00pm in the Enrichment Room**

Join Kevin and Yer Lee of First Financial Security, Inc. for a complimentary and informative workshop designed to help you navigate today's retirement landscape with confidence. This educational session offers practical, easy-to-understand insights to help you make more informed decisions about your financial future.

Facilitator: Kevin Vang & Yer Lee
Members: FREE

September Programs

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Required**
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Readers Group

Special
Interest

**Wednesday, September 16th at 9:30-11:00am
in The YMCA Multi-Purpose Room**

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life.

This group is for anyone who likes to read. We will offer a safe place for authentic discussion.

Facilitator: Bill Pogge & Sue Reed

Members: FREE



Willow Springs- Pizza on the Patio

Offsite
Adventures

**Wednesday, September 16th at 6:00-8:00pm
at Willow Springs | 6505 N 60th Ave | Wausau**

Join us for a relaxing evening outdoors featuring live entertainment, reserved seating, and a delicious all-you-can-eat dining experience. Enjoy homemade pizza along with fresh salad, bread, a featured entrée, dessert, and beverages as you gather with friends and take in the patio atmosphere.



Facilitator: Peggy Griffin

Members: \$16

Phil Berg Presents: A Nordic Legacy

Special
Interest

**Thursday, September 17th at 11:00am-
12:00pm in the Enrichment Room**

Join Phil Berg for an engaging presentation on a century of skiing history in Wausau, highlighting the Berg family's legacy from their Norwegian roots to local skiing icons. Discover early ski jumping, the origins of cross-country skiing, and the influence of the U.S. Army's 10th Mountain Division during WWII. This is a chance to hear personal stories and learn how skiing has shaped Wausau's culture and identity.

Facilitator: Phil Berg

Members: FREE

Bingo in The Landing

**Thursday, September 17th at 1:00-2:30pm in
The Landing Enrichment Room**

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

**Thank you to Cornerstone caregiving for
sponsoring Bingo every month.**

Facilitator: Pat Kluz

Members: FREE



September Programs

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Oktoberfest- Chippewa Falls

Offsite
Adventures

**Friday, September 18th - Meet in Lot A at
8:30am for Shuttle Departure**

Celebrate German heritage at the Chippewa Falls Oktoberfest at the Northern Wisconsin State Fairgrounds. Enjoy authentic cuisine, artisan vendors, traditional music, and German beer. Highlights include the Golden Keg Procession, four stages of entertainment, and a carnival. Attendees can explore at their own pace, sampling food, enjoying entertainment, and relaxing with friends, ensuring something for everyone.



Facilitator: Dwight Ammeson
Members: \$45

Leigh Yawkey Woodson Art Museum- Birds in Art

Offsite
Adventures

**Friday, September 18th at 12:30-1:30pm at
Leigh Yawkey Art Museum**

Join a guided tour for the 51st annual Birds in Art exhibition, showcasing stunning avian-inspired artworks by talented artists. The tour, led by Museum educators, will explore various artistic styles and mediums, followed by refreshments and conversation in the lower-level classroom.



Facilitator: Rachel Hausmann Schall
Members: FREE

Team Trivia Smackdown

Games

**Friday, September 18th at 11:30am-
12:30pm in The Enrichment Room**

Gather all your facts, insights, knowledge, and even your lucky guesses for this event! It's an excellent opportunity to connect with both new acquaintances and old friends, ensuring a fun time for everyone. Register today! Teams will be limited to just 4 or 5 participants.

Facilitator: Mary Ellen (Mel) Marnholtz
Members: FREE

TRIVIA

Wings Grief- 5 Week Series

Health &
Wellness

**Tuesdays, Sept. 22nd- Oct. 27th at 3:30-
4:30pm at the YMCA Training Center**

Grief alters your self-perception, worldview, and future possibilities. It brings overwhelming pain, yet it's a personal journey that only you can navigate. Understanding grief is the first step to reclaiming your life. This series is for anyone experiencing loss, offering coping strategies to recognize personal strength and find renewed purpose. Your life may change, but resilience can help you live fully again. **To register, call 715-841-4159; registration is not available through the Landing or YMCA.**

Facilitator: Nan Zastrow
Members: FREE

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Glaser Dental Q & A

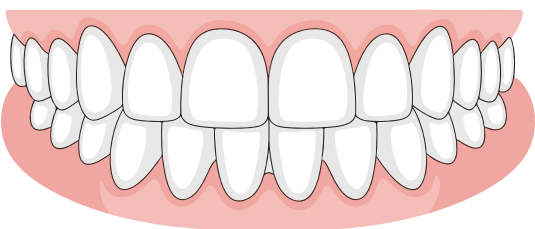
Health &
Wellness

Wednesday, September 23rd at 12:00-1:00pm in The Enrichment Room

Join us for an interactive session with Glaser Dental to address common dental questions and concerns. It's a chance to learn and boost your confidence in oral health care. If you're uncomfortable asking questions publicly, email cwaldvogel@thelandingwausau.com to have your questions submitted anonymously.

Facilitator: Karin Vermack & Kylee Wilde

Members: FREE



Marathon County Historical Society Presentation

Educational

Thursday, September 24th at 1:00-2:00pm in the Enrichment Room

Explore the history of Marathon County's cherished fair, which began in 1868. Discover its origins, growth, and changes over 150+ years. This program provides an intriguing look at a beloved community event that unites people annually.

Facilitator: Ben Clark

Members: FREE

Warrens Cranberry Fest

Offsite
Adventures

Friday, September 25th - Meet in Lot A at 8:00am for Shuttle Departure

Join us for a day at the World's Largest Cranberry Festival in Warrens, Wisconsin! This beloved annual event is a shopper's paradise, featuring over 800 arts & crafts booths, 300 flea & antique vendors, 100 farm market stands, & more than 100 food vendors. Stretching over three miles of outdoor fun, the Festival offers an unforgettable experience filled with shopping, delicious eats, and one-of-a-kind finds.



Facilitator: David Landretti

Members: \$38

Ho-Chunk Gaming Casino Trip

Offsite
Adventures

Friday, September 25th - Ho-Chunk Shuttle Departs from Parking Lot A at 11:45am

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette.

Facilitator: Kathryn Boettcheer

Members: FREE

September Programs

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Coffee with The Landing Staff

**Monday, September 28th at 9:00-10:00am
in the Landing Social Area**

The Landing Staff will be present in the Landing Social Area for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.

Facilitator: Landing Staff

Members: FREE



New Member Welcome Session

Educational

Monday, September 28th at 11:30am-12:30pm in The Landing Enrichment Room

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer for an informal coffee chat about what The Landing has to offer, how to register for programming and get a tour of The Landing and The YMCA.

Facilitator: Pat Kluz

Members: FREE

WELCOME

Book Club

Special
Interest

Monday, September 28th at 11:30am-12:30pm in The Landing Fireside Room

Our book club is led by Connie Heidemann with Marathon County Literacy.

All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **“Secondhand Time: The Last of the Soviets” by Svetlana Alexievich** for September's meeting.

Facilitator: Connie Heidemann

Members: FREE



Edward Jones Presents: Investing With Purpose

Educational

Tuesday, September 29th at 11:00am-12:00pm in The Enrichment Room

Do you want to feel confident—and good—about how you grow your wealth? Join Paul Dau, CFP with Edward Jones, for an informative and engaging presentation on purpose-based investing. Discover how aligning your financial decisions with your personal values can help you work toward your goals with greater clarity and confidence.

Facilitator: Paul Dau, CFP

Members: FREE

September Programs

Registration is
Required

Visit our Member
Service Desk &
Sign Up!

Rennes Group Presents: Estate Planning 101

Health &
Wellness

Wednesday, September 30th at 10:00-11:00am in The Landing Fireside Room

Planning for the future can feel overwhelming—but having the right information makes all the difference. Join Rennes Group and Hougum Law Office for an informative session designed to help you better understand long-term care options and how Medicaid planning can support you or your loved ones.

Facilitator: Michaela Block

Members: FREE

Bridge Lessons

Special
Interest

Wednesdays, September 30th-November 18th at 12:30-2:30pm

Beginners: YMCA Multi-Purpose Room

Improve your Game- YMCA School Age Room

Whether you're brand new to Bridge or ready to sharpen your strategy, we have a class for you! Join us this fall for two engaging Bridge opportunities designed to meet you where you're at—learn the fundamentals in a welcoming beginner class or elevate your skills with advanced hand evaluation and contract analysis. No matter your experience level, you'll enjoy a fun, social environment while building confidence and improving your game.

Registration Deadline for Beginner ONLY- September 18th

Instructors: Emalyn Nikstad & Jim Golz

Beginners: \$35 | Advanced: \$20



MARK YOUR CALENDAR Upcoming Theater Day Trips

"Monster Mash Spooktacular"

Legacy Dinner Theater
Wisconsin Dells, WI
Shuttle Trip
Thursday, Oct. 22

Cost:
\$125

Cancelation
Deadline: Oct 1
Registration
Deadline: Oct 8



"Christmas on The Farm"

Clauson Family Dinner Theater
Coloma, WI - Shuttle Trip
Thursday, Nov 19
OR Tues., Nov 24

Cost:
\$98

Cancelation
Deadline: Oct 16
Registration
Deadline: Oct 26



"A Christmas Story" the Musical

FIRESIDE Dinner Theater
Lamers Bus Trip

Thursday, Dec. 10

Cost:
\$195

Cancelation
Deadline: Oct. 23
Registration
Deadline: Nov. 6



Weekly Programs

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

Movie Monday

**Mondays at 1:00pm in The Landing
Fireside Room**

Sept 7th: No Movie- Labor Day

Sept. 14th: Hello, My Name is Doris

Sept, 21st: Ghost

WEDNESDAY Sept. 30th: Movie Marathon:
The Karate Kid Pt. 2, The New Karate Kid &
LBJ

Facilitator: Oona Younger

Members: FREE

Kings in The Corner

**Mondays & Thursdays from 11:00-
12:30pm in The Landing Game Room**

This game is for 4-5 players using one
deck of cards. Players discard cards in a
solitaire-style layout with 8 piles,
alternating red and black in descending
order from Kings. Aces are low, and
beginners are welcome!

American Mahjong

**Mondays & Fridays at 12:00-3:00pm in
The Landing Dining Room**

Join us for MahJong. Up to 16
players if using only The Landing's Mahjong
sets. Bring your own Mahjong card.

Monday Bridge

**Mondays at 1:00-3:00pm in The
Landing Enrichment Room**

Looking to play Bridge? See the Landing
Front Desk for more information.

Euchre

**Tuesdays at 10:00am-12:00pm in The
Landing Game Room**

Come with a partner or on your own and join
us for a rousing round or two of Euchre! Want
to learn? We will help you. Come join us.

Tuesday Crafters

**Tuesdays at 12:00-2:00pm In The
Landing Fireside Room**

Join friends for a craft project! Bring your
unfinished work for motivation, enjoy fellow
crafters' company, and learn useful tips & tricks.

Scrabble

**Tuesdays at 2:00-4:00pm in
The Landing Dining Room**

Come join your friends at The Landing for a fun
game of Scrabble!

This is a non-judgmental, fun time to
come and play.

Weekly Programs

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

Mexican Train

**Tuesdays at 12:30pm-3:30pm in
The Landing Dining Room**

Mexican Train is a domino game where players aim to play all their tiles onto one or more chains, or "trains," from a central hub. Its popular name originates from a special optional train that all players share.

Hand and Foot

**Tuesdays at 12:30-3:00pm & Fridays at
10:30-1:00pm in The Landing Game Room**

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Advance Chicago Style Bridge

**Wednesdays at 9:00-11:30am in
The Landing Game Room**

Experienced Players Only – will need to contact Karen Tallisch to join the group.

Cribbage

**Wednesdays at 1:00-3:00pm in The
Landing Game Room**

Come join us for a fun game of Cribbage! This is a non-judgmental, fun time to come and play.

Laughter Club

**Thursdays at 10:00-11:00am in
The Landing Enrichment Room**

Laughter Club offers a fun and uplifting experience where members engage in laughter exercises through charades, improv, storytelling, and humor.

Fun Bridge

**Fridays at 10:00am-12:00pm in The
Landing Fireside Room**

Beginner Bridge players are invited to play Bridge every Friday.

Sheepshead

**Fridays at 1:00-3:00pm in The Landing
Game Room**

All levels of players are welcome, even beginners

Checklist

Registration is Required

Visit our Member Service Desk & Sign Up!

Utilize this checklist as a helpful guide for the programs you wish to enroll in. Simply circle or highlight the programs you wish to register for and bring it to the Landing Staff for registration.

Member Name: _____

- Tickets for the Annual Gala
- Old Guys Book & BS Club
- Improvaholics: Set. 2nd & Sept. 9th
- Lunch at The Landing
- Let's Create with U-Paint- WAUSAU
- Marathon County Landfill Trip
- PAM Health Presentation
- Hospice with Aspirus Health
- Honoring Choices
- Rick Lohr Presentation:
Sept. 8th or Sept. 16th
- Live Literature
- The Landing Social
- Beginning Spanish Lessons
- It's a Myster Book Club
- Bible Study: Sept. 9th & Sept. 23rd
- Let's Create with U-Paint- WESTON
- Wausau Police Department
Presentation
- Creative Cooking with Jackie
- Rick Lohr Presentation- WESTON
- Collette Travel Show
- Master Gardeners
- Intermediate Spanish Lessons
- Delores Kessel Presentation
- K & C River Adventure
- September Birthday Bash
- Eyemart Express
- Fast Friends
- Open Bowling at Elks Club
- Golf Social
- Clauson Family Dinner Theatre
- First Financial Presentation
- Readers Group
- Willow Springs- Pizza on the Patio
- Phil Berg Presents: Nordic Legacy
- Bingo!
- Oktoberfest Shuttle Trip
- Team Trivia
- Leigh Yawkey Art Tour
- Wings Grief- Must Call Nan
- Glaser Dental Presentation
- Marathon County Historical Society
- Warrens Cranberry Fest Shuttle Trip
- Ho-Chunk Casino Trip
- Book Club
- New Member Welcome Session
- Edward Jones Presentation
- Rennes Group Presentation
- Bridge Lessons