

November

Program Guide & Newsletter



Woodson YMCA
707 N 3rd St, Wausau WI

The Landing

Social & Activities Center
for Members 55+



The Landing Hours

Monday-Friday
8:00am - 4:30pm
Saturday
9:00am - 1:00pm

Welcome to The Landing

Imagine aging as a time for connection and growth at The Landing in Wausau. More than just a senior center, it's a space for personal relationships and empowering programs.

Enjoy coffee with friends, fitness at the YMCA, travel opportunities, and a variety of classes. Gather, move, and grow with us!

How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

To register for programs, visit the Receptionist Desk at the Landing or the Member Services Desk at the Wausau or Aspirus Branches.

For multi-session programs, register before the first meeting and attend from the start. Closed registrations are indicated in the program description and fees are listed where applicable, and registration is exclusive to YMCA or Landing Social Members.

Financial Assistance is available through Community Supported Memberships (CSM) for qualifying members; schedule an appointment at the Member Services Desk to apply.

Table of Contents

Pages 2-16	November Programs
Page 17	Looking Ahead
Pages 18 & 19	Weekly Programs
Page 20	Program Checklist

Program Cancellation Policy

Program registrations are necessary to secure your spot. If you can't attend, contact The Landing at 715-841-1855 promptly.

For fee-based programs:

- Full refunds for cancellations before the cancellation deadline.
- No guaranteed refunds after the deadline.

Notify The Landing at least two business days in advance to attempt filling your spot from the waiting list if one exists:

- If filled, you will receive a credit or refund.
- If not filled, no credit or refund is issued.

The Landing can modify this policy anytime. Refunds over \$20 may take up to 10 business days for processing.

Through The Landing, the Woodson YMCA fulfills its nonprofit mission by helping older adults stay active, connected, and engaged.

November Programs



Learn American Mahjong with Lynn

Special Interest

**Monday, Nov. 2nd, Thursday, Nov. 5th,
Monday, Nov. 9th & Tuesday, Nov. 10th at
9:00-10:30am in The Fireside Room**

Join us for a beginner-friendly introduction to American Mahjong, covering basic rules, NMJL card reading, and tips for confident play—no experience required. Led by Lynn, an experienced player and teacher, the program promises engaging learning while keeping your brain active. Participants will receive a set of updated Mahjong cards to keep and use.



**Facilitator: Lynn Eby
Members: \$17**

Creative Cooking with Jackie

Special Interest

**Tuesday, November 3rd at 9:00-11:30am in
the YMCA Multi-Purpose Room**

Get ready to mix things up in the kitchen with Creative Cooking with Jackie! This month's class brings together bold flavors and fresh inspiration as we prepare two delicious dishes: Green Pozole, a comforting and vibrant traditional soup, and a light, refreshing Greek Yogurt Jelly with Strawberry Sauce for dessert.



**Facilitator: Jackie Romero
Members: \$34**

AARP Presents: Fraud Watch Network: Staying Safe

Educational

**Monday, November 2nd at 10:00-11:00am in
The Enrichment Room**

Scams and identity theft are constantly evolving. Learn how to recognize the warning signs and take simple steps to protect yourself and your loved ones.

Knowledge is your best defense! Join us to become more confident in recognizing scams and taking steps to fight back against fraud.

**Facilitator: Paul & Connie Dobbratz
Members: FREE**



Fraud Watch Network

Book Swap at The Landing

Special Interest

**Tuesday, November 3rd at 9:00-10:00am in
The Enrichment Room**

Have some books sitting on your shelf that you've already read? Bring them along and swap them for something new to you!

Join us for a morning of book sharing and browsing with fellow Landing members. Bring books you're ready to pass along and discover a new favorite to take home. It's a great way to refresh your reading collection, share recommendations, and connect with other book lovers!- **No Registration Required**

**Facilitator: Mel Marnholtz
Members: FREE**



November Programs

American Short Stories with Greg Venne

Special Interest

Tuesdays, October 13th - November 10th at 11:00am-12:00pm in The Fireside Room

Join Greg Venne for a 5-part discussion series exploring the world of American short stories. Each session will feature a carefully selected story provided in advance, giving participants time to read, reflect, and prepare their thoughts before gathering as a group. Each meeting will begin with a few guided prompts and a brief writing reflection, giving you time to organize your ideas before diving into a rich group discussion.



Facilitator: Greg Venne
Members: FREE

Live Literature: Bringing Shakespeare to Life

Special Interest

Tuesdays, Sept. 8th - Dec. 1st (No Session Oct. 6th) at 1:30-3:00pm in the Enrichment Room

Join retired professors Sarah Rudolph and Bob Davis for a collaborative reading of Shakespeare's "Hamlet."



Participants will explore themes and characters in a welcoming atmosphere, suitable for both seasoned fans and newcomers, celebrating the power of literature and shared reading joy.

Facilitator: Sarah Rudolph & Bob Davis
Members: Registration is Closed

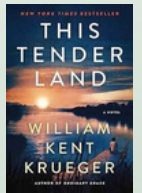


Old Guys Book & BS Club: "This Tender Land"

Social Clubs & Groups

Wednesday, November 4th at 9:30-10:30am in The Fireside Room

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. Please read "This Tender Land" by William Kent Krueger for the November meeting. **Spots are limited- Registration is required**
Facilitator: John DeLaPorte & Bill Pogge
Members: FREE



Improvaholics: What's Your Line

Special Interest

Wednesday, November 4th & 11th at 11:00am-12:00pm in The Fishbowl Room

Have you ever wanted to express yourself more spontaneously with other like minded people? Sharing and laughing will make you feel better, have more energy, stimulate your brain cells and become more creative.



Expect plenty of laughs, unexpected twists and a chance to build confidence and community.

Facilitator: Anne Dibala & Kathryn Rieckhoff
Members: FREE

November Programs



Lunch at The Landing

Wednesdays in November- Lunch is served at 12:00pm in the Landing Kitchen

November 4th: Chicken Kiev

November 11th: Veterans Day Taco Bar

November 18th: Stuffed Pasta w/Marinara

November 25th: Thanksgiving at The Landing

See Lunch Flyer for the full menu.

Lunch registration is due the Friday at Noon prior to the event. No refunds will be given after the registration deadline.

Facilitator: Amber Pender & Mindy Nelson
Members: \$12

Bridge Lessons

Special Interest

Wednesdays, September 30th -November 18th at 12:30-2:30pm

Beginners: YMCA Multi-Purpose Room

Improve your Game- YMCA School Age Room

Join our fall Bridge classes, suitable for beginners and those looking to enhance their strategy. Participate in a welcoming beginner class or advance your skills with hand evaluation and contract analysis. Enjoy a fun, social atmosphere while improving your game. **Registration is closed.**

Instructors: Emalyn Nikstad & Jim Golz

Craft Fair at The Landing

Special Interest

Wednesday, November 4th at 12:30-3:30pm in The Enrichment Room

Come support your fellow Landing members at our Craft Fair! Browse a wonderful variety of handmade creations and discover something special to take home.

With a wide selection of crafted goods made by our talented members, there's sure to be something for everyone—or perhaps the perfect start to your holiday shopping!

- A wide variety of handmade goods
- Unique items created by fellow members
- Great opportunity to shop local and support your fellow members
- Cash sales only

Stop by, take a look around, and see what our talented members have created!

Members will be welcome to be a vendor **(must sign up separately)** or they are welcome to just attend and come see what is for sale and possibly purchase members crafted goods.

Facilitator: Marcia Kosmerchok
Members: FREE



November Programs

Fox River Mall Shuttle Trip



Thursday, November 5th - Meet in Lot A at 8:00am for Shuttle Departure

Let's go shopping! First stop will be at Christopher & Banks store in Appleton. It is one of the few Christopher Banks stores still open and carried unique clothing for women. Stop two, will be at Fox River Mall where you can enjoy their shopping, dining and entertainment.

Facilitator: Dwight Ammeson
Members: \$30



Blood Pressure Clinic with Medical College of Wisconsin



Thursday, November 5th at 9:00-11:00am in the YMCA Multi-Purpose Room

High blood pressure often has no symptoms but can lead to serious health risks. A quick check can make a big difference in your health.



Get checked by a Central Wisconsin Medical College student to learn your numbers and take the first step toward better health. These checks are open to all ages and no registration required

Facilitator: Amber Pender
Members: FREE



Kat Savyannah Presents: Understanding Emotional Intelligence

Thursday, November 5th at 10:00-11:00am in the Fireside Room

Join Kat for Part 2 of her Understanding Emotional Intelligence Presentation. Join her for an open discussion as we continue exploring emotional intelligence and the positive impact it can have on our everyday lives.



Come ready to share, listen, and connect. There's no right or wrong experience.

Facilitator: Kat Savyannah
Members: FREE

Special Interest

Hospice with Aspirus Health- All Gave Some.. Same Gave All

Health & Wellness

Thursday, November 5th at 12:00-1:00pm in The Enrichment Room

Join Jen with Aspirus Hospice for a presentation honoring veterans titled "All Gave Some... Some Gave All." This event will reflect on the courage and sacrifice of those who served, exploring themes of service, remembrance, and providing time for reflection and conversation.



Facilitator: Gabby Theilman
Members: FREE

November Programs

Diane Shabino Presents: Watercolor Holiday Cards

Special
Interest

**Thursday, November 5th at 1:00-3:00pm
in The Enrichment Room**

Get creative this holiday season with artist Diane Shabino! Join a two-hour watercolor class to make beautiful seasonal cards using her unique patterns. No experience is required; Diane will guide you step-by-step in learning simple techniques and creating various designs. Take home your handmade cards to share with loved ones during the holidays!

Facilitator: Diane Shabino
Members: \$30



Soup-to-Go is Back!

Every other Friday Beginning November 6th. Pick-up begins at 10:00am.

Fall is here and The Landing Soup-to-Go is back for the season. Enjoy a Quart of Soup and freshly baked bread, every other Friday, November through March.



Nov. 6th: White Chicken Chili
Nov. 20th: Tomato Bisque

Soups will be quatered cold. No refund will be given after the registration deadline.

Facilitator: Amber Pender & Mindy Nelson
Members: \$15

**Registration is
Required**

Visit our Member
Service Desk &
Sign Up!

November Birthday Bash

**Friday, November 6th at 11:30am-12:30pm
in The Enrichment Room**

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

**Special Thank You to Culvers
for sponsoring our Ice Cream
and Diane Tilken for the cakes.**



Facilitator: Landing Staff & Volunteers
Members: FREE

4 Seasons Golf- Golf Simulator Social

Offsite
Adventures

**Monday, November 9th at 10:00am at 4
Seasons Golf | 880 Eagle Nest BLVD |
Rothschild, WI**

Tee up for a fun morning of virtual gold at 4 Seasons Golf Simulator. Experience the feel of real golfing using Top Tracer Simulator technology. Choose from a variety of golf courses and watch your ball travel down the fairway onto the green- all from the comfort of a heated outdoor bay.

Registration Deadline: October 30th

Facilitator: Bill Olson
**Members: Fees paid directly to
4 Seasons Golf**



November Programs

Fast Friends- Speed Friending

Special Interest

Monday, November 9th at 11:00am-12:30pm in The Enrichment Room

Join us for a Speed Friending event in a fun, relaxed setting to meet new people and build meaningful connections without the pressure of traditional networking. Ideal for newcomers and those wanting to expand their social circle, attendees can come solo or with a friend. It's a great opportunity to start conversations and make friendships easily!



Facilitator: Oona Younger
Members: FREE

Highground Veterans Memorial Park Shuttle Trip

Offsite Adventures

Tuesday, November 10th - Meet in Lot A at 7:30am for Shuttle Departure

In commemoration of Veterans Day, we will be heading to Highground Veterans Memorial Park and Museum. This is one of the nation's premier memorial parks, featuring an impressive statuary and tributes, beautiful landscaping and breathtaking views. We will then head to Nutz Deep II in Marshfield for lunch, followed by a trip to Weber's Farm Store.



Facilitator: Harley Peterson
Members: \$35

Registration is Required

Visit our Member Service Desk & Sign Up!

Rick Lohr Presents: Fairbanks, Alaska

Educational

Tues., Nov. 10th -Enrichment Room - 10:00am
Wed., Nov. 18th -Fireside Room - 10:00am
Thurs., Nov. 19th -ASPIRUS YMCA - 10:00am

Join Rick Lohr for an interesting journey to Fairbanks, Alaska, known as the "Golden Heart City." Discover the fascinating history and unique geography that have shaped this remarkable community in the heart of Alaska.

Facilitator: Rick Lohr
Members: FREE



Church Organ Tour at St. Mary's Catholic Church

Offsite Adventures

Tuesday, November 10th at 1:00-2:00pm at St. Mary's Catholic Church | 408 Seymour St.

Join us for a unique behind-the-scenes tour of St. Mary's Catholic Church, where we'll explore the history, architecture, and fascinating sounds of this beautiful church. Come enjoy a fascinating look at the history and craftsmanship behind one of the church's most unique features!



Facilitator: Irene Beeth & Patrick Burkhart
Members: FREE

November Programs



The Landing Social

**Tuesday, November 10th at 3:00-5:00pm
at Kelly Club | 4810 Ross Ave | Schofield**

Join us for a relaxed gathering to meet singles, make friends, and enjoy conversations in a welcoming atmosphere. Share ideas for future meetups while sipping and socializing—we'd love your suggestions! Please note: If you do not register with The Landing, seating with the group cannot be guaranteed.



Facilitator: Cheryl Johnson-Domino
Members: FREE

It's a Mystery to Me... Book Club

Special
Interest

Wednesday, November 11th at 9:00-10:00am in The Fireside Room

Join a book club that combines suspense, intrigue, and romance, focusing on engaging reads under 400 pages from authors like Agatha Christie, Nora Roberts, and Harlan Coben. This November, the selection is "New Girl in the Falls" By Elle Gray



Facilitator: Terry Ugoretz
Members: FREE

Wausau Fire Department Presents: Falls Prevention

Educational

**Wednesday, November 11th at 9:30-10:30am
in The Enrichment Room**

Learn how to stay safe and prevent falls with this informative session presented by the Wausau Fire Department.

Matt Kozloski will cover common causes of falls, practical prevention strategies, and the impact falls have on individuals and the community. Gain valuable knowledge and resources to help you stay independent and confident in your daily life.

Facilitator: Matt Kozloski
Members: FREE



Bible Study

Special
Interest

**Wednesdays, November 11th & 25th at
11:00am-12:00pm in The Enrichment Room**

Join Pastor Dave Mahler for an inspiring study of the Book of John, exploring the life and teachings of Jesus. He is passionate about helping you grow in your knowledge of Scripture, with an emphasis on the joy and freedom found in the practical, everyday living of the Christian life. All are welcome for engaging discussion in a supportive and welcoming environment.

Facilitator: Pastor Dave Mahler
Members: FREE

November Programs



Let's Create with U-Paint: Winter Sunset

Special
Interest

Wednesday, November 11th at 12:00-2:00pm in Studio C at Weston YMCA

Join Brianna for a fun and creative afternoon of painting. Paint a beautiful winter sunset on canvas with step-by-step guidance from Brianna. Enjoy a relaxed afternoon of creativity and conversation and take home your finished painting, perfect to display at home, or to give as a gift.



Facilitator: Brianna LaVonne
Members: \$28

Mind Body & Spirit: Empowerment & Connection

Special
Interest

Thursday, November 12th & 19th at 9:30-11:00am in The Fireside Room

Join Debby Krenz for an enlightening and empowering conversation about creating health emotional boundaries and reconnecting with your own inner authority.



Enjoy thoughtful conversation, shared perspectives and an opportunity to reflect on how we can protect our own peace, while still showing compassion for others.

Facilitator: Debby Krenz
Members: \$20 per class

Mead Wildlife Area Presents: "Wild Turkeys"

Offsite
Adventures

Thursday, November 12th - Meet in Lot A at 8:30am for Shuttle Departure

Join Mead's nature educators for an engaging session on "Wild Turkeys." After a successful restoration by the Wisconsin DNR in 1976, wild turkeys are now abundant in Wisconsin, with spring harvests ranking among the largest in the nation. They have adapted well to harsh winters, thriving even in the northern regions.



Facilitator: David Landretti
Members: \$15

A Sweet Salute to our Veterans

Special
Interest

Thursday, November 12th at 10:00-11:00am in The Landing Social Area

Join us at The Landing for a Veterans Day celebration honoring those who served. Enjoy sweet treats, coffee, and conversation with fellow veterans and community members. Share stories and appreciate the sacrifices of our veterans together.



Facilitator: Landing Staff
Members: FREE

November Programs



DPT: Doctors of Physical Therapy Present: Fall Prevention

Health & Wellness

Thursday, November 12th at 11:00am-12:00pm in The Enrichment Room

Join Dr. Jay Sparks, DPT, from the Wausau Clinic, for a presentation on fall prevention and post-fall actions. Learn practical strategies to reduce fall risk, enhance balance and strength, and maintain confidence. Dr. Sparks will also cover recovery and prevention through physical therapy after a fall.



Facilitator: Dr. Jay Sparks

Members: FREE

Delores Kessel Presents: The Changing Nature of Memory

Health & Wellness

Friday, November 13th at 8:30-10:00am in The Fireside Room

Our memories are often viewed as fixed representations of the past, but they may be more flexible. Delores Kessel leads a discussion on how memories can change over time and how recalling them can temporarily destabilize them, making them susceptible to current thoughts, experiences, emotions, and circumstances.



Facilitator: Delores Kessel

Members: FREE

Ornament Making with Marcia

Special Interest

Thursday, Nov. 12th or 19th at 1:00-3:00pm in The Fireside Room

Get into the holiday spirit with two festive ornament-making classes led by Marcia! Learn fun fabric techniques while creating beautiful handmade ornaments to decorate your tree or give as gifts.



Nov. 12th: Swedish Star Ornaments

Nov. 19th: Woven Snowflake Ornaments

See flyer for full program details.

Facilitator: Marcia Kosmerchock

Members: \$30 per class

Becky Zelent Presents: Salad in a Jar

Special Interest

Friday, November 13th at 11:30-1:00pm in the Multi-Purpose Room

Discover the secret to fresh, delicious, grab-and-go lunches! Join Becky for a hands-on workshop where you'll learn to prep 4 different salads in mason jars—perfectly layered, easy to store, and ready to enjoy all week. Fun, flavorful & practical, this class is perfect for anyone who loves healthy, convenient meals without the fuss!



Facilitator: Becky Zelent

Members: \$25 with jars | \$22 without jars

November Programs

Hot Sandwiches & Football

Special Interest

Sunday, November 15th - Doors open at 11:30am in the Enrichment Room

It's game time at The Landing as the Green Bay Packers take on the Minnesota Vikings!

Come grab a seat, and settle in for an afternoon of football, food, and fun with your fellow Landing members. We'll be serving up hot turkey sandwiches, along with beverages and crunchy snacks to keep you fueled through the game.



Wear your green and gold, bring your cheering voice, and let's PACK the house!

Facilitator: Diane Tilkens

Members: \$10

Coffee with Edward Jones

Educational

Tuesday, November 17th at 9:00-10:00am in The Enrichment Room

Want to gain more confidence in investing? Join Paul Dau, CFP®, for an informal and engaging discussion where you can ask questions, share thoughts, and learn from others about investments, markets, life insurance, and more. Don't miss this chance to expand your financial knowledge—join us for an insightful and casual conversation about investing!

Facilitator: Paul Dau, CFP

Members: FREE

Edward Jones
MAKING SENSE OF INVESTING

OATs- FREE Technology Lecture: Podcasts

Educational

Tuesday, November 17th at 9:00am OR 10:30am in The Fireside Room

Podcasts are an increasingly popular form of entertainment & a great source of information on all kinds of topics.



In this lecture, you'll learn more about these audio programs available on the internet: why people listen to them, where you can find them, & what the most popular ones are.

Facilitator: Barb Tesch & Debbie Dahlke

Members: FREE

Wellness Way Presents: Sound Wave Therapy

Health & Wellness

Tuesday, November 24th at 11:00am-12:30pm in the Enrichment Room

Join Dr. Chett with The Wellness Way for an informative presentation on Sound Wave Therapy and how this innovative approach may support the body's natural ability to heal and function at its best.

Learn more about how sound waves are used, what the therapy involves, and potential applications for overall wellness. This is a great opportunity to learn, ask questions, and discover more about this emerging approach to health and well-being.

Facilitator: Dr. Chett Grunwald

Members: FREE

November Programs



Wings Grief: "I Shoulda, Coulda, or Woulda"

Health & Wellness

Tuesday, November 17th at 3:30pm in The Fireside Room

After losing a loved one, it's common to reflect on moments of regret, which can lead to sadness and guilt. This supportive session provides a safe space to explore these feelings without judgment. Participants will learn to soften self-blame, practice self-compassion, accept unchangeable situations, and remember the love and care shared along the way. **Register online at Wingsgrief.org, via email at Nanwings1@gmail.com or phone at 715-845-4159.**

Facilitator: Nan Zastrow

Monthly Morning Meditation

Special Interest

Wednesday, November 18th at 8:15-8:45am in the Fireside Room

Join Debby Krenz for a monthly meditation session to start your day with calm and clarity. Ideal for both experienced meditators and newcomers, each session includes an introduction to meditation benefits, guided practices, and time for questions. Free to attend, these short and relaxed sessions provide a peaceful way to begin your morning.

Facilitator: Debby Krenz

Members: FREE



Readers Group

Special Interest

Wednesday, November 18th at 9:30-11:00am in The YMCA Multi-Purpose Room

Join Bill & Sue, who love to read & talk about reading. Let's explore why we read, our histories as readers, the ups & downs of reading life.

This group is for anyone who likes to read. We will offer a safe place for authentic discussion.

Facilitator: Bill Pogge & Sue Reed

Members: FREE



Medicare 101- Understanding Your Choices

Educational

Wednesday, November 18th at 12:00-1:00pm in The Enrichment Room

The Medicare Open Enrollment Period for 2027 benefits runs from October 15, 2026, through December 7, 2026. Join us for a friendly and informative Medicare 101 program to help you feel more confident navigating your Medicare options. Josh Reissmann and Amber Scholz of American Senior Benefits will cover important Medicare Topics. Come, ask questions and enjoy complimentary cookies and donuts.

Facilitator: Josh Reissmann & Amber Scholz

Members: FREE

November Programs



Let's Create with U-Paint: Highland Cow

Special
Interest

Wednesday, November 18th at 12:30-2:30pm in the Fireside Room

Join Brianna, owner of U-Paint and an art instructor with over 20 years of experience, for a fun and festive afternoon of painting! Get into the holiday spirit as you create an adorable Highland Holiday Cow on canvas.



No artistic experience needed- just bring your creativity and have fun!

Facilitator: Brianna LaVonne

Members: \$28

Clauson Family Dinner Theater: Christmas on the Farm

Offsite
Adventures

**Thursday, Nov. 19th OR Tuesday, Nov. 24th -
Meet in Lot A at 10:30am for Shuttle Departure**

Hop on the Landing Shuttle to celebrate Christmas by attending the Clauson Family Music Show in Coloma, featuring "CHRISTMAS ON THE FARM" at their Historic Barn Theatre. Enjoy a delicious Christmas Dinner Buffet with three meat entrees, sides, and dessert, all freshly made. After the meal, the Clauson family will entertain us with traditional and new holiday songs, vibrant routines, and colorful costumes, ensuring a festive atmosphere.



Facilitator: David Landretti

Cost: \$98 (Reg. Closes Oct. 26th)

PAM Health Presents: Bingo!

Health &
Wellness

Thursday, November 19th at 11:00am-12:00pm in the Enrichment Room

Join Megan from PAM Health for a fun and social afternoon of Bingo! Enjoy friendly competition, prizes, and time spent with fellow Landing Members.



Come ready to play, have fun, and hopefully hear BINGO!

Facilitator: Megan Schroeder

Members: FREE

Bingo in The Landing

**Thursday, November 19th at 1:00-2:30pm in
The Landing Enrichment Room**

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

**Thank you to Cornerstone caregiving for
sponsoring Bingo every month.**

Facilitator: Pat Kluz

Members: FREE



November Programs



Team Trivia Smackdown



Friday, November 20th at 11:30am-12:30pm in The Enrichment Room

Gather all your facts, insights, knowledge, and even your lucky guesses for this event! It's an excellent opportunity to connect with both new acquaintances and old friends, ensuring a fun time for everyone. Register today! Teams will be limited to just 4 or 5 participants.

Bonus Point Opportunities:

November: Crazy Hats

December: Ugly Sweaters

Facilitator: Mel Marnholtz

Members: FREE



Willow Springs- Charcuterie Board Making



Saturday, November 21st at 11:00am-1:30pm at Willow Springs | 6505 N 60th Ave | Wausau

Join Peggy Griffin and her team at Willow Springs for a fun and creative afternoon learning the art of charcuterie board making!

Attend this hands-on workshop and gain the skills and inspiration you need to create your own beautiful charcuterie board for any occasion. You'll learn helpful tips and tricks while creating a board of your own to take home.

Facilitator: Peggy Griffin

Members: \$35 for 10" board | \$50 for 14" board



Coffee with The Landing Staff

Monday, November 23rd at 9:00-10:00am in the Landing Social Area

The Landing Staff will be present in the Landing Social Area for coffee and casual conversation on the last Monday of each month. Join us to ask questions, gain insights about the team, or simply engage in light-hearted chatter with the staff at The Landing.

Facilitator: Landing Staff

Members: FREE



Northwestern Mutual- Planning around 529 Plans



Monday, November 23rd at 10:00-11:00am in The Enrichment Room

Join Northwestern Mutual for a presentation on using 529 plans as a tax-advantaged method for funding education expenses at any age. Learn about how these accounts work, their tax benefits, and their role in financial planning. This session is beneficial for anyone planning for a child, grandchild, or future education expenses.

Facilitator: Zachary Trecartin

Members: FREE



November Programs



Book Club

Special Interest

Monday, November 23rd at 11:30am-12:30pm in The Landing Fireside Room

Our book club is led by Connie Heidemann with Marathon County Literacy.

All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"The Book Woman's Daughter"** by **Kim Michele Richardson** for November's meeting.



Facilitator: Connie Heidemann
Members: FREE

New Member Welcome Session

Educational

Monday, November 23rd at 11:30am-12:30pm in The Landing Enrichment Room

If you are new to The Landing, this is the session you don't want to miss. Join Pat, Landing Volunteer for an informal coffee chat about what The Landing has to offer, how to register for programming and get a tour of The Landing and The YMCA.

Facilitator: Pat Kluz
Members: FREE

WELCOME

Karma: Come Learn to Play!

Special Interest

Tuesday, November 24th at 11:00am-12:00pm in The Fireside Room

Looking for a fun new game to add to your game-day rotation? Come learn Karma with Deb, a fast-paced and easy-to-learn card game that's sure to bring plenty of laughs and friendly competition!



Deb Feldbruegge will lead the class and walk you through everything you need to know to get started. Each deck can accommodate 2-6 players, making Karma a great game to enjoy with a friend, family member, or a whole group.

Facilitator: Deb Feldbruegge
Members: FREE

Wausau Police Presents: Understanding Safety

Educational

Wednesday, November 25th at 9:00-10:00am in The Enrichment Room

Join Detective Sarah Bedish with the Wausau Police Department for an informative presentation focused on recognizing risks, understanding available resources, and staying safe in today's world. This discussion will cover several important topics affecting individuals, families, and communities.

Facilitator: Sarah Bedish
Members: FREE

November Programs



Rennes Group Presents: Assisted Living vs. SNF vs. Memory Care

Health & Wellness

Wednesday, November 25th at 10:00-11:00am in The Fireside Room

Have you ever wondered about the differences between Assisted Living, Skilled Nursing Facilities (SNF), and Memory Care? Join the Marketing Director from Rennes Group for an informative presentation designed to help you better understand the options available as care needs change.

Facilitator: Michaela Block

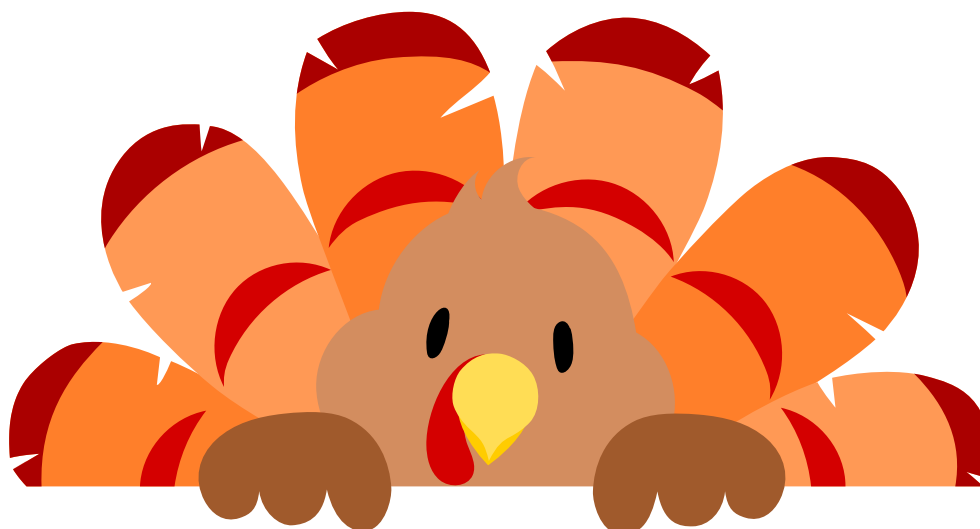
Members: FREE



All BLUE Landing Gift Certificates will expire on December 31st, 2026. Please use them up before then. Only original, laminated cards will be accepted.



The Landing will be closed on Thursday, November 26th in observance of Thanksgiving. We will reopen on Friday, November 27th with normal hours.



Looking Ahead



Marshfield Rotary Winter Wonderland Shuttle Trip

Wednesday, December 2nd - Meet in Lot A at 5:15pm for Shuttle Departure

The Marshfield Rotary Club will be entering another year of Rotary Winter Wonderland, a holiday lights display in Wildwood Zoo.

The first stop will be dinner at Lumberjack Bar & Grill. Following that, we will head to Wildwood Zoo, where you will have 45 minutes of free time to walk through the zoo on your own or with a friend or two to take in the stunning light exhibitions. Upon leaving, we will drive through the displays.

There is an optional donation for food and/or cash upon entering the Zoo's light displays.

Facilitator: Halle Veenstra

Members: \$22

Fireside Theater Presents: "Christmas Story"

Thursday, December 10th - Meet in Lot A at 6:45am for Lamers Bus Departure

Let's hop aboard a comfortable Lamer's motor coach with your friends from The Landing to take a trip to the Fireside Theater for this year's Christmas classic "A Christmas Story."

Included in your ticket is a superb dining experience in one of their many dining rooms, and you can enjoy the professional show. Before lunch, stop by one of their spectacular gift shops.

Registration Deadline: November 6th

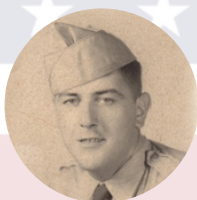
Cancellation Deadline: October 23rd

Facilitator: Amber Pender

Members: \$195

SEEKING VETERANS

In honor of Veterans Day, we create a slideshow to recognize Landing Member Veterans and family members who have served. Please see the official flyer for more details.



Robert Nowak

Father of Barbara Tesch, Landing Member, & Landing Programming Coordinator

Served in US Army May 24, 1951 to Feb. 28, 1953

Fought in Korean War, 6th Armored Division

Weekly Programs



Movie Monday

Mondays at 1:00pm in The Landing Fireside Room

Nov. 2nd: The Father

Nov. 9th: The Lost Valentine

Nov. 16th: Movie Marathon (See Flyer)

Nov. 23rd: Still Alice

Nov. 30th: Return to Me

Facilitator: Oona Younger

Members: FREE

Kings in The Corner

Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

This game is for 4-5 players using one deck of cards. Players discard cards in a solitaire-style layout with 8 piles, alternating red and black in descending order from Kings. Aces are low, and beginners are welcome!

American Mahjong

Mondays & Fridays at 12:00-3:00pm in The Landing Dining Room

Join us for MahJong. Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

Monday Bridge

Mondays at 1:00-3:00pm in The Landing Enrichment Room

Looking to play Bridge? See the Landing Front Desk for more information.

Euchre

Tuesdays at 10:00am-12:00pm in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

Tuesday Crafters

Tuesdays at 12:00-2:00pm In The Landing Fireside Room

Join friends for a craft project! Bring your unfinished work for motivation, enjoy fellow crafters' company, and learn useful tips & tricks.

Scrabble

Tuesdays at 2:00-4:00pm in The Landing Dining Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.

Weekly Programs



Mexican Train

Tuesdays at 12:30pm-3:30pm in The Landing Dining Room

Mexican Train is a domino game where players aim to play all their tiles onto one or more chains, or "trains," from a central hub. Its popular name originates from a special optional train that all players share.

Cribbage

Wednesdays at 1:00-3:00pm in The Landing Game Room

Come join us for a fun game of Cribbage! This is a non-judgmental, fun time to come and play.

Laughter Club

Thursdays at 10:00-11:00am in The Landing Enrichment Room

Laughter Club offers a fun and uplifting experience where members engage in laughter exercises through charades, improv, storytelling, and humor.

Hand and Foot

Tuesdays at 12:30-3:00pm & Fridays at 10:30-1:00pm in The Landing Game Room

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Fun Bridge

Fridays at 10:00am-12:00pm in The Landing Fireside Room

Beginner Bridge players are invited to play Bridge every Friday.

Advance Chicago Style Bridge

Wednesdays at 9:00-11:30am in The Landing Game Room

Experienced Players Only – will need to contact Karen Tallisch to join the group.

Sheepshead

Fridays at 1:00-3:00pm in The Landing Game Room

All levels of players are welcome, even beginners

Program Checklist



Utilize this checklist as a helpful guide for the programs you wish to enroll in. Simply circle or highlight the programs you wish to register for and bring it to the Landing Staff for registration.

Member Name: _____

- Learn American Mahjong
- AARP Presentation
- Creative Cooking with Jackie
- Book Swap - No Registration needed
- American Short Stories
- Old Guys Book & BS Club
- Improvaholics
- Lunch at The Landing
 - Nov. 4th: Chicken Kiev
 - Nov. 11th: Taco Bar - Fundraiser
 - Nov. 18th: Stuffed Pasta
 - Nov. 25th: Thanksgiving Lunch
- Craft Fair - No Registration needed
- Fox River Mall Shuttle Trip
- Blood Pressure Clinic - No Registration Needed
- Emotional Intelligence Presentation
- Hospice with Aspirus Health
- Diane Shabino - Watercolor Class
- Soup to Go
 - Nov. 6th: White Chicken Chili
 - Nov. 20th: Tomato Bisque
- November Birthday Bash
- 4 Seasons Golf Social
- Fast Friends
- Highgrounds Shuttle Trip
- Rick Lohr Presentations
 - Nov. 10th | Nov. 18th | Nov. 19th
- Church Organ Tour - St. Mary's
- The Landing Social
- It's A Mystery Book Club
- Wausau Fire Department - Falls Prevention
- Bible Study
 - Nov. 11th | Nov. 25th
- Let's Create with U-Paint - Aspirus
- Mead Wildlife Shuttle Trip
- Mind Body & Spirit
- DPT: Falls Prevention
- Ornament Making with Marcia
 - Nov. 12th | Nov. 19th
- Delores Kessel Presentation
- Salad in a Jar
- Hot Sandwiches and Football
- Coffee with Edward Jones
- OATS - Podcasts
- Wellness Way Presentation
- Wings Grief
- Monthly Morning Meditation
- Readers Group
- Medicare 101
- Let's Create with U-Paint - Wausau
- Clauson Family Trip - X-Mas on the Farm
- PAM Health - Bingo!
- November Bingo!
- Team Trivia Smackdown
- Willow Springs Charcuterie Board
- Northwestern Mutual Presentation
- Book Club
- New Member Welcome Session
- Karma - Learn to Play!
- Wausau Police Presentation
- Rennes Group Presentation